



INSTRUCTIONS FOR THE AUTHORS

The *Medical Journal of the Hospital General de Mexico* is the official organ of the Medical Society of the Hospital General de Mexico. The journal publishes original articles, case reports, reviews and update issues; medical arbitration cases, history notes, issues on medical education, short communications, editorials and news items at the invitation of the society. All articles are peer reviewed by at least 2 reviewers and finally classified as accepted or rejected by the Editorial Board.

The Medical Journal of the Hospital General de Mexico generally follows the indications of the International Committee of Medical Journal Editors (ICMJE). The updated version (October 2008) of the Uniform Requirements for manuscripts submitted to biomedical journals is available in www.icmje.org

Ethical issues: Human procedures must comply with the ethical standards of the Helsinki Declaration of 1975 (World Medical Association Declaration of Helsinki) Ethical Principles for Medical Research involving human subjects. JAMA 2000, 284:3043-5. Also, with the agreements given by the Ministry of Health, published on January 26, 1982 and the Rules for Ethics and Research from the institution where the study originated.

Animal studies should follow similar guidelines (Institute of Laboratory Animal Resources, National Research Council. Guide for the care and use of laboratory animals. Washington, DC. National Academy Press, 1996).

Regarding the confidentiality of data, you should inform on how the anonymous status of the participants and the confidentiality of their information were protected.

Conflict of interest: In order to avoid conflicts with double publications, if any material of the paper, except the abstract, has been published in other media or has been submitted for publication to another journal, it is the responsibility of the authors to declare it, and send copies of the manuscripts, reporting the relationship between them to The Editor.

Letter of assignment of rights: The authors state that the article sent is an original work and has not been previously published. Once accepted for publication, the copyrights will be transferred to The Medical Journal of The Hospital General de Mexico.

Financing statement: If the work has had any kind of financial support from sources like grants from foundations, scholarship, and others, it is the responsibility of the authors to report the names of the institutions who made the donation to the Editor, including them in the paper for the readers' information as well. It should also be stated if any of the authors is actively involved with a drug company or a private company that has funded the work.

Gratitude notes: Thank you notes to institutions or individuals who have supported the development of the work can be written at the end of the article.

Articles should be sent to: <http://ees.elsevier.com/hgmx/>

Characteristics of the work submitted for publication:

I. Original article: It may originate from basic or clinical research and should have the following characteristics:

- a) **Title:** It should transmit the findings of the study. Add a short title for the inner pages. It is important to mention the type of study (randomized, etc.)
- b) **Structured abstract:** It should include title, background, objective, material and methods, results and conclusions, written in Spanish and English, with no less than three and no more than five keywords (with MeSH use). Word count: From 100 to 300 (Original article).
- c) **Introduction:** Describes the studies that are the background of this paper and that allow the understanding of its objectives; these are mentioned at the end of the introduction. Objectives, hypothesis and approaches are not written separately.
- d) **Methods:** Explain in full detail how the study developed and that it is reproducible. State if the study is observational or experimental and the type of statistical methods used. In studies involving human beings, a proof of compliance with the Helsinki Declaration should also be provided. You must include, if it is the case, the informed consent letter and the ethical committee approval.
- e) **Results:** All the results are presented according to the study design, but are not discussed. If tables or

figures (graphs and images) are included, they must be presented separately at the end of the paper, with all the footnotes in a separate page.

- f) **Discussion:** Include the current bibliography that supports the results. Discuss why this study is unique, different, confirmatory or opposite to others in the literature. Include a separate paragraph regarding the limitations in of this work. Conclusions are listed at the end of this section.
- g) **References:** They should follow the specifications described later. It is advisable to include references from Mexican authors.
- f) Pages are limited to a maximum of 10 and figures to 7.

II. Case report article (1 or 2 cases) or case series (3 or more cases):

- a) **Title:** Must specify whether this is a case report or a case series.
- b) **Abstract:** In Spanish and English, with title and keywords. Should briefly describe the case and the importance of its publication. Word count from 100 to 150.
- c) **Introduction:** Mention the period of time when the cases were seen. Describe the illness or syndrome and the attributable cause.

- d) Presentation of the clinical case(s):** Include the clinical description, laboratory and other diagnostic studies. Figures or tables should appear at the end of the document, with footnotes.
- e) Discussion:** Include the recent and necessary references to understand the relevance of the clinical case. Discuss why this case or these cases are unique, different or similar to other cases in the literature.
- f) References:** Written as specified before.
- g) Pages** are limited to a maximum of 10 and figures to 5.

III. Review article:

- a) Title:** It should clearly state the topic to be discussed.
- b) Abstract:** In Spanish and English, with keywords. Word Count: From 100 to 300.
- c) Introduction and captions if deemed necessary.** You can start with the topic at hand without captions.

- d) References:** Pertinent to the text, and no more than 40.
- e) Pages** are limited to a maximum of 20 and figures to 6.

IV. Short communications:

This section is for papers of medical, social, bioethical and policy interest, or in relation to one of the research articles. They have no particular format.

V. History article:

The author is free to develop a theme of the history of medicine. It should be limited to a maximum 3 pages and 5 pictures.

VI. Medical arbitration case:

At the request of the editor, in the form of a clinical case.

VII. Medical education issues:

At the request of the publishers; use an independent format such as in Diagnostic and Treatment Guidelines.

Style format for submission of documents

The articles should be sent to: <http://ees.elsevier.com/hgmx/>. The first page must be a letter where the interest or reason to send your article is explained; the second page must include the article title (in English and Spanish), the short title, the authors and their affiliation (marked in superscript); the main author must include his/her e-mail address as well. Please follow the instructions for authors so all EES fields are fulfilled correctly.

- §. The articles should be sent in sections in Office Word format.
- § **Text:** Font: Arial, Font size 12 points. Spacing: 1.5 lines, standard margins.
- §. Size of sheets: 21.5 x 27.5 cm
- §. Do not number pages or include footnotes
- § **Authors.** The Journal format is: Name and last name. Named according to their previous publications, with hyphen between paternal and maternal names, with superscript numbers, according to academic and/or institutional position.
- § **Adscription** with academic or institutional position.
- § **Title** and **short title** for the cornices.
- §. All sections are continuous, without separation between the pages.
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- § **Images:** High resolution: 300 dpi Format: JPG, numbered according to the order of appearance in the text, with the footnotes in a separate page.

The images are in black and white, **color goes on the Internet**; if the author wants colored figures, he should pay for the color according to the publisher.

- §. Do not send images or tables into Power Point.
- § **Tables:** In Office Word formats, not as an image. Font: Arial, Font size 10 points, single spaced, numbered according to the order of appearance in the text and with title. It is suggested to not repeat the table information in the text.
- § **References:** State as referred to in the text with superscript numbers.
Examples:
Journal article: Stoy N, Mackay GM, Forrest CM, et al. Tryptophan metabolism and oxidative stress with Huntington's disease. N J Neurochem 2005,93:611-623. If more than three authors, cite only the first 3 followed by et al. The abbreviations for journals must adhere to the style of National Library of Medicine, available in: <http://www.nlm.nih.gov>
Journal supplement: Author, Title, Journal. Year, Vol (suppl):pages.
Book chapter: Jabs DA. Rheumatic diseases. In: Ryan SJ Retina, Mosby, St Louis M, 1994, 1421-1444.
Book: Kanski JJ. Uveitis Diagnosis and Treatment. Ed Marban. Spain.p: 40-50.
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