

tonics) *S. marcescens*. Para excluir la posibilidad de contaminación durante la obtención y/o procesamiento de la muestra, se confirmó la presencia de este microorganismo mediante el panel de sepsis FilmArray® BCID2. Esta técnica se realizó en la biopsia *in situ* previa homogeneización con perlas de vidrio esterilizadas y suero salino, sometidas a agitación vortex. La cepa resultó sensible a piperacilina/tazobactam, cefepime, carbapenems, aminoglucósidos y cotrimoxazol mediante el sistema de antibiograma BDPhoenix™ M50. Se instauró tratamiento antibiótico dirigido con meropenem intravenoso (2 g/8 h), pero la paciente falleció por complicaciones secundarias derivadas de sus enfermedades subyacentes.

Ante el presente caso cabe destacar, por una parte, el inusual hallazgo de *S. marcescens* como agente causal de EI⁴. El microorganismo que con mayor frecuencia se aísla en EI continúa siendo *Staphylococcus aureus*, aunque en pacientes de edad avanzada, las infecciones por enterobacterias son responsables del 7-33% de los casos¹, siendo el tracto genitourinario el foco más común (29%)³. En este caso, la primera bacteriemia de origen urinario (portadora de sonda vesical) fue el evento desencadenante. Por este motivo, es crucial considerar los aislamientos microbiológicos previos para un tratamiento antibiótico apropiado. No tener acceso al historial clínico de los centros hospitalarios donde estuvo ingresada la paciente, dificultaron la orientación diagnóstica.

Por otra parte, en cuanto al diagnóstico microbiológico, la frecuencia de toma de muestras osteoarticulares es muy diferente (19-100%) según la bibliografía, y se realiza principalmente cuando los hemocultivos son negativos¹. El rendimiento diagnóstico del cultivo convencional de las biopsias osteoarticulares se considera muy variable (43-78%), estando descrito que el rendimiento es superior en las biopsias abiertas (93%) en comparación a las biopsias percutáneas guiadas por imagen (48%)⁵. Sin embargo, el uso de técnicas de biología molecular, como en nuestra experiencia, con FilmArray® BCID2 «off-label» directamente sobre material de biopsia previo tratamiento de la muestra, puede aumentar la sensibilidad diagnóstica en EI.

Como conclusión final, recalamos la importancia del cultivo bacteriano prolongado en medios de enriquecimiento como caldo de tioglicolato o la inoculación de la muestra en frascos de hemo-

cultivo para aumentar el rendimiento de las biopsias diagnósticas. Asimismo, recomendamos el uso de nuevas técnicas moleculares como apoyo al diagnóstico convencional.

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Constitutional syndrome and miliary pattern in an HIV-positive patient



Síndrome constitucional y patrón miliar en un paciente HIV positivo

Lung infections in highly immunocompromised individuals, including patients living with HIV not undergoing antiretroviral treatment (ART), have a diverse aetiology and overlapping clinical characteristics.¹ This may hamper the diagnosis of coinfections.

We present a case of a 42-year-old Bolivian woman living with HIV, without antiretroviral therapy (ART), a 50 CD4+ cells/μL count, and a viral load of 6.6 log₁₀ copies/mL. She was admitted at the Emergency Room complaining of fever, diarrhoea, vomits, and a 10 kg loss of weight over the last 6 months after a 2 year-stage in her native country. Laboratory examinations showed hepatic alteration.

Thoracoabdominal CT scan revealed diffuse bilateral micronodular pattern suggestive of miliary tuberculosis, pulmonary cavities in the lower left lobe, and diffuse lymphadenopathies (Fig. 1A). Microbiological workup included conventional, fungal, and myco-

bacterial cultures from bronchoscopy specimens, *Mycobacterium tuberculosis* PCR, *Pneumocystis* spp. PCR, cryptococcal antigen test, serum β-D-glucan and detection of antibodies against dimorphic fungi and imported parasitic diseases. Serological, cryptococcal

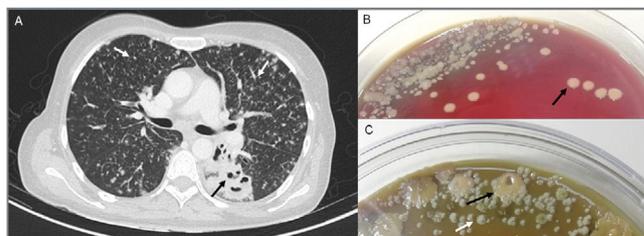


Fig. 1. Thoracoabdominal computed tomography scan showing diffuse bilateral micronodular pattern indicated by white arrows and pulmonary cavities in the upper segment of lower left lobe pointed by a black arrow (A). Conventional culture plates of bronchoscopy specimen after 4 days of incubation (B). Conventional culture plates of bronchoscopy specimen after 17 days of incubation (C). Black arrows point *Rhodococcus hoagii* colonies and white arrow points *Histoplasma capsulatum* colonies.

antigen and PCR tests were negative, whereas (1,3)- β -D-glucan was positive (28.50 pg/mL).

Empiric antitubercular therapy and anti-*Pneumocystis* prophylaxis were started but the patient progressively deteriorated suffering from asthenia, dyspnoea, night cough, and bilateral pleuritic pain.

After 4 days of incubation (5% blood agar, 5% CO₂, 37 °C), mucoid salmon-pink colonies identified as *Rhodococcus hoagii* (formerly *Rhodococcus equi*) by MALDI-TOF (bioMérieux),² were isolated in culture plates of respiratory specimens (Fig. 1B). Levofloxacin and imipenem were added while rifampicine was kept.

As the hepatic alteration remained unexplained, a liver biopsy was performed. Two weeks later, the Pathology Department reported an acute granulomatous hepatitis, with abundant small yeast-like structures within the granulomas. Concurrently, brownish white yeast-like colonies became visible in the bronchoscopy specimens extended culture (Fig. 1C) corresponding to thin hyaline hyphae, small microconidia, and spiked spheric macroconidia. *Histoplasma capsulatum* identification was confirmed by MALDI-TOF. *Histoplasma* spp. PCR from deparaffinised hepatic tissue was positive.

The final diagnosis was disseminated histoplasmosis and *R. hoagii* pulmonary coinfection. She was started on amphotericin B, switching to oral itraconazole 18 days later, while she was kept on antimicrobial treatment against *R. hoagii*. Over the following year, clinical and radiological improvement was observed. Antitubercular treatment was withdrawn as presence of *Mycobacteria* spp. was not confirmed; anti-*Pneumocystis* prophylaxis, however, was kept until a CD4+ count >200 cells/ μ L was reached and the viral load became undetectable.

Antitubercular therapy was promptly initiated as a 30% of AIDS without ART from Latin America and presenting miliary pattern have tuberculosis,³ a pattern similar to other granulomatous infections such as rhodococcosis, cryptococcosis, pneumocystosis and endemic fungal diseases.¹ Upper lobe cavities may also be found in *R. hoagii* and fungal pneumonia.¹ Multiple opportunistic infections have been described in 8% of Latin-American AIDS patients.⁴

In our country, patients living with HIV are rarely infected by intracellular pathogens like *R. hoagii* nowadays; besides, Histoplasmosis is infrequently seen in non-endemic countries, so physicians may not be familiar with their clinical presentation, increasing the risk of missing their diagnosis.⁵ Although *R. hoagii* explained the necrotizing pneumonia⁶ it did not fully explained the micronodular pattern and the clinical manifestation. A positive BD-glucan test, the risk of potential exposure in Bolivia along with a compatible chest imaging led us to search for endemic fungi.

H. capsulatum was reported by the laboratory 22 days after admission. In Europe, disseminated histoplasmosis, the most life-threatening form, is usually diagnosed in the setting of an advanced HIV infection.⁷

Microbiological confirmation in non-endemic regions is challenging. Combined detection of *Histoplasma* antigen in urine and serum, the most effective way to diagnose disseminated histoplasmosis, is not widely available out of endemic areas.⁸ Serology turns positive 4–8 weeks after infection⁹ but it may fail in immunocompromised patients, as was our case.⁸ The (1,3)- β -D-glucan serum antigen, although unspecific, is usually positive in disseminated forms.¹⁰ Cultures, remain the gold standard, but they lack quickness and sensitivity.⁸ Real-time PCR assays can reach a sensitivity around 90–95%. The *Histoplasma* PCR in respiratory specimens was negative in our patient; however, a positive result was obtained from liver biopsy. Extra-pulmonary specimens and combination of different tests may increase the diagnostic sensitivity.

Due to the wide range of opportunistic infections that may exist in AIDS, diagnostic tests should be used meticulously, as its yield

may be suboptimal, multiple active infections may co-exist, and they may present with overlapping or atypical signs and symptoms. Imported infections should be taken into account in patients coming from endemic areas.

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Ethical approval

The research was conducted ethically in accordance with the World Medical Association Declaration of Helsinki. The patient provided written informed consent for publication of this case report and all the accompanying images.

Conflict of interest

The authors have no conflicts of interest to declare.

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