

immunosuppressants, should be individualized and guided by the severity of the cholestasis findings.

Materials and Methods: 66-year-old female. She presented in 2018 with the detection of hepatic steatosis, a weight loss of 32 kg in 2 years. Asthenia, adynamia, pruritus and scleral jaundice progressing to generalized. In laboratories: BT 11.37 (BI 8.5), AST 187, ALT 148, GGT 1761, FA 1819, ANAs positive anti centromere 1:40 and Hep-2 cells 1:640, cholangioresonance without data of CEP. Treatment with ursodeoxycholic acid was started, with no response, and a liver biopsy was performed compatible with HAI+CAI, Fig. 1 and 2. We started therapy with prednisone and azathioprine.

Conclusions: Recognizing that AIH and IAC are diseases with high morbidity that progress to chronic liver damage with fibrosis and cirrhosis, their early identification would help in the establishment of timely and effective treatment.

Funding: The resources used in this study were from the hospital without any additional financing

Declaration of interest: The authors declare no potential conflicts of interest.

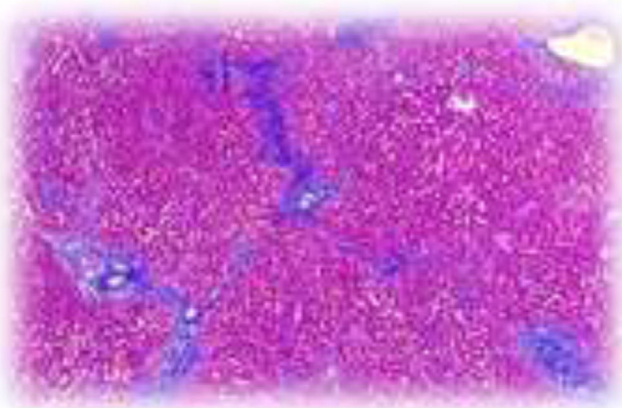


Fig. 1: Masson's trichrome stain: fibrous portal expansion with the formation of incomplete portal-portal bridges.

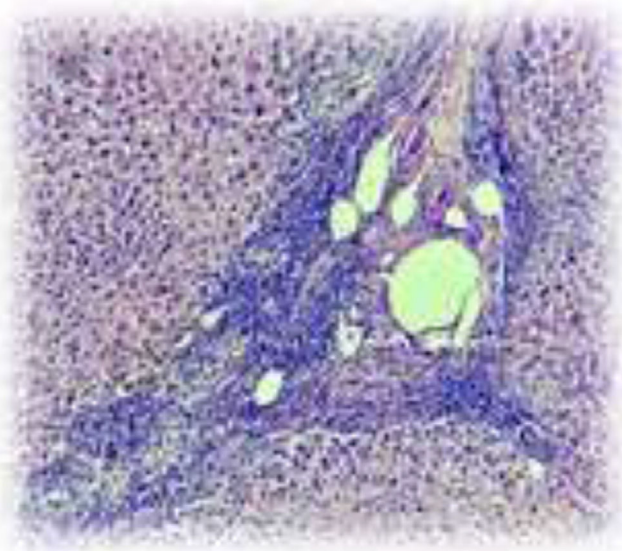


Fig. 2: No bile duct, granulomatous inflammation with inflammatory infiltrate predominantly lymphocytes, plasma cells and epithelioid macrophages that exceed the limiting plaque. Intracellular cholestasis.

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Accuracy of NVP score as a predictor of gastroesophageal varices in primary biliary cholangitis

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Introduction and Objective: The presence of gastro-oesophageal varices (GOV) in patients with primary biliary cholangitis (PBC) denotes a poor prognosis and may precede jaundice and cirrhosis. The appropriate time to begin screening with oesophago-gastro-duodenoscopy (OGD) is controversial. Recently, non-invasive tools such as GOV predictors in CBP, such as New Castle Varices PBC Score (NVP Score), are cost-effective. This study aimed to determine the accuracy of NVP Score as a predictive tool for GOV in PBC patients.

Materials and Methods: A Cross-sectional, retrospective, observational study of 47 PBV patients who underwent OGD as screening. NVP score was calculated and its accuracy, p-value and AUC were determined.

Results: 47 patients were included; 43 (91.4%) were female, with a median age of 59 years. Initially, 70% of PBC patients had GOV. NVP Score was calculated, with a cut-off of 0.3, establishing sensitivity of 100%, specificity of 50%, PPV of 82.5% and NPV of 100%, $p=0.05$.

Discussion: GOV prevalence in our population study is high (70%) even in early disease stages due to the presinusoidal component of portal hypertension and other factors. This evidence shows the importance of early GOV diagnosis in PBC patients, using non-invasive tools as a cost-effective strategy.

Conclusions: NVP score is a useful non-invasive tool that accurately predicts the presence of GOV in PBC patients.

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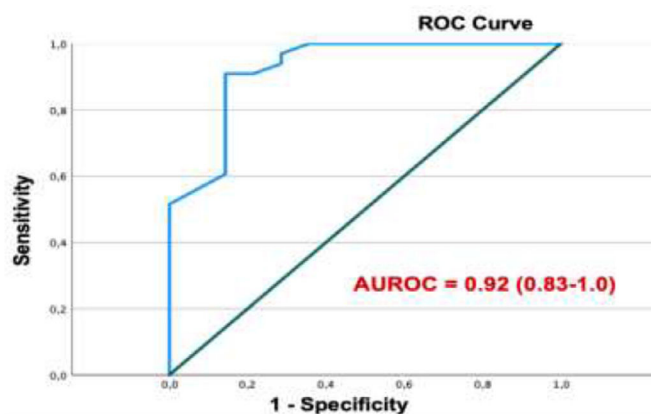


Fig. 1. ROC Curve of the NVP Score
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Trends of autoimmune liver diseases in the University Hospital, UANL for 26 years. A single-center experience in Mexico

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Introduction and Objectives: Autoimmune liver disease (AILD) is one of the main causes of chronic liver disease (CLD). It comprises autoimmune hepatitis (AIH), primary biliary cholangitis (PBC), primary sclerosing cholangitis (PSC), and immunoglobulin G4-associated cholangitis (IgG4-AC). Patients who exhibit features of two or more AILD are classified as overlap syndromes (OS); the most commonly seen is AIH/PBC. The aim of this study was to report trends of AILD in a liver unit (LU) over 26 years.

Material and Methods: Clinical records of patients who attended for the first time to LU, from January 1995 to December 2020 were included. There were 469 patients classified as AILD, and 462 were included, 408 (88%) females, mean age was 48 ± 14 (range. 4 - 78yo). Patients were divided into the three most common AILD: AIH, PBC, and OS. PSC and IgG4-AC were not included because they are very rare in our population. Diagnosis of AILD was made according to international guidelines, considering clinical manifestations, autoantibodies such as antinuclear antibodies (ANA), smooth muscle antibody (SMA), liver-kidney microsomal antibody (LKM), antimitochondrial antibodies (AMA), and when available: type 2 AMA, ANA gp210, liver biopsy, and non-invasive study of liver fibrosis. Inclusion criteria: patients with confirmed or suspected AILD in their first visit to the outpatient clinic. Diagnosis could be confirmed in subsequent visits. Other etiologies of CLD were excluded.

Results: Over 26 years, trends of AILD have increased at the expense of AIH mainly (figure). The distribution of AILD was: AIH 289, PBC 143, and OS 30. Half the patients had cirrhosis (48%) on admission (AIH 58%, PBC 41%, and OS 31%). We found no statistically significant difference between AILD groups in cases and percentage of cases, ($F(2,23) = 3.252, p = 0.057$) and ($F(2,23) = 0.996, p = 0.385$) respectively. Autoantibodies available on admission were 95% in AIH, 82.5% in PBC, and 93% in OS. In AIH patients, 95% had ANA and/or AML positivity ($\leq 1:40$), and 78% ($\leq 1:80$), 11% had LKM positive. In PBC patients, 80% were positive for AMA, and of these, 48% had AMA2 positive. OS patients had 68% ANA and 69% AMA positivity. (Figure 1).

Conclusions: The most common AILD seen in a period of 26 years was AIH; a high proportion of these patients had ANA and/or AML positive. Half of the PBC patients with AMA positive were also AMA2 positive. Two-thirds of OS patients exhibited ANA and AMA, confirming AIH/PBC. As in other CLD in Mexico, half the patients had cirrhosis on admission.

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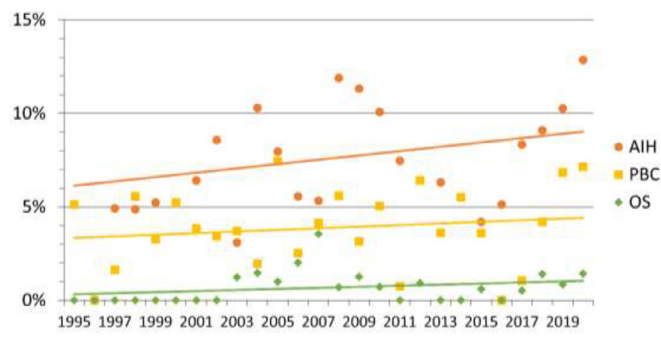


Figure 1. Trends gave in cases/year
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Risk of multiple drug interactions potentially linked to safety in patients receiving

pangenotypic direct-acting antivirals for the treatment of Hepatitis C

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Introduction and Objectives: Previous studies have evaluated the risk of drug-drug interactions (DDI) in HCV patients receiving pangenotypic direct-acting antivirals (pDAA), but all are based on pairwise interaction. The aim of the study was to describe the prevalence of the risk of potential multiple DDI (multi-DDI) and its clinical impact in patients treated with pDAAs.

Materials and Methods: Retrospective observational study from a Spanish database of 1.8 million inhabitants, including patients treated with Sofosbuvir/Velpatasvir [SOF/VEL] or Glecaprevir/Pibrentasvir [GLE/PIB] (2017- 2020). Demographics, comorbidities, comedication, and DDIs were evaluated for the pDAA therapy period. The severity and impact of the DDIs were evaluated using the University of Liverpool tool. Additionally, the ICD-9 coding system was used to identify the presence of suspected adverse drug reactions (SADR) during the treatment with pDAAs. An indirect indicator of effectiveness was evaluated (requirement of a new DAA in the six months after the end of the pDAA).

Results: 1620 patients were included; 730 with SOF/VEL (median age: 55 y; 62% men; 37.8% F3/4) and 890 with GLE/PIB (53 y; 60% men; 28% F3/4). The most prescribed drugs were nervous drugs (35.8%), digestive (24.1%) and cardiovascular (14.2%). 77.5% of patients received ≥ 2 comedications. The number of patients receiving ≥ 2 comedications at risk of multi-DDI with pDAAs was 123 (9.8%, 123/1256), 52 with SOF/VEL and 71 with GLE/PIB. Patients showing increased risk in comedication as a DDI outcomes were 31% (22) with GLE/PIB and 11% (6) with SOF/VEL ($p < 0.001$). The risk of decrease in pDAA with GLE/PIB was 32% (23) and with SOF/VEL 46% (24) ($p = NS$). Regarding SADR, there was a higher number in the GLE/PIB group (14) vs. SOF/VEL group (4) ($p < 0.05$). 84% (16/18) of patients with SADR had a multi-DDI profile. 13% of total multi-DDIs patients showed SADR; GLE/PIB group showed SADR in 18% (13/71) vs. 6% (3/52) in SOF/VEL group ($p < 0.05$). Most SADR were reported with statin group, being the percentage higher in the GLE/PIB group vs. SOF/VEL group ($p < 0.05$).

Both pDAAs showed a similar percentage of patients restarting a new pDAA within the six months after the end of treatment (1.0% and 1.1%, respectively, $p = NS$).

Conclusions: In Spain, about 10% of HCV patients taking ≥ 2 comedications are at risk of multiple DDI with pDAAs. The potential risk of increased comedication as DDI outcome and the presence of suspected adverse reactions were higher in GLE/PIB in comparison with SOF/VEL.

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