

REVISTA PORTUGUESA DE ENDOCRINOLOGIA, DIABETES E METABOLISMO

PORTUGUESE JOURNAL OF ENDOCRINOLOGY, DIABETES AND METABOLISM



SPEDM *Sociedade Portuguesa de Endocrinologia, Diabetes e Metabolismo*

GUIDE FOR AUTHORS

The **Portuguese Journal of Endocrinology, Diabetes and metabolism [Revista Portuguesa de Endocrinologia, Diabetes y metabolismo]** accepts articles for publication on basic research, clinical service management, epidemiology, health and education, as well as review articles, articles on clinical practice, clinical case reports, opinion articles and others that can make a contribution to the development of the specializations of endocrinology, Diabetes and metabolism or to improvements in the medical treatment dispensed to patients. Articles must be written in English or Portuguese, although they can be accepted in French or Spanish in exceptional circumstances.

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The journal publishes articles in the following sections:

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At the Editor's initiative

2. ORIGINAL STUDIES.

Research articles in the field of **Endocrinology, diabetes and metabolism**. They must be no longer than 6,000 words, printed in double spaced text, with a maximum of 10 illustrations (tables, figures or photographs). They must adhere

to the internationally accepted guidelines for this type of articles. The body of the article must be divided into: **Introduction, Methods, Results, Discussion**. The article must include **Bibliography References** and where appropriate, **Acknowledgements**. They must also include a **Summary** (in Portuguese and English) and between two and six **Keywords**. The use of abbreviations and symbols, as well as measurement units must adhere to internationally accepted guidelines.

The **Introduction** must be a synthesis. It must clearly present the problem in question, summarize the current state of relevant knowledge and mention the reasons that led to the study being carried out. It will also state the objective or hypothesis formulated.

Methods will refer to the configuration, location and duration of the study, the population, sampling methods, variable units of observation and action, methods for gathering data, as well as the criteria, instruments, methods, apparatus and techniques employed. The statistical method used must be stated. In the specific case of quality assessment studies, the dimension studied, the type of safeguard, the study and study population, time frame, type of data, evaluation and the quality criteria and standards accepted should all be indicated.

The **results** must be presented clearly, using the texts and illustrations (figures or tables), presenting figures with Arabic numbers and the tables with roman numerals, in the order of their first mention in the text. The text should not repeat the data from the illustrations, but highlight the main point or the most important aspects.

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Bibliography references must abide by the format indicated in the international guidelines (Vancouver Medical style http://www.nlm.nih.gov/bsd/uniform_requirements.html).

They must be marked with Arabic numbers in superscript, ordered according to the first citation included in this chapter, using exactly the same order as in the text.

The names of journals must be abbreviated in accordance with the style used in Index Medicus.

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The **Summary** must explain the purpose of the work, the basic methodology, the results and main conclusions, emphasising any important new aspects of the study and observations. It must be structured to include the following subtitles: *Objectives, Type of study, Location, Population, Methods, Results and Conclusions*. It should not exceed 300 words and must include from 2 to 6 **Keywords**.

3. BRIEF ARTICLES short texts (such as, for example, original short studies or information about preliminary results, notes on clinical cases, small series studies). They must be no longer than 2,000 words, printed in double spaced text, with a maximum of 2 illustrations (tables, figures or photographs) per article.

They must include a **Structured Summary** (in Portuguese and English) similar to the one required for Original Studies and 2 to 6 **keywords** (in Portuguese and English).

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In particular, the subject which is being examined, its different definitions (such as diagnostic criteria), the processes used in bibliography research (period covered by the review, document databases consulted, keywords used in searches) and the processes and criteria used to select the source documents (including all the relevant bibliography, suppression of substandard articles) must all be indicated.

The **Body of review** must consist of the structured and systematic presentation of the content of the specific study with recourse to subtitles where necessary. It must include elements of critical discussion (data quality evaluation, data synthesis, discussions on perspectives, identification of unresolved issues).

The **Conclusions** must offer a critical summary of the relevant data, emphasising any practical aspects and considering any problems which remain while suggesting possible future avenues.

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The **Summary** (in Portuguese and English) must explain the objectives of the work, the basic methodology, the results and main conclusions and pick out any new and important aspects of the study. It must be structured to include the following subtitles: *Objectives, Methods and Conclusions*. It should not exceed 300 words and must include from 2 to 6 **Keywords** (in Portuguese and English).

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7. CLINICAL CASE STUDIES Descriptive texts on clinical cases. They must be no longer than 4,000 words, printed in double spaced text, with a maximum of 8 illustrations (tables, figures or photographs) per article. Articles must be divided into: **Introduction, Case description, Commentaries, Bibliography References** and, where

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The **Case description** shall consist of a structured presentation of the clinical case, with recourse to subtitles if necessary.

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The **Acknowledgements**, when present, must be added after the Bibliography references and scrupulously respect the accepted international standards.

The **Summary** (in Portuguese and English) must not exceed 300 words and must include 2 to 6 **keywords** (in Portuguese and English).

8. OPINION AND DEBATE Texts of free opinion capable of stimulating reflection and debate on questions of interest for clinical practice in primary health care. They must not exceed 4,000 words printed in double-spaced text. They must include a **Summary** (in Portuguese and English) of no more than 300 words and 2 to 6 **keywords** (in Portuguese and English).

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A structured abstract, by means of appropriate headings, should provide the context or background for the research and should state its purpose, basic procedures (selection of study subjects or laboratory animals, observational and analytical methods), main findings (giving specific effect sizes and their statistical significance, if possible), and principal conclusions. It should emphasize new and important aspects of the study or observations. The structure Background and objective, Patients and method, Results and Conclusions will be followed.

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