

# Nucleation and growth of brushite crystals on the graphene sheets applicable in bone cement



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## ABSTRACT

Since recent research indicates that the addition of graphene increases the mechanical and biological properties of calcium phosphates simultaneously, graphene oxide (GO) was used in this research to enhance the properties of brushite cement. The main objective of this study is to investigate the mechanism of nucleation and growth of brushite crystals on GO sheets. Calcium nitrate tetrahydrate and diammonium hydrogenphosphate were used as calcium and phosphate precursors. The brushite chemical precipitation method on graphene sheets was used in this study and computer-assisted modeling was used to understand the process. The results of this study showed that the hybrid powders contained brushite and GO. Brushite crystals were grown after nucleation in proportion to the three main planes containing (020), (12 $\bar{1}$ ), and (141). The final particles were plate shaped. The results of setting time tests showed that increasing the GO% decreases the setting time and this trend continues with an increasing amount of GO. The results of the mechanical evaluation showed that increasing the GO by up to 2% increased the mechanical properties and more than that decreased the mechanical properties.

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## Nucleación y crecimiento de cristales de brushita sobre láminas de grafeno para su aplicación como cementos óseos

## RESUMEN

Estudios recientes muestran una mejora de las propiedades mecánicas y biológicas de los fosfatos de calcio con la adición de grafeno. En este trabajo, el óxido de grafeno (GO) se propone para mejorar las propiedades de cementos de composición brushita. El

### Palabras clave:

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Tiempo de endurecimiento  
Modelado  
Cemento para defectos óseos

principal objetivo es estudiar el mecanismo de nucleación de cristales de brushita sobre láminas de grafeno. Como precursores de calcio y fosfato se han usado nitrato cálcico tetrahidratado e hidrogenofosfato amónico. Para comprender el proceso se ha usado el método de precipitación química de la brushita sobre láminas de grafeno, y la modelización asistida por ordenador. Los resultados mostraron que el producto de síntesis consistía en un polvo híbrido que contenía brushita y GO. Los cristales de brushita crecieron, tras su nucleación, a lo largo de los planos principales (020), (12 $\bar{1}$ ) y (141). Las partículas resultantes tienen morfología de plaquetas. Las medidas de los tiempos de endurecimiento mostraron que el aumento en GO disminuye el tiempo de endurecimiento. En cuanto al estudio de las propiedades mecánicas reveló que el incremento en GO, hasta del 2%, mejora las propiedades mecánicas para disminuir una vez se excede dicha cantidad.

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## Introduction

Millions of patients are hospitalized every year because of bone defects caused by skeletal diseases, congenital anomalies, traumatic events, and malignancies. For the past two centuries, bone marrow transplants have been performed on patients using their own (autograft) or another (allograft) organ. However, problems such as poisoning of donor sites, access restrictions, and increased procedural costs have led to increased research on replacement biomaterials [1–3]. Of all the materials that were nominated for the study, the calcium phosphate family attracted most of the researchers' attention. The reason for this was the unique properties of these materials, which include non-immunogenicity, osteoconductivity, biocompatibility, non-toxicity, and bioactivity [4–6]. Calcium phosphate family such as hydroxyapatite, tetra calcium phosphate,  $\alpha$ -tricalcium phosphate ( $\alpha$ -TCP),  $\beta$ -tricalcium phosphate ( $\beta$ -TCP), dicalcium phosphate dehydrate, decalcium phosphate anhydrous, octa calcium phosphate, and so on, have been used in a variety of applications such as bone cement, coating, and orthopedics [7,8]. These materials are injectable and harden by combining crystals with needle and plate forms in situ [9,10].

One important point is that the amount of calcium phosphate in the resin phase (such as di- or triethylene glycol dimethacrylate as a matrix in resin-based composite) should be low to avoid stress concentration, as well as not to alter alkaline conditions ( $\text{pH} > 7$ ) [11,12]. Recent researches have shown that the biodegradability of dicalcium phosphate dehydrate (DCPD, brushite) in the body is higher than that of hydroxyapatite, and due to its potential to become dicalcium phosphate anhydrous (DCPA, monetite), it exhibits remarkable osteoconductive and osteoinductive properties [13]. Brushite also has other properties that are superior to those of other calcium phosphate members for bone cement applications, which include rapid replacement of bone tissue, better refractive index, and less expensive. But like other calcium phosphates it has poor mechanical properties and needs to be improved for use in regenerative medicine through reinforcement additives [14–16].

Many studies have been done in the past few years on carbon nanomaterials especially graphene and GO. This material has received much attention in orthopedic

applications because of their good biocompatibility properties [17–19]. These materials have excellent mechanical properties and their two-dimensional structure has made them highly reinforcing [20]. Particularly, GO is very suitable for the synthesis of hybrid materials by chemical methods such as hydrothermal process and precipitation method due to the presence of surface agents. Also, GO is hydrophilic and is well dispersed in most solvents such as N-methylpyrrolidinone (NMP), tetrahydrofuran (THF), dimethylformamide (DMF), and deionized water. GO can recover most of the properties of graphene sheets through its heat, light, or chemical reduction [21–24]. Chemical precipitation of calcium phosphates on GO is accomplished by stirring GO into the solvent to homogenize the solution. Then the solution containing calcium ions (calcium carbonate/hydroxide/calcium nitrate) is added and stirred again to bind to the GO surface agents by Van der Waals forces. Finally, the solution containing phosphate ions (hydrogen phosphate diammonium/phosphoric acid) is added to the previous set and adjusted its pH to control the product morphology and type [25–29].

Since recent research indicates that the addition of graphene sheets increases the mechanical and biological properties of calcium phosphates simultaneously [30–33], GO was used in this research to enhance the properties of brushite. The main objective of this study is to investigate the mechanism of nucleation and growth of brushite crystals on GO sheets. For this purpose, computer aided drawn models, according to existing standards, have been assisted for structural study. In this study, the type of precursors, their ratios, and control factors were determined according to previous studies [34,35]. To investigate the use of these powders in bone cement, a combination of powders synthesized with different GO% with  $\beta$ -TCP purchased was prepared as a composite and their compression strength and setting time were evaluated.

## Experimental

The chemicals used in this study include calcium nitrate tetrahydrate (Merck, >99%,  $\text{Ca}(\text{NO}_3)_2 \cdot 4\text{H}_2\text{O}$ ), diammonium hydrogenphosphate (Merck, >99%,  $(\text{NH}_4)_2\text{HPO}_4$ ), diethylene glycol (DEG, Sigma Aldrich, 99%,  $(\text{HOCH}_2\text{CH}_2)_2\text{O}$ ), ammonium solution (Merck, 25%,  $\text{NH}_4\text{OH}$ ), and anhydrous ethanol (Sigma

**Table 1 – Characterization methods.**

Characterization method	Device specifications
X-ray diffraction (XRD)	X' Pert Pro, Panalytical Co., Cu K $\alpha$ radiation, $\lambda = 1.5406 \text{ \AA}$ , 40 kV, 40 mA, $2\theta$ scanning range from $10^\circ$ up to $60^\circ$ in steps of $0.02^\circ$
Fourier transform infrared spectroscopy (FTIR)	VERTEX 70, Bruker Corp., resolution of $4 \text{ cm}^{-1}$ , scan number of 8, 200 MPa pressures, and room conditions ( $25^\circ\text{C}$ , 60% relative humidity), spectral region from $400$ to $4000 \text{ cm}^{-1}$ using $2 \text{ cm}^{-1}$ steps
Micro-Raman spectroscopy	Renishaw inVia spectrometer, wavelength of $532 \text{ nm}$ , green laser line (argon ion laser) in a backscattering configuration, range of $300\text{--}3500 \text{ cm}^{-1}$ , recording 5 times for 10 s of each accumulation
Field Emission Scanning Electron Microscope (FESEM)	Hitachi S4700 equipped with energy dispersive X-ray spectroscopy, the samples mounted in an adhesive carbon film, Au coated by sputtering
Inductively Coupled Plasma (ICP)	DV7300, Optima Co
Transmittance Electron Microscopy (TEM)	CM120, Philips
X-ray Photoelectron Spectroscopy (XPS)	XPS, Thermo ESCALAB 250XI

Aldrich, >99%,  $\text{CH}_3\text{CH}_2\text{OH}$ ),  $\beta$ -TCP powders (Puriss. P.a, >98%,  $\text{Ca}_3\text{O}_8\text{P}_2$ ), disodium dihydrogen pyrophosphate (SPP, Sigma Aldrich). GO was prepared by oxidation and exfoliation of graphite via the modified Hummer's method [36].

### Preparation of samples

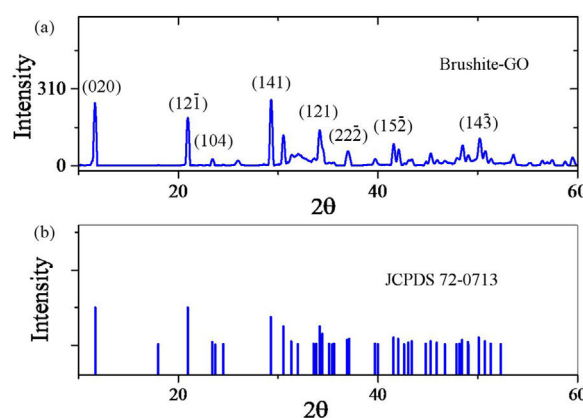
Stoichiometric amount of calcium nitrate tetrahydrate and diammonium hydrogenphosphate were dissolved in anhydrous ethanol and deionized water, respectively. First, the solution containing calcium ions was added dropwise to a 20 mL suspension of GO in DEG (The ratio of chemicals used was calculated to finally obtain four types of powders with 0%, 1.82%, 3.64%, and 5.45% GO, by weight), which was stirring, and continued for an hour. Then, the solution containing phosphate ions was added dropwise to the previous set and finally the pH of the solutions was adjusted with ammonium solution. The precipitate was centrifuged, washed with deionized water and anhydrous ethanol several times, and then dried in a vacuum oven at  $80^\circ\text{C}$  for 12 h. To examine the powders characteristics and their application, the powders with the highest amount of GO (5.45%) were first evaluated as a representative of all powders. Then, to investigate the effect of this type of powders on bone cement applications, all four types of powders were mixed with  $\beta$ -TCP with a ratio of 45:55 (by weight), so that the resulting bone cement composite would contain 0%, 1%, 2%, and 3% GO.

### Characterization

The characterization methods used in this study with the specifications are listed in Table 1 [37]. ImageJ 1.52d and Diamond 3.2 softwares were used in this study.

### Setting time and compression testing

Bone cement was first prepared for time setting test and compression testing. The method of samples preparation and chemical additives required was performed in accordance with the previously published method and the standards listed therein [38]. For this purpose, the powders synthesized in this study were mixed with  $\beta$ -TCP powders at a ratio of 55:45.



**Fig. 1 – (a) XRD analysis of brushite-GO powders (5.45% GO), (b) JCPDS 72-0713 standard.**

The ratio of GO in the initial precipitation section was taken into account in the final samples with 0, 1, 2, and 3% GO. The cement pastes were placed in a Teflon mold (diameter of 6 mm, height of 12 mm) and set in a 100% relative humidity box at  $37^\circ\text{C}$ . Setting times were measured by employing the Vicat needle (ASTM C187-98). After setting for 24 h at  $37^\circ\text{C}$  and drying at  $70^\circ\text{C}$  overnight, the compressive strength of composites was measured under loading rate of  $1 \text{ mm/min}$  (with a universal testing machine, STM 20).

## Results and discussion

To characterize the powders, brushite-5.45%GO powder was used and brushite-GO was used to simplify the discussion. Therefore, in all analyzes, brushite-GO means brushite-5.45%GO. Fig. 1 shows the XRD pattern of the synthesized powders and the standard for pure brushite (JCPDS 72-0713). These two patterns are very similar; therefore, it can be argued that the synthesized calcium phosphate is brushite having a monoclinic structure. The pattern of the synthesized powders containing GO, shows only brushite phase [39–41]. The GO peaks in this spectrum are probably overlapped with the brushite peaks and therefore more analysis (Raman

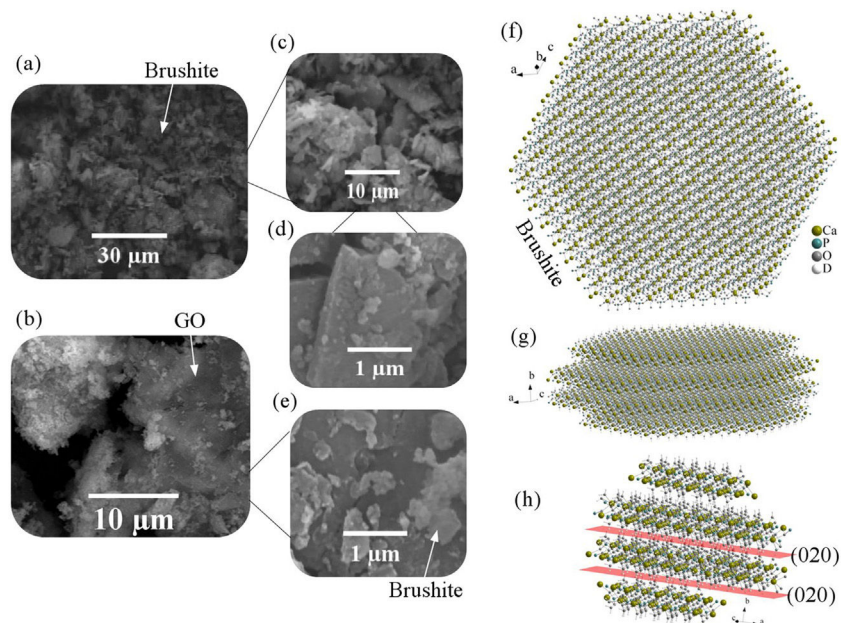


Fig. 2 - (a-e) FESEM images of brushite-GO powders (5.45% GO), (f-h) Computer assisted models in two directions.

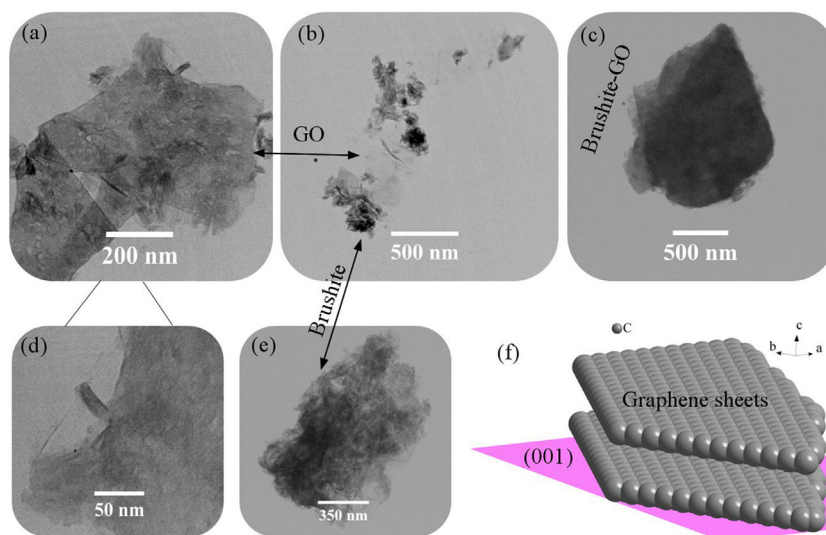


Fig. 3 - (a-e) TEM images of brushite-GO powders (5.45% GO), (f) (001) plane of GO.

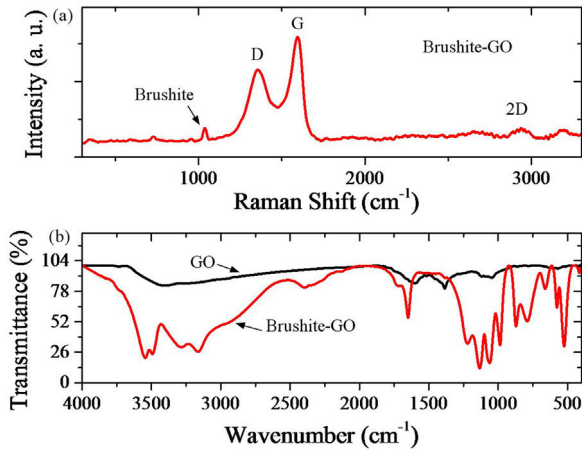
spectroscopy, TEM) is needed to prove the existence of GO sheets. As the crystals grow, some of these planes are preferable to the others and show a higher intensity in the XRD pattern [42-44].

Schematic 1 shows the preferred crystal growth planes. When the crystal starts to grow, crystal growth takes place in all three main directions. But in the following, the combination of growth directions continues and by blocking in some ways, eventually the particles form flat polygons. The rate of growth varies in different directions, so over time, the particles morphology goes out of symmetry. Also, in the interfaces between graphene sheets and brushite particles, the particles growth stops. The specification applied to the modeling is according to the d-spacing of the planes obtained from XRD analysis. The distance between these planes and the distance between the

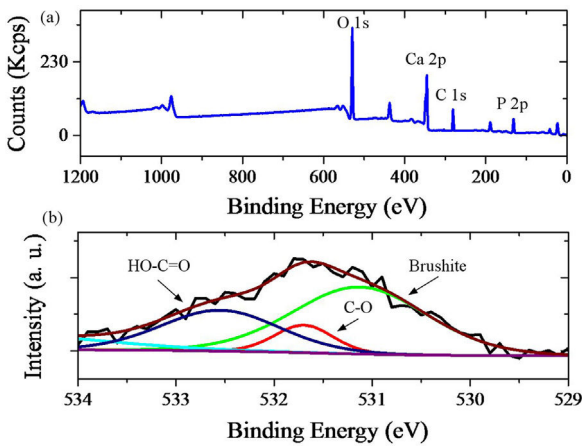
carbon atoms in the GO structure plays a crucial role in the interface of the two phases, and the orientation of brushite particles and GO sheets relative to each other.

Fig. 2 shows the FESEM images of brushite-GO powders and computer assisted models in two directions. The particles shape is like polygon plates and asymmetric. The plates dimensions are in micrometers. If the powders' images (Fig. 2a-e) are compared to those of the drawn models (Fig. 2f-h), the (020) planes are tangent to the plate surface and that means there has been growth restriction in this direction (the authors' hypothesis). Spherical particles are probably due to GO sheets that are folded up [45].

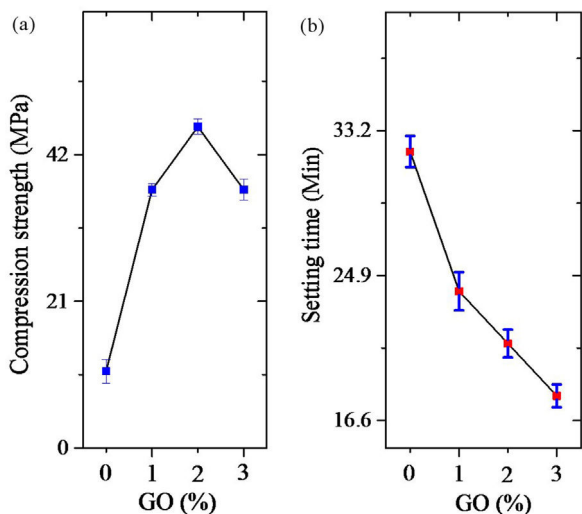
Fig. 3 shows the TEM images of brushite-GO powders and the schematic image of GO (001) plane. Fig. 3a-d shows the presence of GO sheets, which are composed of brushite



**Fig. 4 – (a) Raman spectrum of brushite-GO powders (5.45% GO), (b) FTIR analysis of GO and brushite-GO powders (5.45% GO).**



**Fig. 5 – (a) XPS analysis of brushite-GO powders (5.45% GO), (b) high resolution fitted curves.**



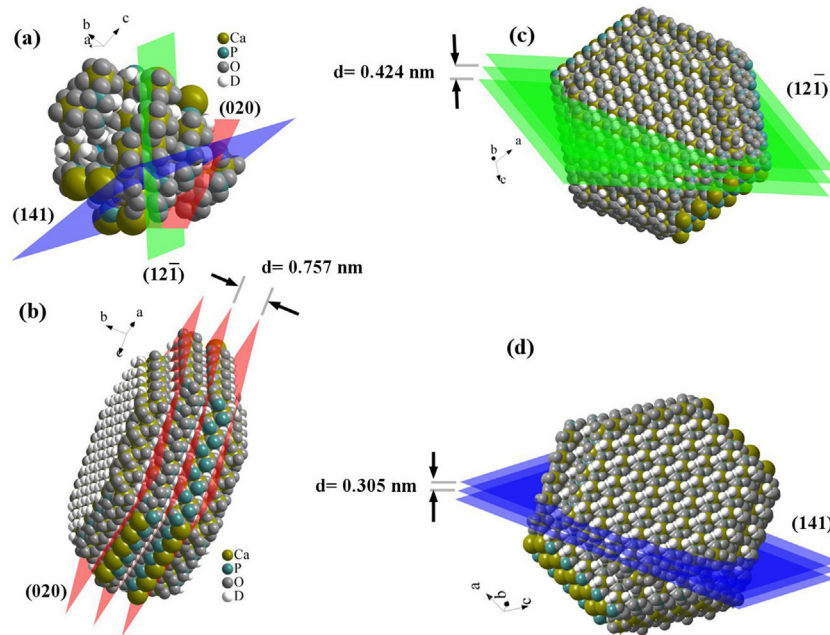
**Fig. 6 – (a) Compression strength of cement samples, (b) setting time of cement samples.**

particles on its surface and at its edges. Fig. 3e shows the brushite constituent particles that are convex in shape and dense. Fig. 3f shows that the GO (001) planes and edges are suitable sites for brushite growth. The agents present on the GO surface and its edges attach to the brushite particles by Van der Waals bond (the authors' hypothesis).

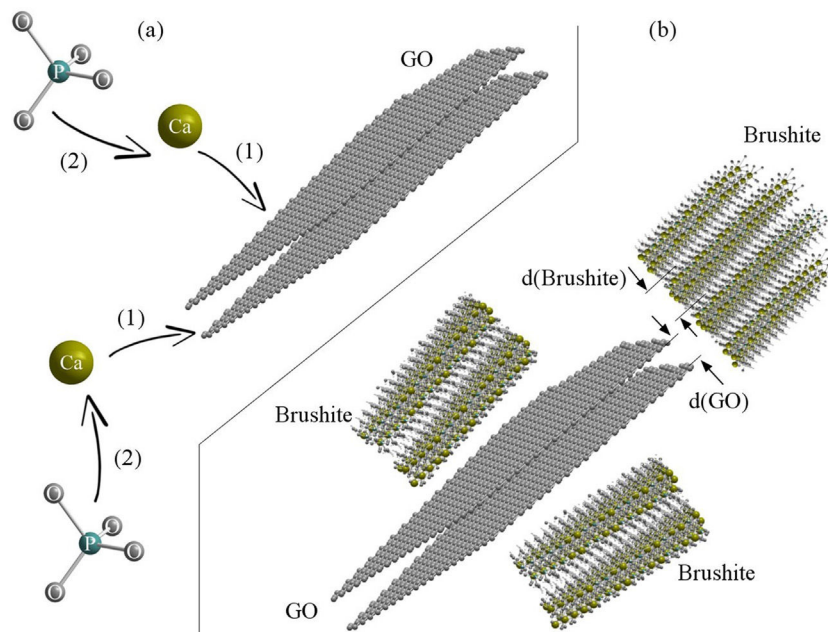
Fig. 4 shows the Raman spectrum of brushite-GO powders, and FTIR analysis of GO and brushite-GO powders. Regarding the Raman spectroscopy result (Fig. 4a), the main bonds in the spectrum are the phosphate bonds. Brushite Raman vibrations are associated with different modes of internal tetragonal states. The peak located at  $1060\text{ cm}^{-1}$  is corresponding to a totally symmetric stretching mode of the tetrahedral  $\text{PO}_4^{3-}$  group (P–O bond) and the peak located at  $750\text{ cm}^{-1}$  is related to a doubly degenerate bending mode of the phosphate group (P–O–P bond). All three shifts obtained in D (located at  $1350\text{ cm}^{-1}$ , related to the carbon atoms A1g symmetric oscillations of with the  $\text{sp}^3$  hybrid in GO), G (located at  $1600\text{ cm}^{-1}$ , related to the shaking of the carbon atoms phonon's E2g with the  $\text{sp}^2$  hybrid in GO), and 2D (located at  $2700\text{ cm}^{-1}$ , 2D peak is related to the number of layers of GO) are related to carbon compounds such as GO. These peaks along with previous microscopic images are the best evidence of the presence of GO compounds in the synthesized powders. Regarding the FTIR result (Fig. 4b), the wide peaks between  $2500\text{ cm}^{-1}$  and  $3500\text{ cm}^{-1}$  are related to the O–H band stretching vibrations. The peak located at  $1650\text{ cm}^{-1}$  is due to H–O–H bending and the peaks located at  $1065\text{ cm}^{-1}$ ,  $1130\text{ cm}^{-1}$  and  $1215\text{ cm}^{-1}$  are related to O=P bands stretching vibrations. The peaks located at  $980\text{ cm}^{-1}$ ,  $870\text{ cm}^{-1}$  and  $790\text{ cm}^{-1}$  are related to the P–O–P asymmetric stretching vibrations. The peaks located in  $525\text{ cm}^{-1}$  and  $580\text{ cm}^{-1}$  are due to (H–O–) bonds. Due to the presence of graphene oxide, the peaks associated with GO and the peaks associated with the brushite are likely to be overlapping. Some GO peaks in brushite-GO powders have been moved slightly upwards due to a small amount of reduction in GO [42–44].

Fig. 5 shows the XPS analysis of brushite-GO powders, and high resolution fitted curves. GO spectrum should contain carbon (284–289 eV) and oxygen. Ca 2p and P 2p peaks are characteristics of brushite and can confirm the synthesis of this phase (Fig. 5a). The high resolution XPS spectrum of O 1s of the brushite-GO powders is shown in Fig. 5b, in which the peak centered at 531 eV is attributed to the oxygen in brushite and OH groups, whereas those at 533 and 532 eV correspond to the oxygen in C–O and H–C=O groups (GO). The XPS results further reveal the presence of brushite and GO, which agree with the Raman spectroscopy results [46,47].

Schematic 2 shows the brushite nucleation mechanism and brushite-GO interfaces after growth (the authors' hypothesis). According to this model, calcium ions are first attracted by Van der Waals forces to the GO surface agents and edges. Subsequently, phosphate ions bond with calcium ions and early nuclei are formed (Schematic 2a). The spacing between the (001) planes in GO is about 0.8 nm, which corresponds to the d-spacing of (020) planes in the brushite (0.76 nm). Therefore, the relationship between the two phases at the edge of the sheets and at the surface will be as Schematic 2b. The amount of GO does not have much effect on the growth of brushite crystals, because growth happens on both sides and



Schematic 1 – (a) Brushite crystal nucleation, (b) growth by (020) planes, (c) growth by (12 $\bar{1}$ ) planes, (d) growth by (141) planes.



Schematic 2 – (a) Nucleation mechanism, (b) brushite-GO interfaces after growth.

when one side is limited, it continues on the other side. Also, planes bounded by GO contribute less to the growth of crystals [42-44].

Fig. 6 shows the results of compression testing, and setting time of cements. As is evident (Fig. 6a), by increasing the amount of GO to 2%, the compressive strength of the cement increases but decreases thereafter. Increasing the amount of GO is likely to cause the cavities between the folded GO sheets to become larger than necessary and reduce the strength. But as the amount of GO increases, the setting time decreases

continuously. These findings show that the optimum amount of GO is 2% by weight.

Based on the results of studies on bone cements and calcium phosphates, the findings of this research have the potential to be used in a wide range of applications. The use of these powders made the setting time obtained competitive with other works. Due to the simplicity of the synthesis of these powders, and the significant effect of graphene sheets on increasing the mechanical behavior of bone cements, these

types of powders can create a new paradigm in the treatment of bone diseases [48–50].

## Conclusions

The results of this study showed that the synthesized powders contained brushite and GO. Brushite crystals were grown after nucleation in proportion to the three main planes containing (020), (121), and (141) independent of %GO. The final particles were plate shaped. The results of setting time tests showed that increasing the GO decreased the setting time and this trend continued with increasing amount of GO. The results of the mechanical evaluation showed that increasing the GO by up to 2% increased the mechanical properties and more than that decreased the mechanical properties in bone cement application.

## Conflict of interests

The Authors declare that there is no conflict of interest.

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