



# Enfermedades Infecciosas y Microbiología Clínica

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## Original breve

### Can MALDI-TOF mass spectrometry be used with intravascular catheters?



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#### ABSTRACT

**Introduction:** The use of the matrix-assisted laser desorption/ionization time of flight (MALDI-TOF) mass spectrometry has shown to be effective and fast in some clinical specimens for the identification of colonizing microorganisms. The objective of the study was to analyze the validity values for the prediction of colonization and catheter-related bloodstream infection (C-RBSI) of the MALDI-TOF mass spectrometry performed at all intravascular catheters that arrived in the microbiology laboratory.

**Methods:** Catheter tips (after performing the roll-plate technique) were tested by MALDI-TOF mass spectrometry during a period of 3-months. The gold standard for colonization and C-RBSI were, respectively: the presence of  $\geq 15$  cfu/plate in the catheter tip culture; and the isolation of the same microorganism(s) in blood cultures as well as in the colonized catheter (during the 7 days before or after catheter withdrawal).

**Results:** A total of 182 intravascular catheters were collected. The overall colonization rate detected by roll-plate technique and MAL-TOF mass spectrometry was 31.9% and 32.4%, respectively. Overall, there were 33 (18.1%) episodes of C-RBSI. The validity values of the MALDI-TOF mass spectrometry for the identification of colonization and C-RBSI were, respectively: sensitivity (69.0%/66.7%), specificity (84.7%/75.2%), positive predictive value (65.6%/36.1%), and negative predictive value (86.8%/92.6%). Conclusion MALDI-TOF mass spectrometry could be an alternative diagnostic tool for ruling out C-RBSI. However, despite it showing to be faster than conventional culture, future studies are required in order to improve the pre-analytical process.

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## ¿Es posible utilizar la espectrometría de masas MALDI-TOF en catéteres intravasculares?

#### RESUMEN

**Introducción:** La espectrometría de masas MALDI-TOF ha demostrado ser rápida y eficaz en la identificación de microorganismos que colonizan determinadas muestras clínicas. Nuestro objetivo fue analizar los valores de validez de la espectrometría de masas MALDI-TOF para predecir colonización y bacteriemia relacionada con el catéter (BRC) en todos los catéteres que llegaran al laboratorio de Microbiología.

**Métodos:** Durante 3 meses, la espectrometría de masas MALDI-TOF se realizó sobre las puntas de catéter recibidas (previo rodamiento para cultivo). Las reglas de oro de colonización y BRC fueron, respectivamente, la presencia de  $\geq 15$  ufc/placa en el cultivo de la punta de catéter y el aislamiento del (de los) mismo(s) microorganismo(s) tanto en los hemocultivos como en el catéter colonizado (7 días antes o después de la retirada del catéter).

##### Palabras clave:

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**Resultados:** Se incluyeron un total de 182 catéteres intravasculares. La tasa global de colonización detectada por la técnica del rodamiento y la espectrometría de masas MALDI-TOF fue del 31,9 y del 32,4%, respectivamente. Hubo un total de 33 (18,1%) episodios de BRC. Los valores de validez de la espectrometría de masas MALDI-TOF para predecir colonización y BRC fueron, respectivamente: sensibilidad (69,0/66,7%), especificidad (84,7/75,2%), valor predictivo positivo (65,6/36,1%) y valor predictivo negativo (86,8/92,6%).

**Conclusión:** La espectrometría de masas MALDI-TOF puede ser una herramienta de diagnóstico alternativa para descartar BRC. Sin embargo, a pesar de haber demostrado ser más rápida que el cultivo convencional, son necesarios futuros estudios que mejoren el proceso pre-analítico.

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## Introduction

In order to confirm a diagnosis of catheter-related bloodstream infection (C-RBSI), it is necessary to isolate the same microorganism from both peripheral blood cultures and the catheter.<sup>1</sup> However, routine microbiological analysis of catheter cultures requires at least 48 hours before the microorganism is identified, thus leading to a potential delay in antibiotic therapy and adverse outcome. The use of matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF MS) has proven effective for the rapid identification of isolated microorganisms and microorganisms in clinical samples.<sup>2-6</sup>

The purpose of our study was to determine validity values for the prediction of colonization and C-RBSI of MALDI-TOF MS performed directly on all intravascular catheters sent to our microbiology laboratory. We also determined whether this approach reduced the time to availability of results compared to conventional culture.

## Methods

During a 3-month period, our working samples comprised either catheter tips (roll-plate and Gram staining) or sonication fluid from implanted reservoirs (1 mL). The sample was introduced into 5 mL of brain-heart infusion broth and incubated at 37 °C with continuous shaking for 24 hours. The tubes were centrifuged at 3,500 rpm for 5 minutes and the supernatant was discarded. The pellet was incubated with TWEEN-80 0.5% for 10 minutes and spotted onto a MALDI-TOF target plate covered with 1 µL of formic acid 100% and 1 µL of matrix. The gold standards for colonization and C-RBSI were, respectively, ≥15 cfu/plate in the catheter tip culture and isolation of the same microorganism(s) both in blood culture and in the colonized catheter (during the 7 days before or after catheter withdrawal). We considered as a criterion of validity of the data provided by the MALDI-TOF those who were ≥1.7.

## Results

We collected 182 intravascular catheters, as follows: central venous catheters, 122 (67.0%); peripherally inserted central venous catheters, 45 (24.7%); totally implantable venous access ports, 12 (6.6%), and peritoneal dialysis catheters, 3 (1.6%). Of the total, 43 (23.6%) were from patients from whom blood samples had not been taken for culture. The mean (SD) time for sending catheter tips after blood sampling was 2.44 (2.285) days. The overall colonization rate detected by the roll-plate technique and MALDI-TOF MS was 31.9% and 32.4%, respectively. Most colonized catheters detected by MALDI-TOF MS (98.4%) were associated with high scores ( $\geq 1.5$ ). Gram staining of catheter tips was only positive in 13/182 cases (7.1%), although the results of Gram staining correlated with conventional culture and MALDI-TOF MS in 100% and 76.9% of cases, respectively. Conventional cultures were polymicrobial in 13/58

**Table 1**

Distribution of microorganisms detected by MALDI-TOF MS and roll-plate technique.

	Roll-plate	MALDI-TOF MS
Gram-positive	54 (74.0%)	48 (76.2%)
<i>Staphylococcus epidermidis</i>	31 (42.5%)	27 (42.9%)
CoNS	9 (12.3%)	10 (15.9%)
<i>Enterococcus faecalis</i>	8 (11.0%)	7 (11.1%)
<i>Staphylococcus aureus</i>	5 (6.8%)	2 (3.2%)
Other Gram-positive	1 (1.4%)	2 (3.2%)
Gram-negative	11 (15.1%)	10 (15.9%)
Yeasts	8 (11.0%)	5 (7.9%)
Total	73	63

CoNS, coagulase-negative staphylococci; MALDI-TOF MS, matrix-assisted laser desorption/ionization time-of-flight mass spectrometry.

cases (22.4%), whereas MALDI-TOF MS only detected 1 catheter with polymicrobial colonization. The distribution of microorganisms is detailed in Table 1. We recorded 61 episodes (33.5%) of bloodstream infection, 33 of which (54.1%) were confirmed as C-RBSI. The validity values of MALDI-TOF-MS for the identification of colonization and C-RBSI are detailed in Figure 1. The mean (SD) time to identification of the microorganism was significantly lower using MALDI-TOF MS than using the roll-plate technique: 1.73 (1.16) vs. 3.60 (2.17) days ( $p < 0.001$ ), respectively.

## Discussion

A rapid diagnosis means better patient outcome and cost savings. To this end, it was recently demonstrated that MALDI-TOF improves the appropriateness of antibiotic treatment of bacteremia.<sup>7</sup> Moreover, alternatives such as molecular techniques have proven very useful, particularly in the diagnosis of C-RBSI.<sup>8,9</sup> A recent study by our group showed that 16S universal PCR was a good alternative diagnostic tool for ruling out port-related bloodstream infections.<sup>10</sup> In the present study, we aimed to evaluate the yield of MALDI-TOF MS performed on all intravascular catheters received in the microbiology laboratory. Our data showed that, despite its low sensitivity for the prediction of catheter colonization, MALDI-TOF MS had a 92.6% negative predictive value for C-RBSI. Moreover, it demonstrated to be faster than conventional culture, which means that target therapy would be early performed and the patient management will be improved. One of the main limitations of the study was long period used in the pre-analytical procedure. Hence, future researches are needed to improve this step. Besides, although there was a low number of *S. aureus* and yeasts, MALDI-TOF could only detect 40% and 62.5% of these microorganisms, respectively. Therefore, negative results of MALDI-TOF should be interpreted with caution in patients with *S. aureus* or *Candida* spp. bloodstream infections.

MALDI-TOF MS could be an alternative diagnostic tool for ruling out C-RBSI. However, although it was faster than conventional

	+ MALDI-TOF coincidence	+ MALDI-TOF discordance	- MALDI-TOF	Colonization
+ Roll-plate (58)	40	2	16	S=69.0% SP=84.7%
- Roll-plate (124)		19	105	PPV=65.6% NPV=96.8%
	61		121	<b>C-RBSI</b>
C-RBSI (33)	32	2	9	S=66.7% SP=75.2%
No C-RBSI (149)		37	112	PPV=36.1% NPV=92.6%
	61		121	

S, sensitivity; SP, specificity; PPV, positive predictive value; NPV, negative predictive value; MALDI-TOF MS, matrix-assisted laser desorption/ionization time-of-flight mass spectrometry; C-RBSI, catheter-related bloodstream infection.

**Figure 1.** Validity values of MALDI-TOF MS for the identification of colonization and C-RBSI.

#### Colonization

**S**, sensitivity; **SP**, specificity; **PPV**, positive predictive value; **NPV**, negative predictive value; **MALDI-TOF MS**, matrix-assisted laser desorption/ionization time-of-flight mass spectrometry; **C-RBSI**, catheter-related bloodstream infection.

culture, further research is needed to improve the pre-analytical process.

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