



ORIGINAL ARTICLE

Evaluation of phagocytes in atopic dermatitis

W.C.N. Forte*, V.C. Guardian♦, P.A. Mantovani, P.C.L. Dionigi,
M.C.S. Menezes

Immunology Section of Santa Casa Medical School and Hospital, São Paulo, Brazil

Received 22 March 2009; accepted 5 June 2009

Available online 23 October 2009

KEYWORDS

Atopic dermatitis;
Phagocytic deficiency;
Polymorphonuclear
neutrophils;
Mononuclear
phagocytes

Abstract

Background: Patients with atopic dermatitis frequently present recurrent infections by pyogenic bacteria or by intracellular microorganisms, suggesting an immune disorder.

Objective: Laboratorial investigation of phagocyte activity and chemotactic response by neutrophilic polymorphonuclear and mononuclear phagocytes in the peripheral blood of patients with atopic dermatitis from moderate to severe.

Methods: Through a transversal study, patients with atopic dermatitis from moderate to severe were selected. The neutrophilic and mononuclear phagocytes were separated and the phagocytic ingestion of zymosan particles was analysed, in addition to migration distance to the bacterial lipopolysaccharide chemotactic factor, comparing the results to the values obtained from healthy individuals within the same age group.

Results: Nineteen patients were selected, 11 female and 8 male. The mean age was 6.47 years (± 4.65). Among the 19 patients studied, 14 (73.68%) presented a reduction in the neutrophilic and mononuclear phagocyte activity, with two (1.53%) patients presenting a reduction in the activity of both phagocytes.

Conclusion: Our results demonstrated a reduction in chemotactic response and phagocytic activity by neutrophilic and/or mononuclear phagocytes in the majority of patients with atopic dermatitis from moderate to severe. Our results were coherent with the clinical data concerning the higher incidence of infections by pyogenic bacteria and fungi in patients with atopic dermatitis, which are microorganisms that require defence by the phagocytes researched in the present study.

© 2009 SEICAP. Published by Elsevier España, S.L. All rights reserved.

Introduction

Individuals with atopic dermatitis frequently present recurrent infections from pyogenic bacteria or from intracellular microorganisms.

*Corresponding author.

E-mail address: wilmanevesforte@yahoo.com.br (W.C.N. Forte).

♦National Research Council (CNPq) fellowship.

The mononuclear and polymorphonuclear neutrophilic phagocytes participate in the innate defence, acting quickly against different agents.¹ These cells initially present chemotactic activity, migrating towards the chemotactic factors and then to the area where the immune response takes place. Following this, phagocytosis occurs, which consists in the ingestion and digestion of the pathogenic organisms, with subsequent elimination of their inactivated products.

Neutrophil impairment, in particular, reduces the defence against pyogenic bacteria such as *Staphylococcus aureus*, *Streptococcus pyogenes*, as well as *Serratia marcescens*, *Escherichia coli*, *Pseudomonas aeruginosa* and *Aspergillus*. When mononuclear phagocyte disorders are present, infections involving intracellular organisms are more frequently observed, such as those caused by *Mycobacterium tuberculosis*, *Candida* sp, *N. gypseum*, *T. tonsurans* and viruses in general.¹

Atopic dermatitis is part of an allergic diseases group, which are commonly observed by allergist.² The prevalence of the allergic processes has been increasing considerably in the past decade, principally in the western countries, which have referred to this as “pandemic allergy”.^{3,4}

Several studies have claimed that atopic dermatitis is the first manifestation of the atopic syndrome,³ also called the “Allergic Gait/March”, consisting of skin, digestive and respiratory airway manifestations. Almost all the cases of atopic dermatitis begin before the age of five, and are usually associated with a personal or a familiar history of atopy.^{2,5} Atopic dermatitis may evolve to food allergy, allergic rhinitis or bronchial asthma. Data suggest that the allergic triad of asthma, rhinitis and atopic dermatitis affects between 8 and 25% of the world population, being more predominant in urban zones.⁵ Atopic dermatitis interferes in one’s quality of life and it is estimated that approximately 10–20% of children and 1–3% of adults are affected,⁶ reasons as to why this entity is always more important.

Atopic dermatitis presents itself as a chronic inflammatory skin process, with pruriginous eruptions and the tendency for recurrences. The diagnosis is mainly clinical, based upon major and minor criteria,^{7,8} responsive in the monitoring of Brazilian atopic dermatitis.^{8,9} Among the major criteria are pruritus, morphology and lesion distribution, the chronic and recurrent nature of the disease and prior family or personal history of atopies. Among the minor criteria are xerosis, ichthyosis, pilar keratosis, accentuated palmar creases, perioral and periauricular fissures, constant exfoliation of the scalp, white dermatographism, sudoresis, precocity of the disease, and the stigmas of the allergic individual presenting the infra-orbital Dennie-Morgan folds and Hertoghe’s sign.^{7,8} The disease has a prolonged course, with periods of improvement and exacerbations; during the acute phase, exudation occurs, and in the chronic phase the skin becomes dry with eczematous and lichenoid lesions. In all age groups the lesions tend to be symmetric.⁷

The physiopathology of atopic dermatitis is directly linked to immune disorders, with the predominance of type I hypersensitivity. There is an increase of Th2 cells, which synthesise IL-4, 5, 6, 9, 10, 13, and 19. Interleukins 4 and 5 allows the change of class to IgE and IL-6, with the subsequent afflux of eosinophils. The patient presents

mastocytes with receptors having a high affinity for IgE (RFc ϵ I). In the chronic phase, Th1 cells seem to play an important role because studies have shown positive cutaneous tests with late readings, suggesting cellular hypersensitivity.¹⁰

The high frequency of infections in individuals with atopic dermatitis suggests immune disorders, possibly involving the alterations of neutrophilic and mononuclear phagocytes.^{11–13} However, these alterations have not been defined. Forte et al. observed a deficiency in the activity of mononuclear phagocytes in five patients with atopic dermatitis.² The recurrent infections by pyogenic bacteria or by intracellular organisms that occur in atopic dermatitis suggest that phagocytic activity disorders occur with greater frequency. Due to these findings, it is very useful to analyse the possibility of immune disorders in individuals with atopic dermatitis, since such comorbidities influence the disease evolution and require early diagnosis and specific treatment. In the literature, there are practically no studies about monocyte and neutrophilic activity in patients with atopic dermatitis.

The aim of this study is to evaluate phagocyte activity in laboratory conditions and of the chemotactic responses by neutrophilic and mononuclear phagocytes in the peripheral blood of patients with atopic dermatitis from moderate to severe.

Materials and methods

Nineteen patients with moderate to severe atopic dermatitis between the ages of 2 and 20 years old were selected from the study group, who undergo ambulatory follow-up in the Allergy Sector. The laboratory evaluation was performed by the Immunology Section of the institution. The results were compared to those of healthy individuals within the same age group, without atopic or other disorders (control group). This transversal study was approved by the Research Ethics Committee.

The clinical study was made based on a protocol which was filled out by using the data collected from the patients’ charts and their ambulatory follow-up. The variables of the protocol included the following: age at time of disease diagnosis; presence of other allergic diseases (asthma, rhinitis, food allergies); prior familiar history of atopy; type of atopy; site and severity of the disease at the time of the initial diagnosis (SCORAD); types of dermatoses were excluded based upon the clinical aspects, laboratory exams, and, when necessary, skin biopsies.

In order to assess phagocyte activity, neutrophils were separated through spontaneous sedimentation at a temperature of 37 °C, with the mononuclear cells separated by using the Ficoll-Hypaque gradient. To evaluate phagocyte ingestion, 2×10^6 cells/mL were counted and three assays performed in Leighton tubes. In the first tube, the phagocytes were incubated with 10^8 particles of zymosan (Zy) per mL; in the second, the same concentration of phagocytes and Zy were incubated with 200 μ L of homologous serum pool (HS); and in the third, phagocytes, Zy and 200 μ L of autologous serum (AS). After 2 h of incubation with CO₂ at 5% at a temperature of 37 °C, the number of

phagocytes presenting three or more phagocytic vacuoles was counted within a fixed number of 200 phagocytes.^{14–18}

For the assessment of chemotactic activity, analogous assays were used: control, incubated phagocytes with bacterial lipopolysaccharide (LPS) and HS and phagocytes, LPS and AS. The results were assessed according to the distance of cellular migration, measured in micrometers.^{14–18}

The data obtained during material collection were also placed in tables in a specific protocol using the Microsoft Excel software (2002) for individualised analysis. A descriptive analysis of these variables was performed with the qualitative analysis presented in terms of absolute frequencies (n) and relative frequencies (%). The statistical analysis used was “*t student*” and was considered significant for $p \leq 0.005$. In relation to the quantitative variables, the measures and the respective standard deviations were calculated, as well as the confidence intervals of 95% (IC 95%).

Results

Nineteen individuals with atopic dermatitis were studied, being 11 female and 8 male. The patients’ average age was of 6.47 years (± 4.56 years).

It was observed that the mean age at the time of diagnosis of atopic dermatitis was of 2.3 years (± 3 years). Among the 19 patients in the study, 84.21% presented a personal history of atopy, with asthma in 57.89% and allergic rhinitis in 63.16%. With regard to familiar history, 63.16% described atopy in the family.

The clinical aspects at the time of diagnosis evidenced that the main signs and symptoms presented were: cutaneous xerosis (84.21%), pruritus (78.95%), eczematous lesions (68.42%) and lichenoid lesions (26.32%). As to the site of the lesions, the main regions affected were on the flexor regions (47.37%), facial area (36.84%), scalp (15.79%), the extensor regions (10.53%), and on the hands (5.26%). At the moment of diagnosis 26.32% of the patients presented lesions throughout their bodies.

Table 1 shows the patients’ characteristics including SCORAD, the number and type of infections, duration of disease, total and specific IgE and/or prick test, blood cell count in particular number of white cell and neutrophils. It was shown that among the 19 patients studied we found that seven (36.8%) presented deficiency of mononuclear chemotaxis and phagocytes; three (15.7%) deficiency of mononuclear chemotaxis; one (5.26%) deficiency of neutrophils chemotaxis; one (5.26%) deficiency of both mononuclear and neutrophils chemotaxis and phagocytes; one (5.26%) deficiency of mononuclear chemotaxis and phagocytes and neutrophils chemotaxis; and one (5.26%) deficiency of mononuclear and neutrophils chemotaxis, whilst five (26.3%) did not present any deficiency.

Table 2 shows the results observed in relation to the chemotactic and phagocytic activity by mononuclear phagocytes, the confidence interval of 95% of the measures found, the control group values, and the indication of a statistically significant difference. The results observed in relation to the chemotactic and phagocytic activity by neutrophilic polymorphonuclear cells are

shown in Tables 3 and 4, separated according to age group—since distinct values were observed for the different age groups in this evaluation.

Discussion

The comparison of the values of chemotaxy by mononuclear phagocytes of the study group to the control group demonstrated a significant reduction in all age groups with atopic dermatitis. The chemotaxy by polymorphonuclear neutrophils was significantly reduced in atopic dermatitis patients in the age groups among 2–5, 5–9 age range and over 12 when compared to the control group. The first assay (control), performed in order to evaluate chemotactic activity, verified the spontaneous migration of the cells and was used for the analysis of cell viability. In every case, there was a reduction in the phagocytic activity. In the second (cells incubated with Zy and a pool of normal human serum), and in the third (cells, Zy, and serum from the respective patient). The fact that both assays presented a reduction in the chemotactic activity, in addition to parallel studies demonstrating the C3 complement component of normal serum, excludes the possibility that the reduction in chemotactic activity is a problem related to the serum, homologous or autologous.

It was demonstrated that there was a reduction in the phagocytic activity by mononuclear phagocytes in patients with atopic dermatitis in all age groups studied. In the case of neutrophils, the same deficiency was observed only in patients with atopic dermatitis over 12 years of age. The first assay (control) was used to verify cell viability. The reductions observed for the phagocytic activity in the second and third assays evidenced an intrinsic problem of the cells. The phagocytosis of zymosan particles used in our methodology evaluates the phase of the ingestion by neutrophils and mononuclear cells, since both cells present receptors that permit opsonisation. The incubation of phagocytes with serum allows the complement to be activated through the zymosan used, resulting in the activation of the C3b and C5b components, which bind to these particles, opsonising them and allowing the ingestion of the same by phagocytes with receptors for C3b and C5b, such as monocytes and neutrophils.

The techniques applied for chemotaxis analysis and the ingestion phase of phagocytosis in the present study had already been used in prior studies, demonstrating clinical correlations in different situations.^{2,6,14–18}

It was shown that among the patients studied those who presented the smallest number of infections were those who did not show phagocyte deficiency. Among them, one had several skin infections, probably because this patient has had a longer follow-up time, besides been a patient who lives in bad living conditions. The patients studied with atopic dermatitis who had deficiency of chemotaxis and/or phagocytosis activity presented recurrent bacterial and fungi infections, and one of them presented severe systemic infections.

It is known that a great number of patients with atopic dermatitis present recurrent infections by *Staphylococcus aureus*, *Streptococcus pyogenes* and fungi. It is known that the toxins produced by *Staphylococcus aureus* may act as

Table 1 Patients' characteristics: number and type of infections, duration of disease, total IgE, prick test, serum specific IgE, total white blood cells and neutrophils and immunological defect

Patient	SCORAD	Number and type of infections	Duration of disease	Total IgE	Prick test	Serum specific IgE	Total white blood cells/neutrophils (%)	Immunological defect
1	30	Pneumonia-10, chronic diarrhoea meningo tuberculosis-1, sepsis-1	9 years	303.7	Peanut		6400/50.5	Mononuclear chemotaxis and phagocytosis
2	43		1 year	< 18.4			10500/8.8	Normal
3	25	Fungal skin-1	2 years	258	Negative		8500/30	Normal
4	45	Pneumonia-6 Bacterial skin-2	3 years	4482	Der p, Der f, Tyr p Blo t	Egg white, egg yolk, casein, α lactoalbumin, lactoglobulin, soy	7940/20	Mononuclear chemotaxis
5	47		3 years	193.6			16900/60	Normal
6	42	Pneumonia-1 Fungal skin-1 Bacterial skin-6	4 years	4947		Cow's milk Soy	12300/41	Mononuclear chemotaxis
7	35	Bacterial skin-1	7 years	5221			8500/34.9	Mononuclear chemotaxis
8	30	Bacterial skin-6 Fungal skin-2	7 years	710		Fungi, Blo t animal epithelium	7400/39.4	Mononuclear chemotaxis and phagocytosis
9	40	Fungal skin-1 Bacterial skin-1	7 years	330	Der f Can d		9800/35	Mononuclear chemotaxis and phagocytosis
10	42	Fungal skin-3 Bacterial skin-6	6 years	789.6		Dust mite	17800/55	Mononuclear chemotaxis and phagocytosis
11	50	Bacterial skin-5 Fungal skin-3	5 years	41.070			5600/43.1	Mononuclear and neutrophil chemotaxis and phagocytosis
12	32	Bacterial skin-1 Fungal skin-1	5 years	5331	Der p, Der f, Blo t		8600/35.7	Mononuclear chemotaxis and phagocytosis and neutrophil chemotaxis
13	53	Fungal skin-4 Bacterial skin-13	14 years	1390	Der p, Der f, Eur m, Blo t		13800/58	Mononuclear chemotaxis and phagocytosis
14	45	Bacterial skin-26 Fungal skin-7	12 years	2372	Der p, Der f, Blo t, Tyr p		4800/53	Mononuclear and neutrophil chemotaxis
15	30		8 years	258	Negative		8500/30	Normal
16	52	Bacterial skin-13 Fungal skin-3	18 years	19,940	Der p, Der f, Tyr p		18500/90	Normal
17	50	Bacterial skin-4 Fungal skin-1	3 years	6940		Dust mite, fungi animal epithelium egg white, cow's milk, fish, wheat, peanut, soy	5300/70	Mononuclear chemotaxis and phagocytosis
18	45	Bacterial skin-1	6 years	10,200			12400/46.4	Mononuclear chemotaxis and phagocytosis
19	42	Bacterial skin-4 Fungal skin-3	1 year	400		Cow's milk	10400/60	Neutrophil chemotaxis

Table 2 Distribution of the values of the means and standard deviations of the patients with atopic dermatitis and of the healthy individuals in relation to the chemotaxy by mononuclear phagocytes (migration distance in μ) and phagocytosis by mononuclear phagocytes (percentage of mononuclear cells that presented three or more phagocytic vacuoles within a total of 200 mononuclear cells)

Mononuclear Phagocytes	Chemotaxy (μ)			Phagocytosis (%)		
	Patients with atopic dermatitis (n=19) Mean and SD	Patients with atopic dermatitis Confidence interval of 95%	Control group (n=60) Confidence interval of 95%	Patients with atopic dermatitis (n=19) Mean and SD	Patients with atopic dermatitis Confidence interval of 95%	Control group (n=60) Confidence interval of 95%
Control assay	31 \pm 9.84	26–36	29–47	25 \pm 0.07	25–25	20–32
HS assay	48 \pm 12.77*	42–54	60–74	56 \pm 0.11*	56–56	60–68
AS assay	49 \pm 12.47*	46–52	62–76	59 \pm 0.1*	59–59	62–72

HS=Homologous serum; AS=Autologous serum; SD=Standard deviation.

*Statistical analysis *t student* considered significant $p \leq 0.005$.

Table 3 Distribution of the mean values and standard deviations of the patients with atopic dermatitis and the healthy individuals in relation to the chemotaxy by neutrophils (migration distance in μ)

	Patients with atopic dermatitis (n=19) Mean and SD	Patients with atopic dermatitis Confidence interval of 95%	Control group (n=60) Confidence interval of 95%
Chemotaxy (μ) Up to 2 years of age			
Control assay	38 \pm 5.2	37–39	24–44
HS assay	70 \pm 8	66–74	61–75
AS assay	67 \pm 3	66–68	64–78
Chemotaxy (μ) 2–5 years			
Control assay	39 \pm 6.19	36–42	25–43
HS assay	66 \pm 6.8*	63–69	61–71
AS assay	60 \pm 6.18*	57–63	64–74
Chemotaxy (μ) 5–9 years			
Control assay	38 \pm 8.77	34–42	27–45
HS assay	61 \pm 15.59*	54–68	62–72
AS assay	66 \pm 11.62*	61–72	65–75
Chemotaxy (μ) 9–12 years			
Control assay	37 \pm 14.77	30–44	27–47
HS assay	65 \pm 9.81*	60–70	61–73
AS assay	67 \pm 12.64*	61–73	64–76

HS=Homologous serum; AS=Autologous serum; SD=Standard deviation.

*Statistical analysis *t student* considered significant $p \leq 0.005$.

superantigens in atopic dermatitis, which may promote the activation of T lymphocytes regardless of the association of the epitope with the HLA,⁵ resulting in exacerbated lymphocytic proliferation with consequent tissue damage. Little is known about the immune disorders in atopic dermatitis. However, it has been established that the skin of such patients is frequently colonised by *Streptococcus* and *Staphylococcus*, demonstrating that these bacteria are not removed by either aerial or liquid flow. If there is a disorder in the patient's immune system with

atopic dermatitis, especially one affecting neutrophilic and mononuclear phagocytes, the patients may develop an infectious site from these pathogens with greater facility.

Our results, which demonstrated a reduction in the activity of mononuclear and neutrophilic phagocytes, are coherent with the hypotheses presented in the literature, in which patients with atopic dermatitis present these immune disorders.^{19–21} Our results are in accordance with the recurrent infectious processes presented by these patients,

Table 4 Distribution of the mean values and standard deviations of the patients with atopic dermatitis and healthy individuals in relation to phagocytosis by neutrophils (percentage of neutrophils that presented three or more phagocytic vacuoles within a total of 200 neutrophilic cells)

	Patients with atopic dermatitis (n=19) Mean and SD	Patients with atopic dermatitis Confidence interval of 95%	Control group (n=60) Confidence interval of 95%
Chemotaxy (μ) up to 2 years of age			
Control assay	24 \pm 0.04	24–24	16–32
HS assay	65 \pm 0.04	65–65	61–71
AS assay	67 \pm 0.02	67–67	65–75
Phagocytosis (%) 2–5 years			
Control assay	25 \pm 0.11	25–25	20–36
HS assay	67 \pm 0.02	67–67	61–71
AS assay	65 \pm 0.05	65–65	66–74
Phagocytosis (%) 5–9 years			
Control assay	27 \pm 0.13	27–27	20–32
HS assay	64 \pm 0.07	64–64	61–69
AS assay	67 \pm 0.04	67–67	65–73
Phagocytosis (%) 9–12 years			
Control assay	21 \pm 0.02	21–21	20–36
HS assay	73 \pm 0.07	73–73	60–70
AS assay	76 \pm 0.04	76–76	63–73
Phagocytosis (%) Adults			
Control assay	29 \pm 0.05	29–29	20–32
HS assay	60 \pm 0*	–	62–70
AS assay	66 \pm 0.01*	–	64–74

HS=Homologous serum; AS=Autologous serum; SD=Standard deviation.

*Statistical analysis *t student* considered significant $p \leq 0.005$.

such as pyogenic bacteria and fungi, microorganisms that require defence by the phagocytes studied.

We conclude that there is a reduction in chemotactic response and the phagocytic activity by neutrophilic and/or mononuclear phagocytes in the majority of patients studied with atopic dermatitis from moderate to severe.

We believe that investigation regarding immune disorders in patients with atopic dermatitis is very important since it may contribute to an adequate treatment of this disease and improve these patients' quality of life.

References

- Goldman L, Ausiello D. Eczemas, Fotodermatoses, Doenças Pápulo-descamativas e eritemas figurados. In: Cecil-Tratado de Medicina Interna, 23^a ed. Elsevier, Rio de Janeiro; 2005. p. 2875.
- Forte WCN, Menezes MCS, Oliveira SMCG, Bruno S. Atopic dermatitis with mononuclear phagocytic activity deficiency. *Allergol et Immunopathol.* 2002;30:263–6.
- Rogge JL, Hanifin JM. Immunodeficiencies in severe atopic dermatitis. Depressed chemotaxis and lymphocyte transformation. *Arch Dermatol.* 1976;112:1391–4.
- Forte WCN, Carvalho JFF. Imunodeficiências secundárias às alterações nutricionais. In: Grumach AS-Alergia e imunologia na infância e adolescência, 1^a ed. Atheneu: São Paulo; 2001. p. 571–7.
- Forte WCN. Atopias. In: Forte WCN-Imunologia básica e aplicada, 2^a ed. Porto Alegre, Artmed; 2007. p. 208–12.
- Forte WCN, Nagoya AM, Carvalho JFF, Bruno S. Repeated furunculosis in adult male with abnormal neutrophil activity. *Allergol et Immunopathol.* 2000;28:328–31.
- Hanifin IM, Rajka G. Diagnostic features of atopic dermatitis. *Acta Derm Venereol.* 1980;92:44–7.
- European Task Force on Atopic Dermatitis. Severity scoring of Atopic dermatitis: the SCORAD index. *Dermatology.* 1993;186: 23–31.
- Rullo VEV, Segato A, Kirsh D, Solé D. Severity scoring of atopic dermatitis: a comparison of two scoring systems. *Allergol et Immunopathol.* 2008;36:205–11.
- Motta AA, Kalil J, Barros MT. Sensibilização a ácaros ambientais em pacientes com dermatite atópica. *Rev Bras Alerg Immunopat.* 2004;27:208–16.
- Forte WCN, Sumita JM, Rodrigues AG, Liuson DE, Tanaka E. Rebound phenomenon to systemic corticosteroid in atopic dermatitis. *Allergol et Immunopathol.* 2005;33:307–311.
- Weston WL, Huff JC. Atopic dermatitis. In: Middleton Jr E, editor. *Allergy Principles & Practice*, 5th ed. Mosby: Saint Louis; 1998. p. 1123–34.
- Eichenfield LF, Hanifin JM, Beck LA, Lemanske Jr RF, Sampson HA, Weiss ST, et al. Atopic dermatitis and asthma: parallels in the evolution of treatment. *Pediatrics.* 2003;111:608–16.

14. Forte WCN, Gonzales CCL, Carignani S, Mimica I. Avaliação de neutrófilos na desnutrição moderada. *Rev Assoc Méd Bras.* 1999;45:147–51.
15. Forte WCN, Mário AC, Costa AA, Henriques LS, Gonzales C, Franken RA. Immunological evaluation in infective endocarditis. *Arq Bras Cardiol.* 2001;76:48–52.
16. Forte WCN, Almeida A, Leão RC. Resposta fagocitária e atividade quimiotática em crianças eutróficas. *Rev Hosp Clin Fac Med Univ São Paulo.* 1990;45:256–9.
17. Leão RC, Forte WCN, Campos JVM. Non-specific Immunological Response in Moderate Malnutrition. *Allergol et Immunopathol.* 1984;12:489–96.
18. Segal AB, Bruno S, Forte WCN. Immune function in acute stress. *Allergol et Immunopathol.* 2006;34:136–40.
19. Lee HJ, Lee HP, Há SJ, Byun DG, Kim MJW. Spontaneous expression of mRNA for IL-10, GM-CSF, TGF-beta, TGF-alpha, and IL-6 in peripheral blood mononuclear cells from atopic dermatitis. *Ann Allergy Asthma Immunol.* 2000;84:553–8.
20. Fabrizi G, De Simone C, Guerreiro C, Fresu R, Sole P. Blood phagocyte chemiluminescence in children with atopic dermatitis. *European J Derm.* 1995;5:508–11.
21. Ternowitz T, Herlin T. Defective monocyte and polymorphonuclear leukocyte chemotaxis and clinical characteristics in atopic dermatitis. *Archives Dermatol Res.* 1986;278:454–9.