



# clínica e investigación en ginecología y obstetricia

[www.elsevier.es/gine](http://www.elsevier.es/gine)



## REVIEW ARTICLE

# Protein biomarkers in gynecological cancers: The need for translational research towards clinical applications



G. Kumarasamy, G. Kaur\*

*Institute for Research in Molecular Medicine (INFORMM), Universiti Sains Malaysia, 11800 Minden, Pulau Pinang, Malaysia*

Received 21 September 2021; accepted 22 October 2021

Available online 26 November 2021

### KEYWORDS

Ovarian cancer;  
Endometrial cancer;  
Cervical cancer;  
Biomarkers;  
Clinical applications

**Abstract** Ovarian cancer is ranked highest among gynecological cancers, followed by cervical and endometrial cancer. Most women are asymptomatic and are eventually diagnosed with late-stage disease. Numerous recent studies have proposed promising protein tumour biomarkers for diagnosis, prognosis, treatment and disease recurrence. Cancer antigen 125 (CA-125) and human epididymis protein 4 (HE4) are biomarkers routinely used for monitoring recurrence in ovarian cancer patients. They are of limited diagnostic value in early-stage cancer. Application of sensitive advanced proteomics techniques reveals that a combined biomarker panel is superior in specificity and sensitivity compared to a single biomarker. The major limitation in translating potential tumour biomarkers from the research setting to clinical practice is a lack of validation in large patient cohorts. This review provides an overview of current and potential biomarkers for ovarian, endometrial and cervical cancers. In conclusion, we propose validation studies for multiple biomarker panels of apolipoprotein A-I (ApoA-I) + CA-125 + transthyretin and vascular cell adhesion molecule-1 (VCAM-1) + CA-125 + carcinoembryonic antigen (CEA) + HE4 for early diagnosis of ovarian cancer. We also suggest combination panels of prognostic value consisting of CA-125 + HE4 for endometrial cancer and squamous cell carcinoma antigen (SCC-Ag) + CEA for cervical cancer.

© 2021 Elsevier España, S.L.U. All rights reserved.

**Abbreviations:** 2D-DIGE, two-dimensional difference gel electrophoresis; 2DE, two-dimensional electrophoresis; ApoA1, apolipoprotein A1; CA, cancer antigen; CEA, carcinoembryonic antigen; CYFRA, serum fragments of cytokeratin; DNA, deoxyribonucleic acid; EC, endometrial cancer; E-CAD, E-cadherin; ELISA, enzyme-linked immunosorbent assay; FDA, Food and Drug Administration; HE4, human epididymis 4; hKLLK, human kallikreins; IL, interleukin; KDa, kilo Dalton; MS, mass spectrometry; NCBI, National Centre for Biotechnology Information; OC, ovarian cancer; RNA, ribonucleic acid; SCC-Ag, squamous cell carcinoma antigen; TTR, transthyretin; VCAM-, vascular cell adhesion molecule-1;  $\beta$ , beta.

\* Corresponding author.

E-mail address: [gurjeet@usm.my](mailto:gurjeet@usm.my) (G. Kaur).

<https://doi.org/10.1016/j.gine.2021.100735>

0210-573X/© 2021 Elsevier España, S.L.U. All rights reserved.

**PALABRAS CLAVE**

Cáncer de ovario;  
Cáncer de  
endometrio;  
Cáncer de cuello  
uterino;  
Biomarcadores;  
Aplicaciones clínicas

**Biomarcadores proteicos en los cánceres ginecológicos: la necesidad de una investigación traslacional para las aplicaciones clínicas**

**Resumen** El cáncer de ovario ocupa el primer lugar entre los cánceres ginecológicos, seguido del cáncer de cuello uterino y del cáncer de endometrio. La mayoría de las mujeres son asintomáticas, por lo que finalmente se les diagnostica la enfermedad en una fase avanzada. En numerosos estudios recientes se han propuesto prometedoros biomarcadores tumorales proteicos para el diagnóstico, el pronóstico, el tratamiento y la recidiva de la enfermedad. El antígeno de cáncer 125 (CA-125) y la proteína 4 del epidídimo humano son biomarcadores que se utilizan de forma habitual para controlar la recidiva en pacientes con cáncer de ovario. Tienen un valor diagnóstico limitado en las fases iniciales del cáncer. La aplicación de técnicas sensibles de proteómica avanzada ha revelado que un grupo combinado de biomarcadores es superior en especificidad y sensibilidad en comparación con un único biomarcador. La principal limitación a la hora de trasladar los posibles biomarcadores tumorales del ámbito de la investigación a la práctica clínica es la falta de validación en grandes cohortes de pacientes. Esta revisión ofrece una visión general de los biomarcadores actuales y potenciales para el cáncer de ovario, de endometrio y de cuello uterino. En conclusión, proponemos estudios de validación para varios grupos de biomarcadores de apolipoproteína A-I + CA-125 + transtiretina y molécula de adhesión celular vascular 1 + CA-125 + antígeno carcinoembrionario + proteína 4 del epidídimo humano para el diagnóstico precoz del cáncer de ovario. También sugerimos grupos combinados de valor pronóstico, compuestos por CA-125 + proteína 4 del epidídimo humano para el cáncer de endometrio y antígeno de carcinoma de células escamosas + antígeno carcinoembrionario para el cáncer de cuello uterino.

© 2021 Elsevier España, S.L.U. Todos los derechos reservados.

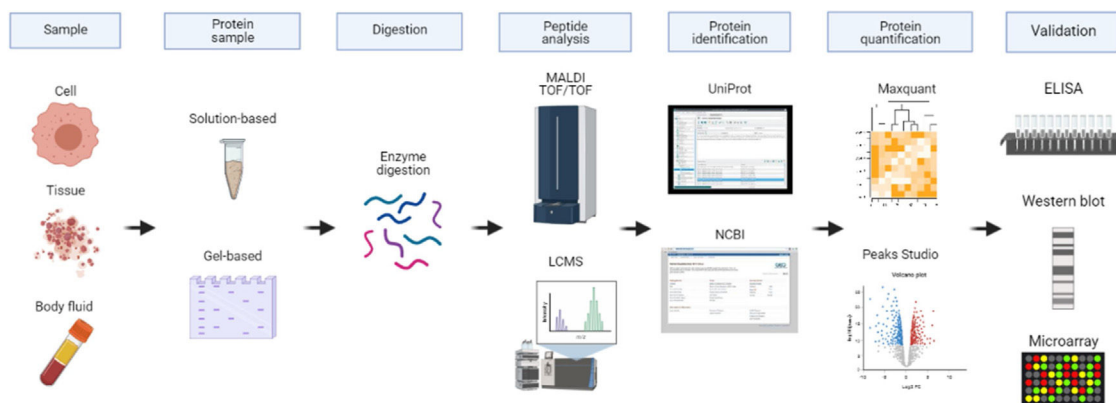
**Introduction**

Gynecological cancers form a heterogeneous cluster of tumors originating in the organs of the female reproductive system.<sup>1</sup> Globally, ovarian cancer (OC) is ranked first among gynecological cancers with the highest incidence and morbidity rate, followed by cervical and endometrial cancer (EC).<sup>2</sup> Whereas, vaginal and vulvar cancers are rare.<sup>1</sup> Most of these malignancies cause either vague or no symptoms, leading to late-stage diagnosis and poor patient outcome. Cervical cancer is the only gynecological cancer that may be detected at an early stage through cervical exfoliative cytology (PAP smear) screening programs. Tumor biomarkers play a critical role in diagnostic, prognostic, predictive or therapeutic applications. The addition of biomarkers to currently available methods such as imaging will improve clinical decision-making and optimize patient management. An ideal biomarker is detectable at high levels in cancer patients compared to unaffected individuals and preferably measured using non- or minimally invasive clinical samples such as blood, urine, or saliva.<sup>3</sup> Besides, biomarkers should be sensitive, specific, cost-effective, reliable, and have clinical utility. Molecular biomarkers in blood constitute various cellular elements such as circulating tumor cells, genetic (DNA and RNA) material, protein elements (protein and peptides), and metabolites.<sup>4</sup> Of these, proteins remain a major substance of interest as they represent end products that control most of the cellular functions and biological processes.<sup>5</sup> Proteins can be quantified efficiently, cost-effectively, and has high analytical sensitivity. Proteomics-based studies using contemporary technologies

have generated many promising biomarkers for ovarian, endometrial and cervical cancers; however, no biomarkers were reported for vaginal and vulva cancers. This review provides a synopsis on the current and potential biomarkers in ovarian, endometrial and cervical cancers, and aims to encourage researchers to embark on necessary follow-up studies before translation into routine clinical practice.

**Proteomics approach in biomarker discovery**

The advancement in protein separation, identification, quantification and validation provides a better understanding of protein functions.<sup>6</sup> The conventional proteomics method utilizes two-dimensional gel electrophoresis (2DE) which separates proteins according to their size and charge allowing visualization of large portions of proteomes.<sup>7</sup> The introduction of fluorescent two-dimensional difference gel electrophoresis (2D-DIGE) led to enhanced protein separation and quantification. In general, gel-based methods are less sensitive in terms of qualitative and quantitative analyses. Complete characterization of proteomes can only be achieved using mass spectrometry techniques such as nanoflow liquid chromatography-tandem mass spectrometry (nanoLC-MS/MS), matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF MS) and surface-enhanced laser desorption/ionization time-of-flight mass spectrometry (SELDI-TOF MS).<sup>8</sup> Before MS analysis, the proteins are digested into peptides using a protease such as trypsin. The commonly used methods for protein digestion are in-gel digestion and in-solution digestion. Based on the MS/MS spectra of peptides



**Figure 1** The proteomics approach in biomarker discovery. Various biological samples contain proteins including cells, tissues, and body fluids. The complex proteins are extracted from these samples. Next, they are stored in-solution or subjected to gel electrophoresis which separates the proteins. The extracted proteins are digested with suitable enzymes such as trypsin before using a mass spectrometry-based technique. Based on the peptides sequence results, the proteins are identified using database search engines for example UniProt or NCBI. For subsequent protein quantification, Maxquant or Peaks Studio bioinformatics tools are commonly used. The potential protein biomarkers are then validated using suitable assays such as immunoassay, Western Blot or protein microarray.

generated, proteins are identified using database search engines such as UniProt/Swiss-Prot and/or NCBI sequence database to match the sequences.<sup>9,10</sup> To accurately quantify proteins, label-free quantification (LFQ) or labelled-based approaches such as Multidimensional Protein Identification Technology (MudPIT), Isotope-Coded Affinity Tag (ICAT) and isobaric Tag for Relative and Absolute Quantitation (iTRAQ) are the methods of choice. The quantified proteins are analyzed with tools such as Maxquant and Peaks studio. Validation of the identified biomarkers is done using suitable assays including immunohistochemistry, Western Blot, and ELISA. Other immunoassay techniques for the detection of proteins in body fluids include Luminex bead assay, electrochemiluminescence immunoassay (ECLIA), and Simple Plex multi-analyte immunoassay. Fig. 1 illustrates the proteomics approach in biomarker discovery.

## Biomarkers for ovarian cancer

### Cancer antigen 125 (CA125)

Although extensive research has been conducted to discover better biomarkers, CA125 has remained superior.<sup>11</sup> CA125 is a membrane glycoprotein antigen expressed in Müllerian and coelomic epithelial tissue derivatives.<sup>12</sup> It has proven value in the diagnosis and prognosis of ovarian cancer (OC). Approximately 80% of epithelial OC patients show elevated CA125 concentrations above 35 U/ml. Reports have demonstrated elevated levels of CA125 in 50–60% of patients in clinical stage I, 80–90% in stage II, and more than 90% of patients in stages III to IV in epithelial ovarian cancer OC. CA125 can be diagnosed with 80% specificity and 92% sensitivity at late-stage OC,<sup>13</sup> however, it has limited sensitivity and specificity for the diagnosis of early-stage cancer.<sup>14</sup> Thus, CA125 is ideally used for cancer surveillance after a diagnosis of OC and hasn't received approval by the US Food and Drug Administration (FDA) for preoperative use.<sup>15</sup>

### Human epididymis 4 (HE4)

In 2009, HE4 was approved by the FDA to monitor the progression and recurrence of epithelial OC in combination with CA125.<sup>16</sup> HE4 is a protease inhibitor found in the epithelia of normal genital tissue.<sup>17</sup> It is highly expressed by malignant epithelial ovarian cells and identified in the sera of individuals with OC.<sup>18</sup> Analysis of serum samples demonstrated sensitivity ranging from 45.9 to 72.9% and 95% specificity. Interestingly, the sensitivity of serum HE4 increased to 76.5% when combined with CA125.<sup>19,20</sup> Furthermore, HE4 has greater specificity than CA125 in the premenopausal age group as it is not elevated in benign gynecological conditions.<sup>21</sup> The combination of serum proteins CA125, HE4, carcinoembryonic antigen (CEA), and vascular cell adhesion molecule-1 (VCAM-1) resulted in 86% sensitivity and 98% specificity.<sup>22</sup>

### Osteopontin

Osteopontin is an acidic, calcium-binding glycoprotein constituting the extracellular matrix.<sup>23</sup> Under a stressed environment, osteopontin promotes ovarian cancer progression, cell survival, and metastasis, mediated through the activation and induction of hypoxia-inducible factor-1 (HIF-1 $\alpha$ ) expression.<sup>24</sup> Elevated osteopontin expression is seen in borderline and invasive OC.<sup>25</sup> For the diagnosis of OC, osteopontin sensitivity ranged from 80 to 85.4% at a specificity of 33.7% (stage I–IV) with a cut-off level of 252 ng/ml.<sup>26</sup> Furthermore, the sensitivity was reported to be elevated to 93.8% in combination with CA125.<sup>23</sup> Using a multiplex ELISA panel comprising insulin-like growth factor, leptin, prolactin, macrophage inhibitory factor, CA125, and osteopontin, the sensitivity increased to 95.3% at a specificity of 99.4% for ovarian cancer detection.<sup>27</sup> Though it is evident that a combination of osteopontin with other biomarkers shows promising results for the detection of ovarian

cancer, the translation into clinical application has not been explored.

### Transthyretin (TTR)

Transthyretin is a transport protein in the blood with the ability to bind to thyroid hormones and retinol-binding protein.<sup>28</sup> Alterations in serum TTR concentration are seen in several inflammatory conditions, thyroid disease, malnutrition, and other diseases.<sup>29</sup> Cramer et al. reported transthyretin with 98% specificity and 47% sensitivity for both early and late-stage OC.<sup>30</sup> A panel comprising transthyretin, CA125, ApoA1 and transferrin showed increased sensitivity of 76% with 98% specificity for early-stage OC.<sup>31</sup> Also, improved sensitivity of 93.9% and specificity of 95% was reported by Kim et al., at all stages of OC using transthyretin, ApoA1 and CA125 panel.<sup>32</sup>

### Cytokines (IL-6 and IL-8)

Cytokines such as IL-6 and IL-8 are secreted by antigen-presenting cells (APCs), tumor cells, and tumor-derived fibroblasts in the ovary.<sup>33</sup> The most common cytokine studied in ovarian cancer is IL-8.<sup>14</sup> Concentrations of IL-8 and anti-IL-8 antibodies were found to be increased in stages I and II of OC with 65.5% sensitivity and 98% specificity.<sup>34</sup> Whereas, IL-6 showed 86% specificity and 84.1% sensitivity for early-stage OC.<sup>35</sup> A four-marker panel of CA125, HE4, E-cadherin, and IL-6 displayed 95.7% sensitivity and 84.2% specificity compared to individual markers, for early detection of serous ovarian cancer.<sup>36</sup>

### Kallikreins

Human kallikreins (hKLLK) encode the largest contiguous cluster of protease genes in the human genome. They have distinct expression patterns and pathological functions for angiogenesis, apoptosis, and metastasis in tumor cells.<sup>37</sup> The kallikreins overexpressed in ovarian cancer at mRNA and protein levels comprise KLK4-8, KLK10-11, and KLK13-15.<sup>23</sup> In OC, KLK11 was found to be elevated by 72% in serum at 90% specificity.<sup>38</sup> When hK10 was combined with CA125, it achieved a greater sensitivity (73%) compared to hK10 (55%) or CA125 (60%) alone, at 90% specificity. Pre-operative high serum hK10 concentration was also noted to be an independent unfavorable prognostic factor for ovarian cancer.<sup>39</sup>

### B7-H4

B7-H4 negatively regulates T-cell immunity by the inhibition of T-cell cytokine production, proliferation, and cell cycle progression.<sup>40</sup> Elevated serum B7-H4 protein demonstrated 65% sensitivity at 97% specificity when combined with CA125 at early-stage ovarian cancer.<sup>41</sup> In another study conducted by Simon et al.,<sup>42</sup> 48% of patients at stage I, 55% of patients at stage II, and 67% of patients with late-stage ovarian cancer demonstrated high expression levels of serum B7-H4. B7-H4 may be useful as a potential biomarker for the diagnosis of early-stage cancer.

### Apolipoprotein A1 (ApoA1)

The main protein component in high-density lipoprotein with anti-atherogenic, antioxidant, and anti-inflammatory properties is apolipoprotein A1 (ApoA1).<sup>23</sup> Studies related to ApoA1 and ovarian cancer are scarce though a decreased level of ApoA1 has been reported in ovarian cancer patients.<sup>43</sup> A panel of ApoA1, CA125, and  $\beta$ -2-microglobulin ( $\beta$ 2M) reached a sensitivity of up to 94% and specificity of 98% for detection of early-stage disease.<sup>44</sup> In a study conducted by Clarke et al., a combination panel of ApoA1, a truncated form of transthyretin, connective tissue activating peptide III, and CA125 yielded a sensitivity of 84% at 98% specificity.<sup>45</sup>

### Biomarkers for endometrial cancer

Two proteins widely evaluated in endometrial cancer are CA125 and HE4. Some studies have described the correlation of increased CA125 levels (>40 U/mL) with higher grade, higher stage, increased depth of myometrial invasion, lymph node metastases, and presence of lymphovascular space involvement in endometrial cancer.<sup>46</sup> At a cut-off level of 20 U/mL of CA125, myometrial invasion to more than one-half of the myometrium could be diagnosed with a sensitivity of 69.0% and specificity of 74.1%.<sup>47</sup> HE4 has a higher sensitivity than CA125 in the prognosis of endometrial cancer. HE4 was a better predictor of outer-half myometrial invasion than CA125, especially in patients with low-grade endometrioid tumors.<sup>48</sup> HE4 provided a sensitivity ranging from 46 to 59.4% and specificity of 95 to 100% for endometrioid adenocarcinoma in all stages at a cut-off level of 70 pmol/L.<sup>49,50</sup>

### Biomarkers for cervical cancer

#### Squamous cell carcinoma antigen (SCC-Ag)

SCC-Ag is expressed in the normal squamous epithelium and can be used as a prognostic factor in cervical cancer. Elevated levels of serum SCC-Ag was found to be strongly correlated with poor prognosis and inferior progression-free survival.<sup>51</sup> Also, a meta-analysis study revealed 1.1 – 40.0 ng/mL cut-off levels in pre-treatment and 0.9–2.0 ng/mL cut-off levels in post-treatment serum SCC-Ag in cervical cancer patients were associated with recurrence and mortality.<sup>52</sup>

#### Serum fragments of cytokeratin (CYFRA)

CYFRA 21-1 is a serum fragment of cytokeratin 19, a subunit of cytokeratin expressed in normal epithelial cells and carcinomas of the cervix.<sup>53,54</sup> Elevated levels of CYFRA 21-1 were observed in 42–63% of patients with cervical cancer.<sup>55</sup> However, CYFRA 21-1 was less sensitive than SCC-Ag in the diagnosis of squamous cell carcinoma.<sup>56</sup> CYFRA 21-1 level was related to prognostic factors such as stage, depth of stromal invasion, tumor size, and lymph node metastasis, while elevated pre-treatment levels indicated shorter disease-free survival in cervical cancer patients.<sup>56</sup>

**Table 1** An overview of potential protein tumor biomarkers as a single or combination panel for ovarian, endometrial and cervical cancers.

Protein biomarker	Cancer	Sample	Approach	Proposed application	Specificity	Sensitivity	Reference
Cancer antigen 125 (CA125)	Ovarian	638 blood samples; 445 benign ovarian tumors, 31 borderline ovarian tumors, 162 malignant ovarian tumor	ECLIA	Diagnosis	80%	92%	13
		844 blood samples; 262 benign ovarian tumors, 196 malignant pelvic tumors, 386 healthy	ECLIA	Diagnosis	70.61%	62.75%	66
Human epididymis 4 (HE4)	Ovarian	172 blood samples; 125 newly diagnosed ovarian cancer, 30 benign ovarian masses, 17 healthy	Simple Plex immunoassay	Diagnosis	87.0%	90.4%	36
		221 blood samples; 110 uterine endometrial cancer, 111 healthy	ELISA	Diagnosis	74.1%	69%	47
	Endometrial	233 blood samples; 67 invasive epithelial ovarian cancers, 166 benign ovarian neoplasms	ELISA	Diagnosis	95%	72.9%	19
		140 blood samples; 50 benign ovarian tumors, 60 ovarian carcinoma, 30 healthy	ELISA	Diagnosis	98%	80%	20
		327 blood samples, 171 endometrial cancer, 156 healthy	ELISA	Prognosis	95%	45.5%	49
Ovarian	Blood samples; 101 surgically staged endometrial cancer, 103 benign uterine disease	ELISA	Diagnosis and prognosis	100%	59.4%	50	
	Ovarian	127 blood samples; 25 ovarian cancer, 7 borderline ovarian tumors, 34 benign ovarian tumors, 30 other gynecologic cancers, 31 healthy	ELISA	Diagnosis	33.7%	81.3%	26
Transthyretin	Ovarian	287 blood samples; 93 stages I & II ovarian cancer, 100 stages III & IV ovarian cancer, 94 control	Singleplex Luminex bead assay	Diagnosis	95%	47%	30
IL-8	Ovarian	211 blood samples; 44 stages I & II ovarian cancer, 50 stages III & IV ovarian cancer, 37 benign pelvic mass, 80 healthy	Luminex bead assay	Diagnosis	98%	65.5%	34
IL-6	Ovarian	126 blood samples; 44 early-stage ovarian cancer, 37 benign pelvic tumors, 45 healthy	Multiplex Luminex bead assay	Prognosis	86%	84.1%	35



Table 1 (Continued)

Protein biomarker	Cancer	Sample	Approach	Proposed application	Specificity	Sensitivity	Reference
Kallikreins	Ovarian	156 frozen tissue samples; 134 epithelial ovarian cancer, 22 low malignant potential	ELISA	Diagnosis and prognosis	90%	72%	38
B7-H4	Ovarian	326 tissue samples; 251 ovarian cancer, 43 benign ovarian tumor, 32 healthy	ELISA	Diagnosis	97%	65%	41
Transthyretin (truncated) + ApoA1 + connective tissue activating peptide III + CA125	Ovarian	231 blood samples; 41 stages I & II epithelial ovarian cancer, 51 stages III & IV epithelial ovarian cancer, 40 benign ovarian tumors, 99 healthy	ELISA, SELDI-TOF-MS	Diagnosis	98%	84%	45
VCAM-1 + CA125 + CEA + HE4	Ovarian	2765 blood samples; 69 stage I ovarian cancer, 114 stage II ovarian cancer, 273 stage III & IV ovarian cancer, 296 benign pelvic tumor, 315 other cancers, 2.031 healthy	Multiplex Luminex bead assay	Diagnosis	98%	86%	22
CA125 + HE4 + E-CAD + IL-6	Ovarian	172 blood samples; 125 newly diagnosed ovarian cancer, 30 benign ovarian mass, 17 healthy	Simple Plex immunoassay	Diagnosis	84.2%	95.7%	36
ApoA1 + CA125 + transthyretin	Ovarian	263 blood samples; 118 ovarian cancer, 84 benign ovarian tumor, 61 healthy	Multiplex Luminex bead assay	Diagnosis	95%	93.9%	32
Transthyretin + CA125 + ApoA1 + transferrin	Ovarian	358 blood samples; 90 stages I & II ovarian cancer; 96 stages III & IV ovarian cancer, 79 benign ovarian tumors, 93 healthy	Chemiluminescence assay	Diagnosis	98%	76%	31
Squamous cell carcinoma antigen (SCC-Ag)	Cervical	188 serum samples; 138 cervical cancer, 50 healthy	Chemiluminescence assay	Prognosis	54.9%	82.1%	67
Carcinoembryonic antigen (CEA)	Cervical	139 blood samples; 7 cervical intraepithelial neoplasia, 80 squamous cell carcinoma, 16 adenocarcinoma, 36 healthy	ELISA	Prognosis	98%	33%	57
Serum fragments of cytokeratin (CYFRA)	Cervical	188 serum samples; 138 cervical cancer, 50 healthy	ECLIA	Prognosis	68.2%	65.2%	67

Abbreviations: ECLIA, electrochemiluminescence immunoassay analyzer; ELISA, enzyme-linked immunosorbent assay; SELDI-TOF-MS, surface-enhanced laser desorption/ionization.

## Carcinoembryonic antigen (CEA)

CEA has been widely studied for its role as a biomarker for early cancer diagnosis and as a prognostic indicator in many cancers, although its assessment in gynecological cancers is limited.<sup>53</sup> The sensitivity of CEA for cervical cancer detection was 32% in squamous cell carcinoma and 38.5% in adenocarcinoma.<sup>57</sup> In invasive squamous cell carcinoma, the percentage of patients with CEA values above 2.5 ng/ml showed a gradual increase from 26 to 88% in stage I–IV, signifying the prognostic value of this marker.<sup>58</sup>

Table 1 summarises the most promising protein biomarkers as single or in combination for ovarian, endometrial and cervical cancers. These tumor biomarkers warrant further investigations and validation in large patient cohorts.

## Tackling the obstacles in translating biomarkers towards clinical applications

Tumor biomarkers establishment requires an in-depth understanding of the cellular processes and molecular mechanisms initiating cancer, particularly focusing on how little changes in regulatory genes or proteins can interrupt a variety of cellular functions. The abundance of research conducted in gynecological cancer have revealed several diagnostic biomarkers that can potentially impact patient outcome. However, acceptance for routine use by regulatory bodies and clinical practice guidelines are lacking. Some of the crucial factors necessary for approval include specific analytical and clinical measurement criteria including cut-off value and rates of false-positive/negative of biomarkers. Besides, the biological justification for use of the biomarkers, including a complete understanding of the underlying pathway of the disease process, and how the biomarker is involved in the disease pathway are also important.

Despite the obstacles and limitations at present, the advancement in biomarker studies holds promise for the transition into clinical practice soon. For instance, the application of high-throughput proteomics technologies in large-scale experiments has overcome the difficulty of analysing low abundance cancer-derived proteins in body fluids. Furthermore, an acceleration in the identification of novel biomarkers is expected with advancements in artificial-intelligence-based bioinformatics tools. Although several validated single biomarkers lack an advantage over routine biomarkers such as B7-H4 biomarker for diagnosis of early OC when compared to CA125,<sup>30</sup> current data recommends the incorporation of a multi-biomarker panel for superior sensitivity and specificity. It is predicted that more affordable mass spectrometry-based diagnostics will be employed in pathology laboratories, providing opportunities for cost-effective and robust proteomic profiling for better detection, prognosis, and management of cancer patients. Therefore, investment and funding of multicenter clinical trials to validate the efficacy of the most promising biomarkers is timely. We propose validation studies for multi-biomarker panels of ApoA1 + CA125 + transthyretin and VCAM-1 + CA125 + CEA + HE4 for early diagnosis of ovarian cancer. For enhanced prognostic value, we suggest combination panels of CA125 + HE4 for endometrial cancer, and SCC-Ag + CEA for cervical cancer.

## Future biomarkers

In recent times, there is exponential research exploring nucleic acids as novel serum markers, yielding higher specificity and sensitivity compared to protein biomarkers.<sup>59</sup> MicroRNAs (miRNAs) are the most studied and play a crucial role in regulating the expression of their target mRNAs to assist tumor growth, invasion, angiogenesis, and immune evasion.<sup>60</sup> High expression levels of several miRNAs such as miR-200a, miR-200b, miR-200c and miR-373 have been found to be associated with ovarian cancer progression.<sup>61,62</sup> The long noncoding RNAs (lncRNAs) are also considered to play an important role in the occurrence and development of tumors. The interaction between microRNAs and lncRNAs has been of research interest lately. Jin et al., reported the lncRNA SNHG12 promoted progression in cervical cancer by sponging miR-125b.<sup>63</sup> In addition to the above mentioned, circular RNAs (circRNAs) that can regulate gene expression and influence cellular activities such as cell proliferation, cycle progression, cell senescence, and apoptosis have shown promise in various types of cancer.<sup>64</sup> It is noteworthy to mention that circRNAs have been identified as emerging prognostic biomarkers and as potential therapeutic tools to treat gynecological cancers.<sup>65</sup>

## Conclusion

Although many potential protein tumor biomarkers have been identified over the years, most have not translated into routine clinical practice, apart from CA125 and HE4 for ovarian cancer. The benefit of multi-biomarker panels, maximising affordable high-throughput proteomics technologies coupled with bioinformatics in larger study cohorts will be effective in validating previous reports, and to deliver more reliable and reproducible results.

## Ethical disclosures

**Protection of human and animal subjects.** The authors declare that no experiments were performed on humans or animals for this study.

**Confidentiality of data.** The authors declare that no patient data appear in this article.

**Right to privacy and informed consent.** The authors declare that no patient data appear in this article.

## Ethics approval

Not applicable.

## Informed consent

Not applicable.

## Funding

The work was funded by the Ministry of Higher Education Malaysia for Fundamental Research Grant Scheme with project code: FRGS/1/2019/SKK13/USM/01/1.

## Conflict of interest

None.

## References

- De Brot L, Soares FA. Predictive biomarkers in oncology. Cham: Springer International Publishing; 2019, <http://dx.doi.org/10.1007/978-3-319-95228-4>.
- Bray F, Ferlay J, Soerjomataram I, Siegel RL, Torre LA, Jemal A. Global cancer statistics 2018: GLOBOCAN estimates of incidence and mortality worldwide for 36 cancers in 185 countries. *CA Cancer J Clin*. 2018;68:394–424, <http://dx.doi.org/10.3322/caac.21492>.
- Frantzi M, Bhat A, Latosinska A. Clinical proteomic biomarkers: relevant issues on study design & technical considerations in biomarker development. *Clin Transl Med*. 2014;3:2–22, <http://dx.doi.org/10.1186/2001-1326-3-7>.
- Hanash SM, Pitteri SJ, Faca VM. Mining the plasma proteome for cancer biomarkers. *Nature*. 2008;452:571–9, <http://dx.doi.org/10.1038/nature06916>.
- Pavlou MP, Diamandis EP, Blasutig IM. The long journey of cancer biomarkers from the bench to the clinic. *Clin Chem*. 2013;59:147–57, <http://dx.doi.org/10.1373/clinchem.2012.184614>.
- Craven RA, Vasudev NS, Banks RE. Proteomics and the search for biomarkers for renal cancer. *Clin Biochem*. 2013;46:456–65, <http://dx.doi.org/10.1016/j.clinbiochem.2012.11.029>.
- Issaq HJ, Veenstra TD. Two-dimensional polyacrylamide gel electrophoresis (2D-PAGE): advances and perspectives. *Biotechniques*. 2008;44:697–700, <http://dx.doi.org/10.2144/000112823>.
- Han X, Aslanian A, Yates JR. Mass spectrometry for proteomics. *Curr Opin Chem Biol*. 2008;12:483–90, <http://dx.doi.org/10.1016/j.cbpa.2008.07.024>.
- Boeckmann B. The SWISS-PROT protein knowledgebase and its supplement TrEMBL in 2003. *Nucleic Acids Res*. 2003;31:365–70, <http://dx.doi.org/10.1093/nar/gkg095>.
- Sayers EW, Agarwala R, Bolton EE, Brister JR, Canese K, Clark K, et al. Database resources of the National Center for Biotechnology Information. *Nucleic Acids Res*. 2019;47:D23–8, <http://dx.doi.org/10.1093/nar/gky1069>.
- Yamamoto H, Watanabe Y. Biomarkers in cancer therapy liquid biopsy comes of age; 2019, <http://dx.doi.org/10.1007/978-981-13-7295-7>.
- Rein BJD, Gupta S, Dada R, Safi J, Michener C, Agarwal A. Potential markers for detection and monitoring of ovarian cancer. *J Oncol*. 2011;2011:1–17, <http://dx.doi.org/10.1155/2011/475983>.
- Lycke M, Kristjansdottir B, Sundfeldt K. A multicenter clinical trial validating the performance of HE4, CA125, risk of ovarian malignancy algorithm and risk of malignancy index. *Gynecol Oncol*. 2018;151:159–65, <http://dx.doi.org/10.1016/j.ygyno.2018.08.025>.
- Huang J, Hu W, Sood AK. Prognostic biomarkers in ovarian cancer. *Cancer Biomarkers*. 2011;8:231–51, <http://dx.doi.org/10.3233/CBM-2011-0212>.
- Li AJ. What's new in biomarker testing for ovarian cancer. *Con-temp Ob Gyn*. 2019;64:26–30.
- Plotti F, Capriglione S, Terranova C, Montera R, Aloisi A, Damiani P, et al. Does HE4 have a role as biomarker in the recurrence of ovarian cancer? *Tumor Biol*. 2012;33:2117–23, <http://dx.doi.org/10.1007/s13277-012-0471-7>.
- de Carvalho VP, Grassi ML, de C, Palma S, Carrara HHA, Faça VM, et al. The contribution and perspectives of proteomics to uncover ovarian cancer tumor markers. *Transl Res*. 2019;206:71–90, <http://dx.doi.org/10.1016/j.trsl.2018.11.001>.
- Heliström I, Raycraft J, Hayden-Ledbetter M, Ledbetter JA, Schummer M, McIntosh M, et al. The HE4 (WFDC2) protein is a biomarker for ovarian carcinoma. *Cancer Res*. 2003;63:3695–700.
- Moore RG, Brown AK, Miller MC, Skates S, Allard WJ, Verch T, et al. The use of multiple novel tumor biomarkers for the detection of ovarian carcinoma in patients with a pelvic mass. *Gynecol Oncol*. 2008;108:402–8, <http://dx.doi.org/10.1016/j.ygyno.2007.10.017>.
- Azzam AZ, Hashad DI, Kamel NAF. Evaluation of HE4 as an extrabiomarker to CA125 to improve detection of ovarian carcinoma: is it time for a step forward? *Arch Gynecol Obstet*. 2013;288:167–72, <http://dx.doi.org/10.1007/s00404-013-2722-2>.
- Moore RG, Miller MC, Steinhoff MM, Skates SJ, Lu KH, Lambert-Messerlian G, et al. Serum HE4 levels are less frequently elevated than CA125 in women with benign gynecologic disorders. *Am J Obstet Gynecol*. 2012;206:351e1–8, <http://dx.doi.org/10.1016/j.ajog.2011.12.029>.
- Yurkovetsky Z, Skates S, Lomakin A, Nolen B, Pulsipher T, Modugno F, et al. Development of a multimarker assay for early detection of ovarian cancer. *J Clin Oncol*. 2010;28:2159–66, <http://dx.doi.org/10.1200/JCO.2008.19.2484>.
- Muinao T, Deka Boruah HP, Pal M. Diagnostic and prognostic biomarkers in ovarian cancer and the potential roles of cancer stem cells – an updated review. *Exp Cell Res*. 2018;362:1–10, <http://dx.doi.org/10.1016/j.yexcr.2017.10.018>.
- Song B, Cai Q, Mao Y, Ming Y, Bao S, Ouyang G. Osteopontin promotes ovarian cancer progression and cell survival and increases HIF-1 $\alpha$  expression through the PI3-K/Akt pathway. *Cancer Sci*. 2008;99:1901–7, <http://dx.doi.org/10.1111/j.1349-7006.2008.00911.x>.
- Kim J. Osteopontin as a potential diagnostic biomarker for ovarian cancer. *JAMA*. 2002;287:1671, <http://dx.doi.org/10.1001/jama.287.13.1671>.
- Nakae M, Iwamoto I, Fujino T, Maehata Y, Togami S, Yoshinaga M, et al. Preoperative plasma osteopontin level as a biomarker complementary to carbohydrate antigen 125 in predicting ovarian cancer. *J Obstet Gynaecol Res*. 2006;32:309–14, <http://dx.doi.org/10.1111/j.1447-0756.2006.00403.x>.
- Kim K, Visintin I, Alvero AB, Mor G. Development and validation of a protein-based signature for the detection of ovarian cancer. *Clin Lab Med*. 2009;29:47–55, <http://dx.doi.org/10.1016/j.cll.2009.02.001>.
- Power DM, Elias NP, Richardson SJ, Mendes J, Soares CM, Santos CRA. Evolution of the thyroid hormone-binding protein, transthyretin. *Gen Comp Endocrinol*. 2000;119:241–55, <http://dx.doi.org/10.1006/gcen.2000.7520>.
- Tóthová C, Nagy O. Transthyretin in the evaluation of health and disease in human and veterinary medicine. In: *Pathophysiol Altered Physiol States*. InTech; 2018. p. 51–67, <http://dx.doi.org/10.5772/intechopen.68725>.
- Cramer DW, Bast RC, Berg CD, Diamandis EP, Godwin AK, Hartge P, et al. Ovarian cancer biomarker performance in prostate, lung, colorectal, and ovarian cancer screening trial specimens. *Cancer Prev Res*. 2011;4:365–74, <http://dx.doi.org/10.1158/1940-6207.CAPR-10-0195>.
- Nosov V, Su F, Amneus M, Birrer M, Robins T, Kotlerman J, et al. Validation of serum biomarkers for detection of



- early-stage ovarian cancer. *Am J Obstet Gynecol.* 2009;200:639e1–5, <http://dx.doi.org/10.1016/j.ajog.2008.12.042>.
32. Kim Y-W, Bae SM, Lim H, Kim YJ, Ahn WS. Development of multiplexed bead-based immunoassays for the detection of early stage ovarian cancer using a combination of serum biomarkers. *PLoS ONE.* 2012;7:e44960, <http://dx.doi.org/10.1371/journal.pone.0044960>.
  33. Miyahara Y, Odunsi K, Chen W, Peng G, Matsuzaki J, Wang R. Generation and regulation of human CD4+IL-17-producing T cells in ovarian cancer. *Proc Natl Acad Sci USA.* 2008;105:15505–10, <http://dx.doi.org/10.1073/pnas.0710686105>.
  34. Lokshin AE, Winans M, Landsittel D, Marrangoni AM, Velikokhatnaya L, Modugno F, et al. Circulating IL-8 and anti-IL-8 autoantibody in patients with ovarian cancer. *Gynecol Oncol.* 2006;102:244–51, <http://dx.doi.org/10.1016/j.ygyno.2005.12.011>.
  35. Gorelik E. Multiplexed immunobead-based cytokine profiling for early detection of ovarian cancer. *Cancer Epidemiol Biomarkers Prev.* 2005;14:981–7, <http://dx.doi.org/10.1158/1055-9965.EPI-04-0404>.
  36. Han C, Bellone S, Siegel ER, Altwerger G, Menderes G, Bonazzoli E, et al. A novel multiple biomarker panel for the early detection of high-grade serous ovarian carcinoma. *Gynecol Oncol.* 2018;149:585–91, <http://dx.doi.org/10.1016/j.ygyno.2018.03.050>.
  37. Borgoño CA, Diamandis EP. The emerging roles of human tissue kallikreins in cancer. *Nat Rev Cancer.* 2004;4:876–90, <http://dx.doi.org/10.1038/nrc1474>.
  38. Diamandis EP, Borgoño CA, Scorilas A, Harbeck N, Dorn J, Schmitt M. Human kallikrein 11: an indicator of favorable prognosis in ovarian cancer patients. *Clin Biochem.* 2004;37:823–9, <http://dx.doi.org/10.1016/j.clinbiochem.2004.04.009>.
  39. Luo L-Y, Katsaros D, Scorilas A, Fracchioli S, Bellino R, van Gramberen M, et al. The serum concentration of human kallikrein 10 represents a novel biomarker for ovarian cancer diagnosis and prognosis. *Cancer Res.* 2003;63:807–11. <http://www.ncbi.nlm.nih.gov/pubmed/12591730>
  40. Choi I, Zhu G, Sica GL, Strome SE, Cheville JC, Lau JS, et al. Genomic organization and expression analysis of B7-H4, an immune inhibitory molecule of the B7 family; 2020, <http://dx.doi.org/10.4049/jimmunol.171.9.4650>.
  41. Simon I, Zhuo S, Corral L, Diamandis EP, Sarno MJ, Wolfert RL, et al. B7-H4 is a novel membrane-bound protein and a candidate serum and tissue biomarker for ovarian cancer. *Cancer Res.* 2006;66:1570–5, <http://dx.doi.org/10.1158/0008-5472.CAN-04-3550>.
  42. Simon I, Katsaros D, Rigault de la Longrais I, Massobrio M, Scorilas A, Kim NW, et al. B7-H4 is over-expressed in early-stage ovarian cancer and is independent of CA125 expression. *Gynecol Oncol.* 2007;106:334–41, <http://dx.doi.org/10.1016/j.ygyno.2007.03.035>.
  43. Gadowska H, Grzechocińska B, Janecki J, Nowicka G, Powolny M, Marianowski L. Serum lipids concentration in women with benign and malignant ovarian tumours. *Eur J Obstet Gynecol Reprod Biol.* 2005;120:87–90, <http://dx.doi.org/10.1016/j.ejogrb.2004.02.045>.
  44. Pal MK, Rashid M, Bisht M. Biosensors and bioelectronics multiplexed magnetic nanoparticle-antibody conjugates (MNPs-ABS) based prognostic detection of ovarian cancer biomarkers, CA-125,  $\beta$  - 2M and ApoA1 using fluorescence spectroscopy with comparison of surface plasmon resona. *Biosens Bioelectron.* 2015;73:146–52, <http://dx.doi.org/10.1016/j.bios.2015.05.051>.
  45. Clarke CH, Yip C, Badgwell D, Fung ET, Coombes KR, Zhang Z, et al. Proteomic biomarkers apolipoprotein A1, truncated transthyretin and connective tissue activating protein III enhance the sensitivity of CA125 for detecting early stage epithelial ovarian cancer. *Gynecol Oncol.* 2011;122:548–53, <http://dx.doi.org/10.1016/j.ygyno.2011.06.002>.
  46. Chen Y, Huang C, Chien T, Huang S, Wu C, Ho C. Value of pre-operative serum CA125 level for prediction of prognosis in patients with endometrial cancer. *Aust N Z J Obstet Gynaecol.* 2011:397–402, <http://dx.doi.org/10.1111/j.1479-828X.2011.01325.x>.
  47. Kurihara T, Mizunuma H, Obara M, Andoh K, Ibuki Y, Nishimura T. Determination of a normal level of serum CA125 in postmenopausal women as a tool for preoperative evaluation and postoperative surveillance of endometrial carcinoma. *Gynecol Oncol.* 1998;69:192–6, <http://dx.doi.org/10.1006/gyno.1998.5018>.
  48. Brennan DJ, Hackethal A, Metcalf AM, Coward J, Ferguson K, Oehler MK, et al. Serum HE4 as a prognostic marker in endometrial cancer—a population based study. *Gynecol Oncol.* 2014;132:159–65, <http://dx.doi.org/10.1016/j.ygyno.2013.10.036>.
  49. Moore RG, Brown AK, Miller MC, Badgwell D, Lu Z, Allard WJ, et al. Utility of a novel serum tumor biomarker HE4 in patients with endometrioid adenocarcinoma of the uterus. *Gynecol Oncol.* 2008;110:196–201, <http://dx.doi.org/10.1016/j.ygyno.2008.04.002>.
  50. Angioli R, Plotti F, Capriglione S, Montera R, Damiani P, Ricciardi R, et al. The role of novel biomarker HE4 in endometrial cancer: a case control prospective study. *Tumor Biol.* 2013;34:571–6, <http://dx.doi.org/10.1007/s13277-012-0583-0>.
  51. Liu Z, Shi H. Prognostic role of squamous cell carcinoma antigen in cervical cancer: a meta-analysis. *Dis Markers.* 2019;2019:1–10, <http://dx.doi.org/10.1155/2019/6710352>.
  52. Charakorn C, Thadanipon K, Chaijindaratana S, Rattanasiri S, Numthavaj P, Thakkestian A. The association between serum squamous cell carcinoma antigen and recurrence and survival of patients with cervical squamous cell carcinoma: a systematic review and meta-analysis. *Gynecol Oncol.* 2018;150:190–200, <http://dx.doi.org/10.1016/j.ygyno.2018.03.056>.
  53. Dasari S, Wudayagiri R, Valluru L. Cervical cancer: biomarkers for diagnosis and treatment. *Clin Chim Acta.* 2015;445:7–11, <http://dx.doi.org/10.1016/j.cca.2015.03.005>.
  54. Bonfrer JMG, Gaarenstroom KN, Kenter GG, Korse CM, Hart AAM, Gallee MPW, et al. Prognostic significance of serum fragments of cytokeratin 19 measured by CYFRA 21-1 in cervical cancer. *Gynecol Oncol.* 1994;55:371–5, <http://dx.doi.org/10.1006/gyno.1994.1309>.
  55. Gadducci A, Tana R, Cosio S, Genazzani AR. The serum assay of tumour markers in the prognostic evaluation, treatment monitoring and follow-up of patients with cervical cancer: a review of the literature. *Crit Rev Oncol Hematol.* 2008;66:10–20, <http://dx.doi.org/10.1016/j.critrevonc.2007.09.002>.
  56. Molina R, Filella X, Augé JM, Bosch E, Torne A, Pahisa J, et al. CYFRA 21.1 in patients with cervical cancer: comparison with SCC and CEA. *Anticancer Res.* 2005;25:1765–71. <http://www.ncbi.nlm.nih.gov/pubmed/16033097>
  57. Borrás G, Molina R, Xercavins J, Ballesta A, Iglesias J. Tumor antigens CA 19.9, CA 125, and CEA in carcinoma of the uterine cervix. *Gynecol Oncol.* 1995;57:205–11, <http://dx.doi.org/10.1006/gyno.1995.1126>.
  58. Disaia PJ, Morrow CP, Haverback BJ, Dyce BJ. Carcinoembryonic antigen in cancer of the female reproductive system: serial plasma values correlated with disease state. *Cancer.* 1977;39:2365–70, [http://dx.doi.org/10.1002/1097-0142\(197706\)39:6<2365::AID-CNCR2820390609>3.0.CO;2-I](http://dx.doi.org/10.1002/1097-0142(197706)39:6<2365::AID-CNCR2820390609>3.0.CO;2-I).
  59. Ueland F. A Perspective on ovarian cancer biomarkers: past, present and yet-to-come. *Diagnostics.* 2017;7:14, <http://dx.doi.org/10.3390/diagnostics7010014>.

60. Stahlhut C, Slack FJ. MicroRNAs and the cancer phenotype: profiling, signatures and clinical implications. *Genome Med.* 2013;5:111, <http://dx.doi.org/10.1186/gm516>.
61. Meng X, Müller V, Milde-Langosch K, Trillsch F, Pantel K, Schwarzenbach H. Circulating cell-free miR-373, miR-200a, miR-200b and miR-200c in patients with epithelial ovarian cancer. *Adv Exp Med Biol.* 2016;924:3–8, [http://dx.doi.org/10.1007/978-3-319-42044-8\\_1](http://dx.doi.org/10.1007/978-3-319-42044-8_1).
62. Wang W, Yin Y, Shan X, Zhou X, Liu P, Cao Q, et al. The value of plasma-based micrornas as diagnostic biomarkers for ovarian cancer. *Am J Med Sci.* 2019;358:256–67, <http://dx.doi.org/10.1016/j.amjms.2019.07.005>.
63. Jin XJ, Chen XJ, Zhang ZF, Hu WS, Ou RY, Li S, et al. Long noncoding RNA SNHG12 promotes the progression of cervical cancer via modulating miR-125b/STAT3 axis. *J Cell Physiol.* 2019;234:6624–32, <http://dx.doi.org/10.1002/jcp.27403>.
64. Xia L, Song M, Sun M, Wang F, Yang C. Circular RNAs as biomarkers for cancer. In: *Adv Exp Med Biol.* Singapore: Springer; 2018. p. 171–87, [http://dx.doi.org/10.1007/978-981-13-1426-1\\_14](http://dx.doi.org/10.1007/978-981-13-1426-1_14).
65. Dong P, Xu D, Xiong Y, Yue J, Ihira K, Konno Y, et al. The expression, functions and mechanisms of circular RNAs in gynecological cancers. *Cancers (Basel).* 2020;12:1–22, <http://dx.doi.org/10.3390/cancers12061472>.
66. Chen F, Shen J, Wang J, Cai P, Huang Y. Clinical analysis of four serum tumor markers in 458 patients with ovarian tumors: diagnostic value of the combined use of HE4, CA125, CA19-9, and CEA in ovarian tumors. *Cancer Manag Res.* 2018;10:1313–8, <http://dx.doi.org/10.2147/CMAR.S155693>.
67. Kotowicz B, Fuksiewicz M, Jonska-Gmyrek J, Bidzinski M, Kowalska M. The assessment of the prognostic value of tumor markers and cytokines as SCCAg, CYFRA 21.1, IL-6, VEGF and sTNF receptors in patients with squamous cell cervical cancer, particularly with early stage of the disease. *Tumor Biol.* 2016;37:1271–8, <http://dx.doi.org/10.1007/s13277-015-3914-0>.