



## Original article

# A novel nomogram for predicting HBeAg seroclearance in HBeAg-positive chronic hepatitis B patients treated with nucleos(t)ide analogues



Yan Gu<sup>a,1</sup>, Yao Zhang<sup>a,1</sup>, Zhiyi Zhang<sup>a,1</sup>, Jian Wang<sup>b,c</sup>, Qing Zhang<sup>d</sup>, Shaoqiu Zhang<sup>b</sup>, Yilin Liu<sup>a</sup>, Jiacheng Liu<sup>b</sup>, Juan Xia<sup>b</sup>, Xiaomin Yan<sup>b</sup>, Jie Li<sup>a,b,c</sup>, Xingxiang Liu<sup>e</sup>, Rui Huang<sup>a,b,c,\*</sup>, Chao Wu<sup>a,b,c,\*</sup>

<sup>a</sup> Department of Infectious Diseases, Nanjing Drum Tower Hospital Clinical College of Nanjing University of Chinese Medicine, Nanjing, Jiangsu, China

<sup>b</sup> Department of Infectious Diseases, Affiliated Hospital of Medical School, Nanjing Drum Tower Hospital, Nanjing University, Nanjing, Jiangsu, China

<sup>c</sup> Institute of Viruses and Infectious Diseases, Nanjing University, Nanjing, Jiangsu, China

<sup>d</sup> Department of Infectious Diseases, Huai'an No. 4 People's Hospital, Huai'an, Jiangsu, China

<sup>e</sup> Department of Clinical Laboratory, Huai'an No. 4 People's Hospital, Huai'an, Jiangsu, China

## ARTICLE INFO

## Article History:

Received 22 May 2023

Accepted 22 August 2023

Available online 12 September 2023

## Keywords:

Chronic hepatitis B  
Nomogram  
HBeAg  
Seroclearance  
Seroconversion

## ABSTRACT

**Introduction and Objectives:** Seroclearance of hepatitis B e antigen (HBeAg) is an important treatment goal for patients with chronic hepatitis B (CHB). This study developed a nomogram for predicting HBeAg seroclearance in CHB patients treated with nucleos(t)ide analogues (NAs).

**Patients and Methods:** Five hundred and sixty-nine CHB patients treated with NAs from two institutions between July 2016 to November 2021 were retrospectively included. One institution served as the training set ( $n = 374$ ) and the other as the external validation set ( $n = 195$ ). A predictive nomogram was established based on cox regression analysis.

**Results:** The overall HBeAg seroclearance rates were 27.3 and 21.5 % after the median follow-up of 100.2 weeks and 65.1 weeks in the training set and validation set, respectively. In the training set, baseline aspartate aminotransferase, gamma-glutamyl transpeptidase, HBeAg, and hepatitis B core antibody levels were independently associated with HBeAg seroclearance and were used to establish the HBeAg SeroClearance (ESC)-nomogram. The calibration curve revealed that the ESC-nomogram had a good agreement with actual observation. The ESC-nomogram showed relatively high accuracy for predicting 48 weeks, 96 weeks, and 144 weeks of HBeAg seroclearance in the training set (AUCs: 0.782, 0.734 and 0.671) and validation set (AUCs: 0.699, 0.718 and 0.689). The patients with high ESC-nomogram scores ( $\geq 79.51$ ) had significantly higher cumulative incidence of HBeAg seroclearance and seroconversion than patients with low scores ( $< 79.51$ ) in both sets ( $P < 0.01$ ).

**Conclusions:** The novel ESC-nomogram showed good performance for predicting antiviral efficacy in HBeAg-positive CHB patients with NAs treatment.

© 2023 Fundación Clínica Médica Sur, A.C. Published by Elsevier España, S.L.U. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>)

**Abbreviations:** HBeAg, hepatitis B e antigen; CHB, chronic hepatitis B; NAs, nucleos(t)ide analogues; AUC, the area under the receiver operating characteristic curve; AST, aspartate aminotransferase; GGT, gamma-glutamyl transpeptidase; HBcAb, hepatitis B core antibody; ESC, establish the HBeAg seroclearance; HBV, hepatitis B virus; HCC, hepatocellular carcinoma; HBsAg, hepatitis B surface antigen; anti-HBs, antibody against HBsAg; ALT, alanine aminotransferase; PLT, platelet; ETV, entecavir; TDF, tenofovir disoproxil fumarate; TAF, tenofovir alafenamide fumarate; IQR, interquartile range; CI, confidence interval; HR, Hazard Ratio, APRI, aminotransferase to platelet ratio index; FIB-4, fibrosis-4 score

\* Corresponding authors.

E-mail addresses: [doctor\\_hr@126.com](mailto:doctor_hr@126.com) (R. Huang), [dr.wu@nju.edu.cn](mailto:dr.wu@nju.edu.cn) (C. Wu).

<sup>1</sup> The authors contributed equally to this work.

## 1. Introduction

Chronic hepatitis B virus (HBV) infection remains a serious global health problem and is a major cause of liver fibrosis, cirrhosis, and hepatocellular carcinoma (HCC) [1,2]. Functional cure characterized by hepatitis B surface antigen (HBsAg) seroclearance with or without antibody against HBsAg (anti-HBs) positivity is considered an optimal endpoint of antiviral treatment for patients with CHB [3,4]. However, it is reported that HBsAg seroclearance almost exclusively occurs in hepatitis B e antigen (HBeAg)-positive CHB patients treated with nucleos(t)ide analogues (NAs), with 8-year HBsAg loss rate of 0.13 %

[5]. Alternatively, HBeAg seroclearance is a satisfactory endpoint for patients with HBeAg-positive CHB, which represents a partial immune control of chronic HBV infection [4]. Moreover, sustained HBeAg seroclearance is correlated with an improved prognosis including sustained virus inhibition, a higher probability of HBsAg seroclearance and seroconversion, which is considered a permanent clinical remission of CHB [6–10].

NAs are the most commonly used antiviral drugs and have a potent efficacy in inhibiting HBV replication for patients with CHB [10]. Nevertheless, the efficacy of NAs is limited for HBeAg seroclearance. Previous studies reported that only 10%–20% of HBeAg-positive CHB patients achieved HBeAg seroclearance after 1-year treatment with NAs [11–14]. Hence, there is an urgent need to identify serum biomarkers that can accurately predict the HBeAg seroclearance. Previous studies have found that several biomarkers including baseline HBV DNA, alanine aminotransferase (ALT), HBsAg, HBeAg, platelet (PLT), gamma-glutamyl transpeptidase (GGT) as well as anti-hepatitis B core antibody (HBcAb) levels were associated with HBeAg seroclearance [15–21]. Although some predictive models have been established for assessing HBeAg seroclearance, most of them had a limited sample size or concentrate on the response to interferon [22–24]. There are lacking developing multi-parameter scoring models to better predict HBeAg seroclearance for NAs treatment. In this study, we aimed to develop and externally validate a novel nomogram for predicting the probability of HBeAg seroclearance in patients with CHB treated with NAs.

## 2. Material and Methods

### 2.1. Study population

Five hundred and sixty-nine treatment-naïve HBeAg-positive CHB patients who received first-line NAs (entecavir [ETV], tenofovir disoproxil fumarate [TDF], and tenofovir alafenamide fumarate [TAF]) treatment were retrospectively included from Nanjing Drum Tower Hospital (Nanjing, China) and Huai'an No. 4 People's Hospital (Huai'an, China) between July 2016 to November 2021. Patients concurrent with the following diseases were excluded from this study: other viral hepatitis, including hepatitis A, hepatitis C, hepatitis D, hepatitis E; acquired immunodeficiency syndrome, primary biliary cirrhosis, autoimmune hepatitis, alcoholic hepatitis, nonalcoholic fatty hepatitis and metabolic liver diseases, HCC and liver failure. The Nanjing cohort serves as the training set and Huai'an cohort as the external validation set.

### 2.2. Data collection and definition

Baseline laboratory parameters were collected from electronic medical record system, including blood routine examination, liver function tests, and serological markers of HBV. The ARCHITECT assay (Abbott GmbH, Wiesbaden, Germany) was employed to detect the quantitative HBV serological markers. A positive HBsAg result was defined as a value exceeding 0.05 IU/ml. Additionally, if the HBsAg level was greater than 250 IU/ml, further testing was conducted using a stepwise dilution ranging from 1:20 to 1:1,000. A positive HBeAg result was determined by a sample/cutoff (S/CO) ratio of  $\geq 1.0$ , while a positive HBeAb result was indicated by an S/CO ratio lower than 1.0. The detection of HBV DNA was carried out using either the Cobas TaqMan HBV test (Roche, Basel, Switzerland) or the TaqMan polymerase chain reaction assay (Daan Gene, Guangzhou, China). The lower limit of normal for HBV DNA detection was set at 20 IU/ml or 500 IU/ml, depending on the specific assay utilized. In addition, the diagnosis of cirrhosis was made by imaging tools, including ultrasound, computed tomography, or magnetic resonance imaging.

The liver fibrosis indexes used in this study were as follows: aspartate transaminase (AST) to PLT ratio index (APRI):  $(AST (U/L)/$

$ULN \text{ of AST})/PLT \text{ count } (10^9/L) \times 100$  [25]; the fibrosis-4 score (FIB-4):  $(age \text{ (years)} \times AST (U/L))/((PLT \text{ count } (10^9/L) \times (ALT (U/L))^{1/2})$  [26].

### 2.3. Follow-up of patients

The follow-up period of patients was 6 months or shorter interval during antiviral therapy. The primary endpoint was HBeAg seroclearance, which was defined as HBeAg loss regardless of anti-HBe status. The second endpoint was HBeAg seroconversion, which was defined as HBeAg loss and presence of anti-HBe. The follow-up time were calculated from the date of initiating antiviral therapy to the data of HBeAg loss and HBeAg seroconversion for patients with achieved HBeAg seroclearance and HBeAg seroconversion. The duration of follow-up for patients without HBeAg loss was calculated from the date of initiating antiviral therapy to the last date of follow-up.

### 2.4. Statistical analysis

Continuous variables were expressed by medians (interquartile range [IQR]), and categorical variables were expressed as the counts and percentages. The independent sample T test and Mann Whitney U test was used for comparing variables with and without normal distribution, respectively, and the comparison of categorical variables was conducted by Chi-square or Fisher exact test. Independent predictive factors of HBeAg seroclearance were identified by multivariate Cox proportional hazards regression analysis. A HBEAg SeroClearance (ESC)-nomogram for predicting HBeAg seroclearance based on these predictive factors was established based on training set. The predicting value of the ESC-nomogram was evaluated using the area under the receiver operating characteristic curve (AUC) and the calibration curve. Finally, according to the value of nomogram, all patients were divided into the high-score and low-score groups according to "surv\_cutpoint" function from "survminer" package, and the Kaplan-Meier method with a log-rank test was used to estimate the cumulative HBeAg seroclearance and seroconversion.  $P$ value  $< 0.05$  was considered as statistical significance. Statistical analysis was conducted using Statistical Package for the Social Sciences version 24.0 software program (IBM, Armonk, NY, USA) and R software (version 4.2.0; R Foundation, Vienna, Austria; [www.R-project.org](http://www.R-project.org)).

### 2.5. Ethical statement

The ethics committees of Nanjing Drum Tower Hospital approved this study (approval No: 2008022) and the protocol was conducted following the Declaration of Helsinki guidelines. Since it was a retrospective design, the ethics committees granted a waiver of informed consent.

## 3. Results

### 3.1. The characteristics of the study population

A total of five hundred and sixty-nine treatment-naïve patients with HBeAg-positive CHB were included in this study (374 patients from Nanjing cohort [training set] and 195 patients from Huai'an cohort [validation set]). The clinical features of patients were shown in Table 1. Overall, the median age of patients was 36.0 (IQR, 31.0–45.0) years, and 392 (68.9 %) patients were male. The median level of ALT, HBV DNA, HBsAg, and HBeAg were 108.0 U/L, 7.2  $\log_{10}$  IU/mL, 4.0  $\log_{10}$  IU/mL, and 3.0  $\log_{10}$  S/CO, respectively. More than half of patients were treated with ETV (62.4 %), followed by TDF (33.4 %) and TAF (4.2 %). During a median follow-up of 90.6 weeks, a total of 144 (25.3 %) patients achieved HBeAg seroclearance and 103 (18.1 %) patients achieved HBeAg seroconversion.

**Table 1**  
Baseline characteristics of the study population.

| Variables                         | Total (n=569)       | Training set (n=374) | Validation set (n=195) | P value |
|-----------------------------------|---------------------|----------------------|------------------------|---------|
| Age (yr)                          | 36.0 (31.0, 45.0)   | 34.0 (31, 41)        | 41.0 (33, 51)          | <0.001  |
| Male (%)                          | 392 (68.9)          | 263 (70.3)           | 129 (66.2)             | 0.340   |
| ALT (U/L)                         | 108.0 (59.0, 226.3) | 103.9 (58.7, 193.6)  | 111.0 (58.0, 284.0)    | 0.166   |
| AST (U/L)                         | 63.0 (40.0, 121.0)  | 57.5 (38.2, 108.1)   | 74.0 (42.0, 150.0)     | 0.003   |
| GGT (U/L)                         | 42.8 (25.0, 88.3)   | 35.1 (23.1, 70.0)    | 62.0 (33.0, 115.0)     | <0.001  |
| HBV DNA (log <sub>10</sub> IU/ml) | 7.2 (5.9, 7.8)      | 7.3 (6.1, 7.8)       | 6.8 (5.5, 7.7)         | 0.002   |
| HBeAg (log <sub>10</sub> S/CO)    | 3.0 (1.9, 3.1)      | 3.0 (2.2, 3.2)       | 2.6 (1.4, 3.1)         | <0.001  |
| HBsAg (log <sub>10</sub> IU/ml)   | 4.0 (3.4, 4.6)      | 4.2 (3.5, 4.6)       | 3.9 (3.3, 4.3)         | 0.001   |
| HbCAb (S/CO)                      | 9.2 (8.1, 10.5)     | 9.0 (8.0, 10.2)      | 9.7 (8.3, 10.8)        | 0.004   |
| Cirrhosis (%)                     |                     |                      |                        | <0.001  |
| No                                | 487 (85.6)          | 347 (92.8)           | 140 (71.8)             |         |
| Yes                               | 82 (14.4)           | 27 (7.2)             | 55 (28.2)              |         |
| Antiviral drugs (%)               |                     |                      |                        | <0.001  |
| ETV                               | 355 (62.4)          | 205 (54.8)           | 150 (76.9)             |         |
| TAF                               | 24 (4.2)            | 18 (4.8)             | 6 (3.1)                |         |
| TDF                               | 190 (33.4)          | 151 (40.4)           | 39 (20.0)              |         |
| HBeAg seroclearance (%)           | 144 (25.3)          | 102 (27.3)           | 42 (21.5)              | 0.135   |
| HBeAg seroconversion (%)          | 103 (18.1)          | 77 (20.6)            | 26 (13.3)              | 0.033   |
| Follow-up time (weeks)            | 90.6 (47.9, 134.7)  | 100.2 (55.8, 160.2)  | 65.1 (32.4, 102.9)     | <0.001  |

ALT, alanine transaminase; AST, aspartate transaminase; GGT, Gamma-glutamyl transferase; HBeAg, hepatitis B e antibody; HBV, hepatitis B virus; HBsAg, hepatitis B surface antigen; HbCAb, Hepatitis B Core Antibody; ETV, entecavir; TDF, tenofovir disoproxil fumarate; TAF, tenofovir alafenamide fumarate.

### 3.2. Comparison of baseline characteristics between patients with and without HBeAg seroclearance in training set

In training set, 102 (27.3 %) patients achieved HBeAg seroclearance after a median follow-up of 100.2 weeks. The age, gender, presence of cirrhosis and antiviral drugs were comparable between patients with and without HBeAg seroclearance. However, patients with HBeAg seroclearance had lower median levels of HBV DNA (6.9 log<sub>10</sub> IU/ml vs. 7.5 log<sub>10</sub> IU/ml,  $P < 0.001$ ), HBeAg (2.8 log<sub>10</sub> S/CO vs. 3.0 log<sub>10</sub> S/CO,  $P = 0.001$ ) and HBsAg (3.8 log<sub>10</sub> IU/ml vs. 4.3 log<sub>10</sub> IU/ml,  $P < 0.001$ ) than non-seroclearance patients. Contrarily, patients with HBeAg seroclearance had significantly higher levels of ALT (159.5 U/L vs. 92.4 U/L,  $P < 0.001$ ), AST (84.7 U/L vs. 51.9 U/L,  $P < 0.001$ ), GGT (50.3 U/L vs. 33.0 U/L,  $P < 0.001$ ), and HbCAb (9.6 S/CO vs. 8.9 S/CO,  $P < 0.001$ ) than non-seroclearance patients. In terms of liver fibrosis index, patients who achieved HBeAg seroclearance showed higher APRI (1.2 vs. 0.8,  $P < 0.001$ ) and FIB-4 (1.4 vs. 1.1,  $P = 0.008$ ) values (Table 2).

### 3.3. Predictors for HBeAg seroclearance in HBeAg-positive chronic hepatitis B patients

The associated factors of HBeAg seroclearance were identified by cox regression analysis in the training set. Univariate analysis revealed that ALT, AST, GGT, HBV DNA, HBeAg and HbCAb were associated with HBeAg seroclearance (Fig. 1A). These parameters were further included into multivariate analysis, which showed that AST (HR 1.002, 95 % confidence interval [CI] 1.001–1.004,  $P < 0.001$ ), GGT (HR 1.004, 95 % CI 1.001–1.007,  $P = 0.008$ ), HBeAg (HR 0.683, 95 % CI 0.557–0.836,  $P < 0.001$ ), and HbCAb (HR 1.115, 95 % CI 1.013–1.228,  $P = 0.027$ ) were independent predictors of HBeAg seroclearance in HBeAg-positive CHB patients (Fig. 1B).

### 3.4. Development and validation of a nomogram estimating HBeAg seroclearance

AST, GGT, HBeAg and HbCAb were used to develop a HBeAg seroclearance estimation ESC-nomogram (Fig. 1C). The point of each variable can be determined by drawing a line straight upward from each predictor to the point axis, and the total points can be calculated by summing single variable's point. The 48 weeks, 96 weeks, and 144 weeks HBeAg seroclearance can be found by drawing a line straight

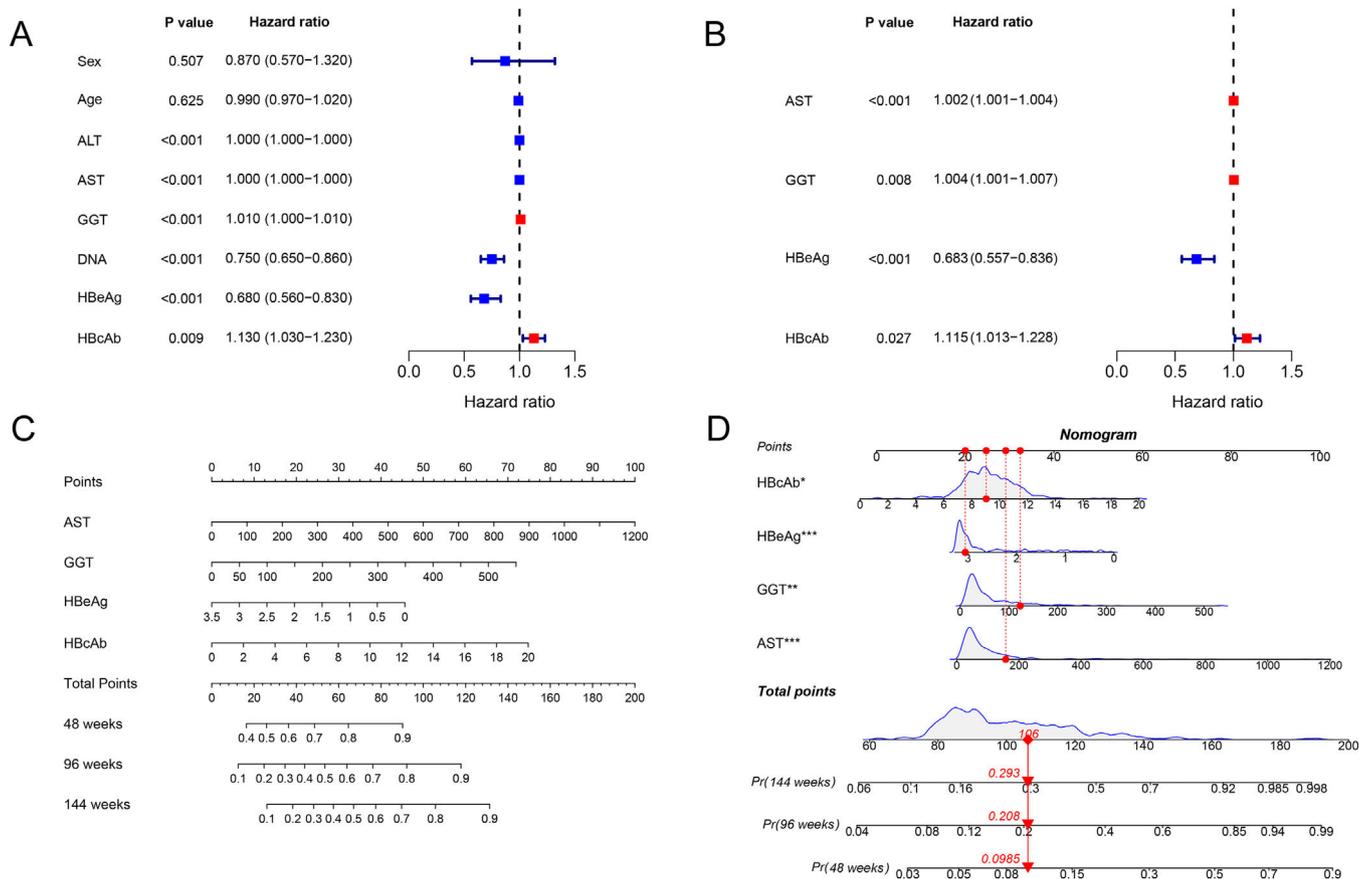
down from the total point axis. For example, a patient with the AST of 157.1 U/L, GGT of 123.1 U/L, HBeAg of 3.05 log<sub>10</sub> S/CO, HbCAb of 9.04 S/CO, has 48 weeks, 96 weeks, and 144 weeks HBeAg seroclearance rate of 9.85, 20.8 and 29.3 %, respectively, according to this ESC-nomogram (Fig. 1D).

The ESC-nomogram showed a good accuracy in estimating HBeAg seroclearance in HBeAg-positive patients with CHB. The AUCs for predicting HBeAg seroclearance at 48 weeks, 96 weeks, and 144 weeks of treatment were 0.782 (95 % CI 0.706–0.858), 0.734 (95 % CI 0.661–0.808) and 0.671 (95 % CI 0.594–0.748) in training set, respectively (Fig. 2A). In addition, there were also good calibration curves for the

**Table 2**  
Comparisons of baseline characteristics between patients with and without HBeAg seroclearance in training set.

| Variables                         | Non-HBeAg seroclearance (n=272) | HBeAg seroclearance (n=102) | P value |
|-----------------------------------|---------------------------------|-----------------------------|---------|
| Age (yr)                          | 34.0 (31.0, 40.0)               | 34.0 (30.0, 42.0)           | 0.380   |
| Male (%)                          | 194 (71.3)                      | 69 (67.6)                   | 0.571   |
| ALT (U/L)                         | 92.4 (55.3, 164.5)              | 159.5 (88.3, 300.2)         | <0.001  |
| AST (U/L)                         | 51.9 (36.3, 91.3)               | 84.7 (50.0, 166.4)          | <0.001  |
| GGT (U/L)                         | 33.0 (22.4, 58.4)               | 50.3 (29.9, 106.8)          | <0.001  |
| HBV DNA (log <sub>10</sub> IU/ml) | 7.5 (6.5, 7.9)                  | 6.9 (5.8, 7.6)              | <0.001  |
| HBeAg (log <sub>10</sub> S/CO)    | 3.0 (2.5, 3.2)                  | 2.8 (1.7, 3.1)              | 0.001   |
| HBsAg (log <sub>10</sub> IU/ml)   | 4.3 (3.5, 4.7)                  | 3.8 (3.2, 4.4)              | <0.001  |
| HbCAb (S/CO)                      | 8.9 (7.8, 10.2)                 | 9.6 (8.6, 10.9)             | <0.001  |
| Cirrhosis (%)                     |                                 |                             | 0.951   |
| No                                | 253 (93.0)                      | 94 (92.2)                   |         |
| Yes                               | 19 (7.0)                        | 8 (7.8)                     |         |
| FIB-4                             | 1.1 (0.8, 1.9)                  | 1.4 (0.9, 2.8)              | 0.008   |
| APRI                              | 0.8 (0.4, 1.6)                  | 1.2 (0.7, 3.2)              | <0.001  |
| Antiviral drugs (%)               |                                 |                             | 0.562   |
| ETV                               | 146 (53.7)                      | 59 (57.8)                   |         |
| TAF                               | 12 (4.4)                        | 6 (5.9)                     |         |
| TDF                               | 114 (41.9)                      | 37 (36.3)                   |         |
| Follow-up time (weeks)            | 113.7 (70.0, 166.9)             | 66.0 (35.8, 107.0)          | <0.001  |

ALT, alanine transaminase; AST, aspartate transaminase; GGT, Gamma-glutamyl transferase; HBeAg, hepatitis B e antibody; HBV, hepatitis B virus; HBsAg, hepatitis B surface antigen; HbCAb, Hepatitis B Core Antibody; APRI, aminotransferase to platelet ratio index; FIB-4, fibrosis-4 score; ETV, entecavir; TDF, tenofovir disoproxil fumarate; TAF, tenofovir alafenamide fumarate.



**Fig. 1.** The forest plot demonstrated the univariate (A) and multivariate (B) analyses of variables for HBeAg seroclearance in HBeAg-positive chronic hepatitis B patients in training set. A nomogram for predicting 48, 96, and 144 weeks HBeAg seroclearance (C) and a dynamic nomogram depicting a patient as an example (D).

HBeAg seroclearance estimation by the ESC-nomogram and the actual predicted probability on 48 weeks, 96 weeks, and 144 weeks after the antiviral therapy, respectively (Fig. 2C). The AUCs for the 48 weeks, 96 weeks, and 144 weeks HBeAg seroclearance were 0.699 (95% CI 0.533–0.866), 0.718 (95% CI 0.590–0.847) and 0.689 (95% CI 0.535–0.842) in validation set, respectively (Fig. 2B). Similar well-calibrated results were observed in validation set (Fig. 2D). In addition, patients with high scores ( $\geq 79.51$ ) were divided into high-score group, while patients with low scores ( $< 79.51$ ) were divided into low-score group according “surv\_cutpoint” function, which is an outcome-oriented methods providing a value of a cutpoint that correspond to the most significant relation with outcome (Figure S1). Kaplan-Meier analysis suggested that high-score group had significant higher cumulative HBeAg seroclearance and HBeAg seroconversion rates both in the training set (Fig. 3A and C) and validation set (Fig. 3B and D).

### 3.5. Prediction of ESC-nomogram for cumulative HBeAg seroclearance and HBeAg seroconversion in different subgroups

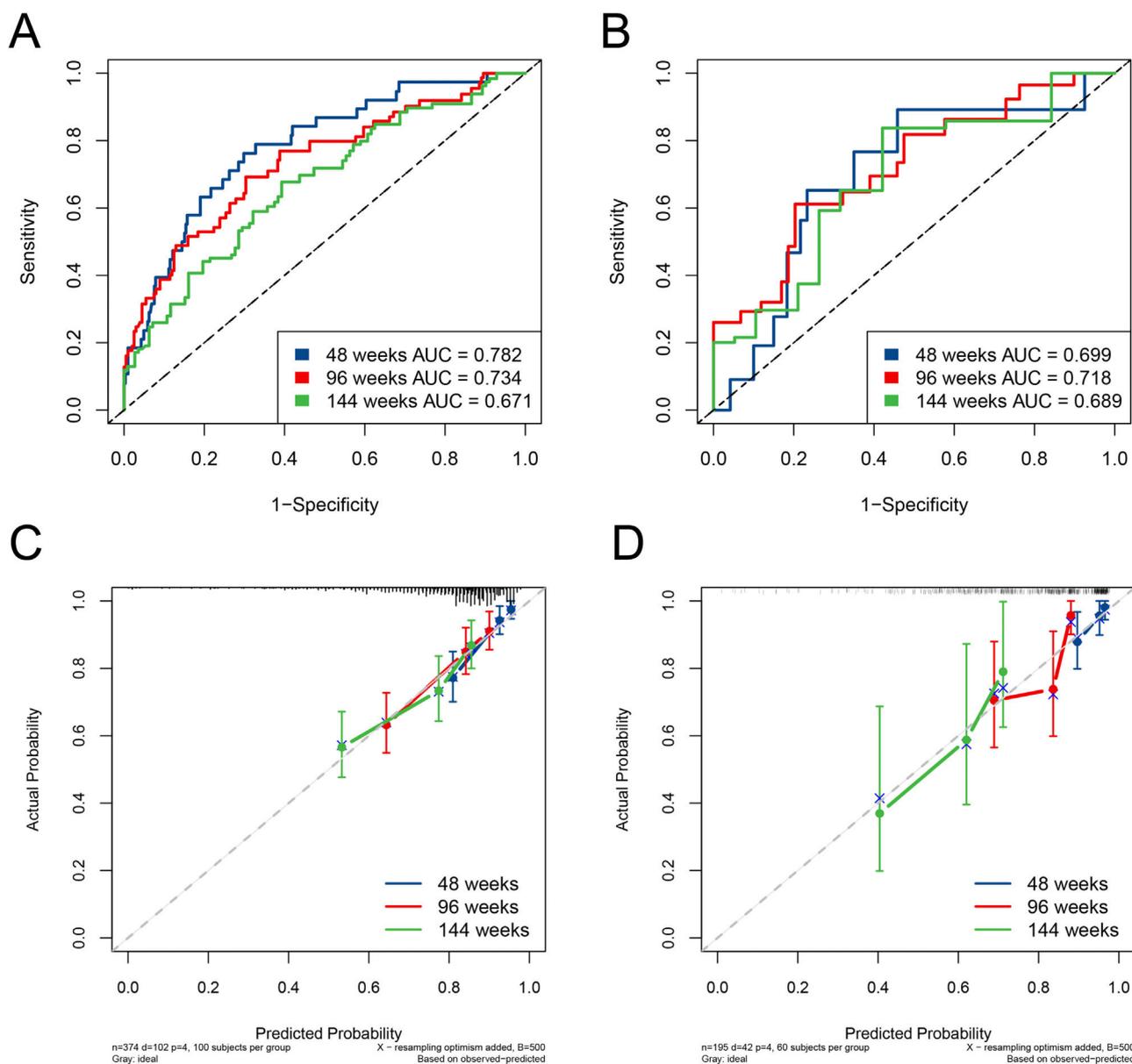
The cumulative HBeAg seroclearance and HBeAg seroconversion rates were also analyzed in patients treated with different drugs. Baseline characteristics of these patients between ETV group and TDF/TAF group were showed in Table S1. Patients in high-score group presented higher cumulative HBeAg seroclearance and HBeAg seroconversion rates than those of patients in low-score group in both ETV group (Fig. 4A and C) and TDF/TAF group (Fig. 4B and D) in training set. Similarly, in validation set, patients in high-score group had higher cumulative HBeAg seroclearance (Fig. 4E) and HBeAg seroconversion (Fig. 4G) rates than those of patients in low-score group in

ETV group, while there was no significant difference in patients in TDF/TAF group (Fig. 4F and H).

We further performed a subgroup analysis between patients with and without cirrhosis, as well as patients with and without ALT elevation. The comparison of clinical features was showed in Tables S2 and S3, respectively. The analysis suggested that the cumulative HBeAg seroclearance and HBeAg seroconversion rates in high-score group were significantly higher than low-score group in both patients without (Fig. S2A and S2C) and with cirrhosis (Fig. S2B and S2D) in training set. Similar results were observed in patients without cirrhosis (Fig. S2E and S2G) in validation set, while the cumulative HBeAg seroclearance and HBeAg seroconversion rates were comparable between high-score group and low-score group in patients with cirrhosis (Fig. S2F and S2H). In addition, patients in high-score group also had higher cumulative HBeAg seroclearance and HBeAg seroconversion rates than patients in low-score group in patients without (Fig. S3A and S3C) and with ALT elevation (Fig. S3B and S3D) in training set. In validation set, high-score group remains higher cumulative HBeAg seroclearance and HBeAg seroconversion rates than patients in low-score group in patients with ALT elevation (Fig. S3F and S3H), while there was no significant difference in patients without ALT elevation (Fig. S3E and S3G).

## 4. Discussion

In this study, we established a novel ESC-nomogram for predicting antiviral efficacy based on four routine parameters (AST, GGT, HBeAg, and HbCAb) in HBeAg-positive CHB patients treated with NAs. The ESC-nomogram could predict the possibility of HBeAg seroclearance and seroconversion after antiviral treatment of 48 weeks,



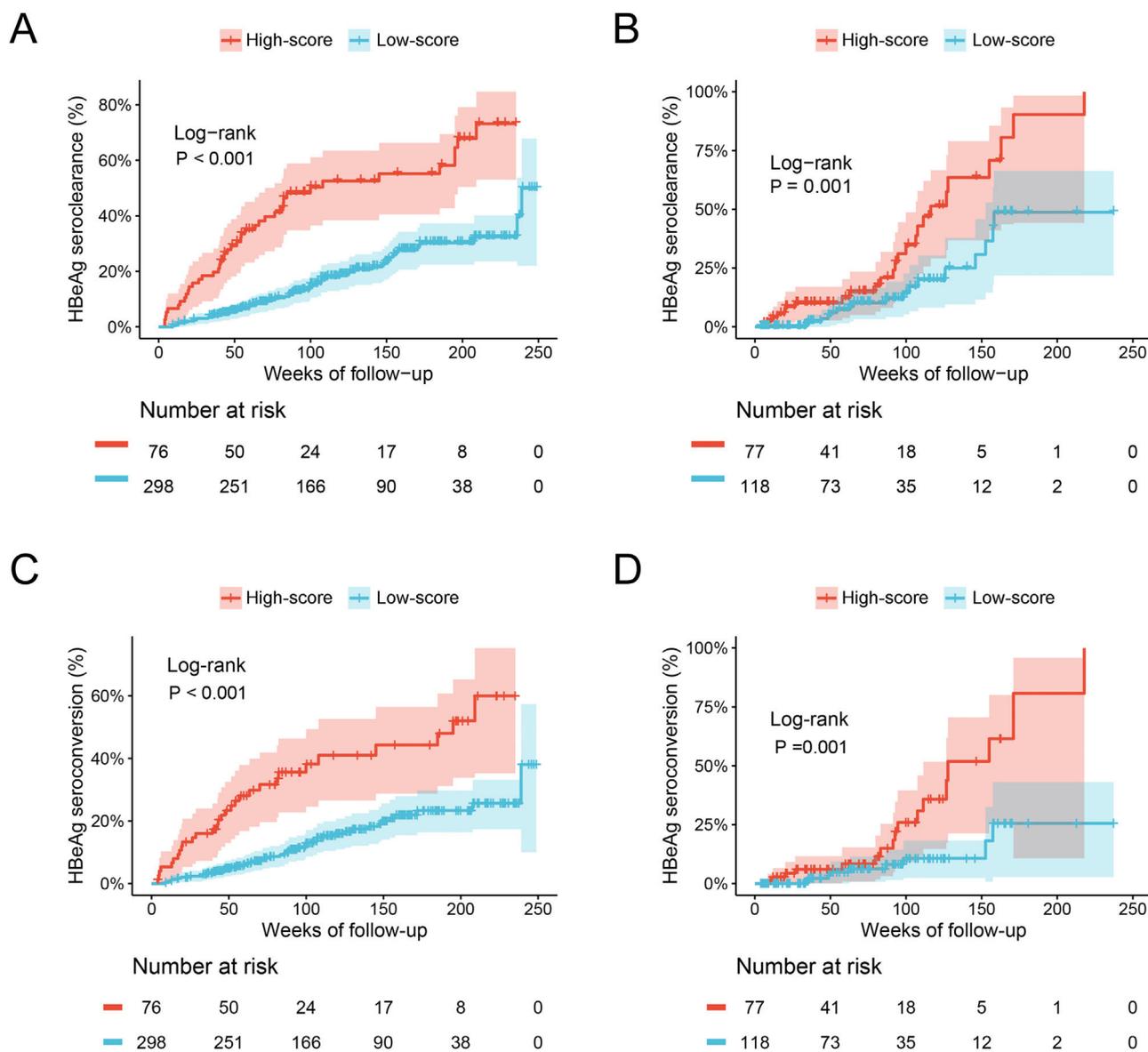
**Fig. 2.** Receiver operating characteristic (ROC) curves for predicting HBeAg seroclearance in training set (A) and validation set (B) and calibration curves for the HBeAg seroclearance in training set (C) and validation set (D).

96 weeks, and 144 weeks with relatively high accuracy. The predicting performance was also validated in an external cohort.

HBeAg seroclearance has always been regarded as an ideal treatment endpoint for patients with CHB and suggests a transition of immune status of chronic HBV infection [4]. Numerous studies have reported that patients achieved HBeAg seroclearance early often have a better clinical outcome [27–29]. Accurately evaluating possibility of HBeAg seroclearance before antiviral treatment is necessary to formulate individualized treatment strategy for patients with CHB. However, there has been a lack of predictive method for HBeAg seroclearance in clinical practice. Several studies have developed some predicting models of HBeAg seroclearance. However, it is worth noting that these studies either exhibit restricted accuracy or lack external validation and subgroup analysis [30–32]. Therefore, our study developed and validated this ESC-nomogram based on routinely

available clinical parameters with external validation which showed high accuracy in predicting HBeAg seroclearance.

Single parameters, including ALT, AST, GGT, HBeAg, HBcAb, and HBV DNA levels, have been identified to be associated with HBeAg seroclearance in patients with HBeAg-positive CHB after antiviral treatments [30,33–36]. However, in this study, several routine parameters were found to be associated with HBeAg seroclearance and included in this ESC-nomogram, including AST, GGT, HBeAg, and HBcAb. The AST is routinely measured in most patients with CHB and commonly associated with the severity of liver injury [37]. It has been confirmed that entecavir treatment successfully reduced the levels of ALT, AST, and HBV serological markers in previous study [38]. The present study revealed that the baseline AST level was an independent predictor of HBeAg seroclearance in CHB patients. It has been reported that elevated serum GGT levels were linked to bile

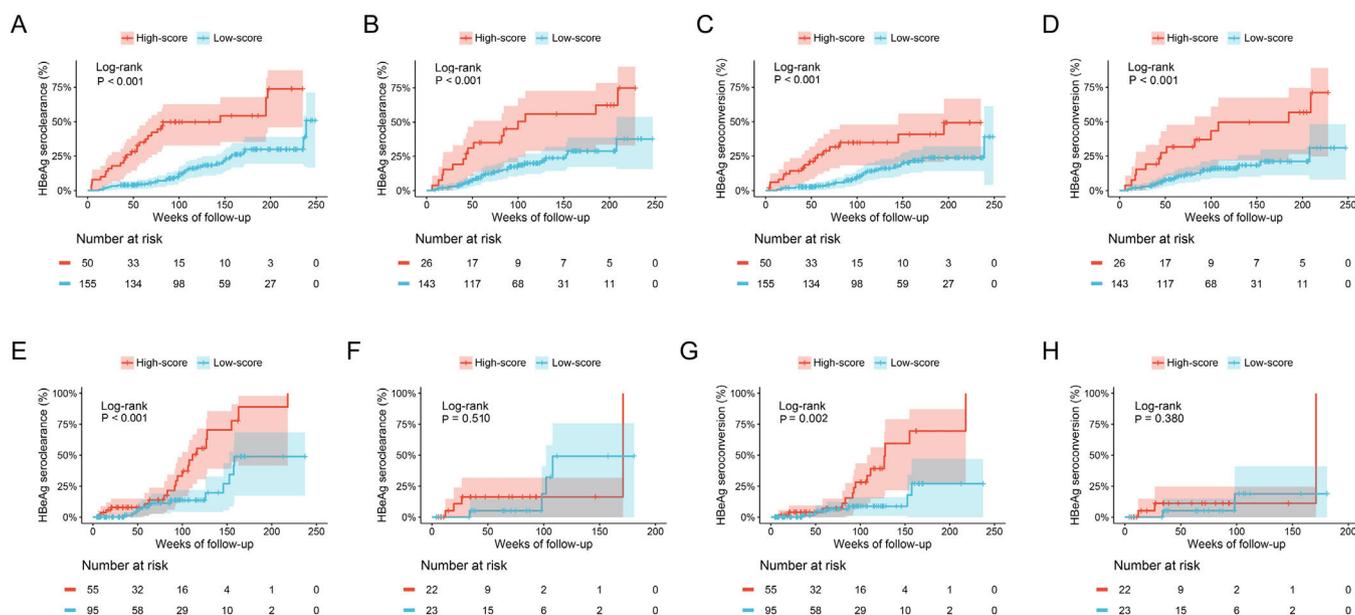


**Fig. 3.** Comparisons of cumulative HBeAg seroclearance and HBeAg seroconversion in training set (A, C) and validation set (B, D) between patients with high-score group and low-score group.

duct damage, severe necroinflammatory activity, advanced fibrosis, or hepatic steatosis, which has emerged as a potential biomarker in the management of HBV infection [39–42]. In addition, it is also reported that increasing GGT levels have been identified to be an indicator of liver damage in CHB patients with hepatic steatosis [43]. Baseline HBeAg level was a well-known independent indicator of HBeAg seroclearance in CHB patients, and patients with lower HBeAg level had higher possibility of HBeAg seroclearance [22,44]. Numerous studies have reported that HBeAg level was an independent predictor of antiviral efficacy in patients with CHB [14,17,31,45]. Our previous study demonstrated that the HBeAg had good performance for predicting HBeAg seroconversion in CHB patients treated with NAs [14]. Serum HBeAg levels was reported to be significantly correlated with the severity of liver inflammation, which may be one possible mechanism of its association with antiviral efficacy [46,47].

Our results indicated that the ESC-nomogram was useful for assessment of the HBeAg seroclearance in CHB patients treated

with NAs. The major advantages of this study included that this is a large cohort and the ESC-nomogram was validated by an external cohort. Nevertheless, the study also has several limitations. First, this is a retrospective study and selection bias might exist. Thus, prospective studies are needed to validate the performance of ESC-nomogram. Moreover, the predicting value of the ESC-nomogram for antiviral response of interferon needs to be validated in future studies. Third, the follow-up period is not long enough, especially for the validation cohort. Thus, the performance of the ESC-nomogram for long-term outcomes needs to be explored. In addition, HBV genotype data of patients were not available in this study. As previously reported, HBV genotype B or C are common in Asia CHB patients [48]. Thus, the predictive values of this nomogram in HBV-infected patients with different genotypes are not yet clear. Last, the sample size is relatively small, especially for TDF/TAF group. Thus, the ESC-nomogram should be validated in large cohort studies in the future.



**Fig. 4.** Comparisons of cumulative HBeAg seroclearance and HBeAg seroconversion in different treatment groups between patients with high-score group and low-score group. Comparisons of cumulative HBeAg seroclearance in ETV group of training set (A) and validation set (E) and TDF/TAF group of training set (B) and validation set (F); Comparisons of cumulative HBeAg seroconversion in ETV group of training set (C) and validation set (G) and TDF/TAF group of training set (D) and validation set (H).

## 5. Conclusions

In conclusion, this study established a novel ESC-nomogram in predicting HBeAg seroclearance in CHB patients treated with NAs. The application of the ESC-nomogram is used-friendly to identify patients with high HBeAg seroclearance possibility and guide the management of CHB.

## Data availability statement

The data that support the study findings are available upon reasonable request from the corresponding authors (Chao Wu or Rui Huang).

## Funding

Dr. Rui Huang wishes to acknowledge the supported from Nanjing Medical Science and Technique Development Foundation (Grant Nos. JQX21002 and QRX17121), Natural Science Foundation of Jiangsu Province (Grant No. BK20211004), and Clinical Trials from the Affiliated Drum Tower Hospital, Medical School of Nanjing University (2022-LCYJ-MS-07). Dr. Jian Wang wishes to acknowledge the support from the Clinical Trials from the Affiliated Drum Tower Hospital, Medical School of Nanjing University (2021-LCYJ-PY-43) and Nanjing Medical Science and Technique Development Foundation (Grant No. YKK21067). Dr. Juan Xia wishes to acknowledge the support from the Nanjing Medical Science and Technique Development Foundation (Grant No. YKK22073) and Clinical Trials from the Affiliated Drum Tower Hospital, Medical School of Nanjing University (2022-LCYJ-PY-49).

## Declaration of interests

None.

## Author contributions

**Yan Gu:** Formal analysis, Writing – original draft, Writing – review & editing, Data curation. **Yao Zhang:** Funding acquisition, Writing – review & editing, Data curation. **Zhiyi Zhang:** Funding acquisition, Writing – review & editing, Writing – original draft,

Formal analysis, Data curation. **Jian Wang:** Methodology, Writing – review & editing, Writing – original draft. **Qing Zhang:** Funding acquisition, Writing – review & editing, Data curation. **Shaoqiu Zhang:** Funding acquisition, Writing – review & editing, Data curation. **Yilin Liu:** Funding acquisition, Writing – review & editing, Data curation. **Jiacheng Liu:** Funding acquisition, Writing – review & editing, Data curation. **Juan Xia:** Funding acquisition, Writing – review & editing, Data curation. **Xiaomin Yan:** Funding acquisition, Writing – review & editing, Data curation. **Jie Li:** Funding acquisition, Writing – review & editing, Data curation. **Xingxiang Liu:** Funding acquisition, Writing – review & editing, Conceptualization, Visualization, Data curation. **Rui Huang:** Methodology, Writing – review & editing, Conceptualization, Visualization. **Chao Wu:** Methodology, Writing – review & editing, Conceptualization, Visualization.

## Supplementary materials

Supplementary material associated with this article can be found in the online version at doi:10.1016/j.aohep.2023.101151.

## References

- [1] GBD 2013 Mortality and Causes of Death Collaborators. Global, regional, and national age-sex specific all-cause and cause-specific mortality for 240 causes of death, 1990-2013: a systematic analysis for the global burden of disease study 2013. *Lancet* 2015;385:117–71. [https://doi.org/10.1016/S0140-6736\(14\)61682-2](https://doi.org/10.1016/S0140-6736(14)61682-2).
- [2] Schweitzer A, Horn J, Mikolajczyk RT, Krause G, Ott JJ. Estimations of worldwide prevalence of chronic hepatitis B virus infection: a systematic review of data published between 1965 and 2013. *Lancet* 2015;386:1546–55. [https://doi.org/10.1016/S0140-6736\(15\)61412-X](https://doi.org/10.1016/S0140-6736(15)61412-X).
- [3] Terrault NA, Lok ASF, McMahon BJ, Chang K, Hwang JP, Jonas MM, et al. Update on prevention, diagnosis, and treatment of chronic hepatitis B: AASLD 2018 hepatitis B guidance. *Hepatology* 2018;67:1560–99. <https://doi.org/10.1002/hep.29800>.
- [4] European Association for the Study of the Liver. Electronic address: easloffice@easloffice.eu. European association for the study of the liver. EASL 2017 clinical practice guidelines on the management of hepatitis B virus infection. *J Hepatol* 2017;67:370–98. <https://doi.org/10.1016/j.jhep.2017.03.021>.
- [5] Marcellin P, Wong DK, Sievert W, Buggisch P, Petersen J, Flisiak R, et al. Ten-year efficacy and safety of tenofovir disoproxil fumarate treatment for chronic hepatitis B virus infection. *Liver Int* 2019;39:1868–75. <https://doi.org/10.1111/liv.14155>.
- [6] Liaw YF. HBeAg seroconversion as an important end point in the treatment of chronic hepatitis B. *Hepatol Int* 2009;3:425–33. <https://doi.org/10.1007/s12072-009-9140-3>.

- [7] Liaw YF, Lau GK, Kao JH, Gane E. Hepatitis B e antigen seroconversion: a critical event in chronic hepatitis B virus infection. *Dig Dis Sci* 2010;55:2727–34. <https://doi.org/10.1007/s10620-010-1179-4>.
- [8] European association for the study of the liver. EASL clinical practice guidelines: management of chronic hepatitis B virus infection. *J Hepatol* 2012;57:167–85. <https://doi.org/10.1016/j.jhep.2012.02.010>.
- [9] Terrault NA, Bzowej NH, Chang K, Hwang JP, Jonas MM, Murad MH. AASLD guidelines for treatment of chronic hepatitis B. *Hepatology* 2016;63:261–83. <https://doi.org/10.1002/hep.28156>.
- [10] Sarin SK, Kumar M, Lau GK, Abbas Z, Chan HLY, Chen CJ, et al. Asian-Pacific clinical practice guidelines on the management of hepatitis B: a 2015 update. *Hepatol Int* 2016;10:1–98. <https://doi.org/10.1007/s12072-015-9675-4>.
- [11] Lin B, Ha NB, Liu A, Trinh HN, Nguyen HA, Nguyen KK, et al. Low incidence of hepatitis B e antigen seroconversion in patients treated with oral nucleos(t)ides in routine practice: low hepatitis B e antigen seroconversion. *J Gastroenterol Hepatol* 2013;28:855–60. <https://doi.org/10.1111/jgh.12108>.
- [12] Lai CL, Chien RN, Leung NW, Chang TT, Guan R, Tai DI, et al. A one-year trial of lamivudine for chronic hepatitis B. *N Engl J Med* 1998;339:61–8. <https://doi.org/10.1056/NEJM199807093390201>.
- [13] Hou J, Yin YK, Xu D, Tan D, Niu J, Zhou X, et al. Telbivudine versus lamivudine in Chinese patients with chronic hepatitis B: results at 1 year of a randomized, double-blind trial. *Hepatology* 2007;47:447–54. <https://doi.org/10.1002/hep.22075>.
- [14] Zhao X, Wang J, Liu J, Chen G, Yan X, Jia B, et al. Baseline serum hepatitis B core antibody level predicts HBeAg seroconversion in patients with HBeAg-positive chronic hepatitis B after antiviral treatment. *Antiviral Res* 2021;193:105146. <https://doi.org/10.1016/j.antiviral.2021.105146>.
- [15] Zeuzem S, Gane E, Liaw YF, Lim SG, DiBisceglie A, Buti M, et al. Baseline characteristics and early on-treatment response predict the outcomes of 2 years of telbivudine treatment of chronic hepatitis B. *J Hepatol* 2009;51:11–20. <https://doi.org/10.1016/j.jhep.2008.12.019>.
- [16] Chi H, Van Bömmel F, Buti M, Brown A, Carey I, Fasano M, et al. P0661: prediction of HBeAg seroconversion in HBeAg-positive chronic hepatitis B patients treated with entecavir using ALT and platelet count: results from a large European multi-center study. *J Hepatol* 2015;62:S568. [https://doi.org/10.1016/S0168-8278\(15\)30865-5](https://doi.org/10.1016/S0168-8278(15)30865-5).
- [17] Fan R, Sun J, Yuan Q, Xie Q, Bai X, Ning Q, et al. Baseline quantitative hepatitis B core antibody titre alone strongly predicts HBeAg seroconversion across chronic hepatitis B patients treated with peginterferon or nucleos(t)ide analogues. *Gut* 2016;65:313–20. <https://doi.org/10.1136/gutjnl-2014-308546>.
- [18] Fried MW, Piratvisuth T, Lau GKK, Marcellin P, Chow WC, Cooksley G, et al. HBeAg and hepatitis B virus DNA as outcome predictors during therapy with peginterferon alfa-2a for HBeAg-positive chronic hepatitis B. *Hepatology* 2008;47:428–34. <https://doi.org/10.1002/hep.22065>.
- [19] Li X, Wang Y, Han D, Zhang W, Zhang Z, Ye X, et al. Correlation of hepatitis B surface antigen level with response to telbivudine in naive patients with chronic hepatitis B: HBsAg level and telbivudine treatment efficacy. *Hepatol Res* 2014;44:187–93. <https://doi.org/10.1111/hepr.12105>.
- [20] Hou FQ, Song LW, Yuan Q, Fang LL, Ge SX, Zhang J, et al. Quantitative hepatitis B core antibody level is a new predictor for treatment response in HBeAg-positive chronic hepatitis B patients receiving peginterferon. *Theranostics* 2015;5:218–26. <https://doi.org/10.7150/thno.10636>.
- [21] Huang CF, Yeh ML, Tsai PC, Hsieh MH, Yang HL, Hsieh MY, et al. Baseline gamma-glutamyl transferase levels strongly correlate with hepatocellular carcinoma development in non-cirrhotic patients with successful hepatitis C virus eradication. *J Hepatol* 2014;61:67–74. <https://doi.org/10.1016/j.jhep.2014.02.022>.
- [22] Wang CT. Models for predicting hepatitis B e antigen seroconversion in response to interferon- $\alpha$  in chronic hepatitis B patients. *World J Gastroenterol* 2015;21:5668. <https://doi.org/10.3748/wjg.v21.i18.5668>.
- [23] Lee HW, Kang W, Ahn SH, Lee HJ, Hwang JS, Sohn JH, et al. Individual prediction model for lamivudine treatment response in hepatitis B virus e antigen-positive chronic hepatitis B patients: Individual prediction model for lamivudine. *J Gastroenterol Hepatol* 2014;29:1049–55. <https://doi.org/10.1111/jgh.12522>.
- [24] Liu F, Zou F, Wang X, Hu H, Hu P, Ren H. A model with combined viral and metabolic factors effectively predicts HBeAg status under long term entecavir therapy: a prospective cohort study. *Viral J* 2015;12:179. <https://doi.org/10.1186/s12985-015-0409-y>.
- [25] Wai CT, Greenon JK, Fontana RJ, Kalbfleisch JD, Marrero JA, Conjeevaram HS, et al. A simple noninvasive index can predict both significant fibrosis and cirrhosis in patients with chronic hepatitis C. *Hepatology* 2003;38:518–26. <https://doi.org/10.1053/jhep.2003.50346>.
- [26] Sterling RK, Lissen E, Clumeck N, Sola R, Correa MC, Montaner J, et al. Development of a simple noninvasive index to predict significant fibrosis in patients with HIV/HCV coinfection. *Hepatology* 2006;43:1317–25. <https://doi.org/10.1002/hep.21178>.
- [27] Niederau C, Heintges T, Lange S, Goldmann G, Niederau CM, Mohr L, et al. Long-term follow-up of HBeAg-positive patients treated with interferon alfa for chronic hepatitis B. *N Engl J Med* 1996;334:1422–7. <https://doi.org/10.1056/NEJM199605303342202>.
- [28] Fourati S, Pawlotsky JM. Progrès récents dans la compréhension et le diagnostic de l'infection chronique par le virus de l'hépatite B. *Virologie* 2019;23:23–34. <https://doi.org/10.1684/vir.2019.0760>.
- [29] Shen J, Liu J, Li C, Wen T, Yan L, Yang J. The prognostic significance of serum HBeAg on the recurrence and long-term survival after hepatectomy for hepatocellular carcinoma: a propensity score matching analysis. *J Viral Hepat* 2018;25:1057–65. <https://doi.org/10.1111/jvh.12911>.
- [30] Geng M, Li Y, Gao F, Sun L, Yang X, Wang R, et al. A scoring model predicts hepatitis B e antigen seroconversion in chronic hepatitis B patients treated with nucleos(t)ide analogs: real-world clinical practice. *Int J Infect Dis* 2017;62:18–25. <https://doi.org/10.1016/j.ijid.2017.06.016>.
- [31] Shen S, Wong GL, Kuang Z, van Campenhout MJH, Fan R, Wong VW, et al. Development and validation of a model for hepatitis B e antigen seroconversion in entecavir-treated patients with chronic hepatitis B. *J Med Virol* 2020;92:1206–13. <https://doi.org/10.1002/jmv.25628>.
- [32] Fu X, Lou H, Chen F, Gao X, Lin Z. Hepatitis B core antibody and liver stiffness measurements predict HBeAg seroconversion in HBeAg-positive chronic hepatitis B patients with minimally elevated alanine aminotransferase (ALT) levels. *Clin Exp Med* 2020;20:241–8. <https://doi.org/10.1007/s10238-019-00603-5>.
- [33] Cai S, Li Z, Yu T, Xia M, Peng J. Serum hepatitis B core antibody levels predict HBeAg seroconversion in chronic hepatitis B patients with high viral load treated with nucleos(t)ide analogs. *Infect Drug Resist* 2018;11:469–77. <https://doi.org/10.2147/IDR.S163038>.
- [34] Huang YJ, Chang CS, Peng YC, Yeh HZ, Yang SS. On-treatment HBV DNA level could predict HBeAg seroclearance in patients with HBeAg-positive chronic hepatitis B with entecavir therapy. *J Chin Med Assoc* 2017;80:341–6. <https://doi.org/10.1016/j.jcma.2016.12.005>.
- [35] You H, Ma H, Liu T, Cong M, Wang P, Ou X, et al. Different models of HBeAg seroconversion predicted by on-treatment ALT and HBV DNA profiles. *J Viral Hepat* 2009;16:876–82. <https://doi.org/10.1111/j.1365-2893.2009.01145.x>.
- [36] Liu GW, Tang KC, Li Q, Lu W. Establish a predictive modeling under antiviral therapy for hepatitis B e antigen seroconversion in chronic hepatitis B. *Chin J Hepatol* 2018;26:641–5. <https://doi.org/10.3760/cma.j.issn.1007-3418.2018.09.001>.
- [37] Wang L, Zou ZQ, Wang K, Yu JG, Liu XZ. Role of serum hepatitis B virus marker quantitation to differentiate natural history phases of HBV infection. *Hepatol Int* 2016;10:133–8. <https://doi.org/10.1007/s12072-015-9657-6>.
- [38] Zhang M, Zhang H, Cheng X, Wang X, Xu H, Gao X, et al. Liver biopsy of chronic hepatitis B patients indicates HBV integration profile may complicate the endpoint and effect of entecavir treatment. *Antiviral Res* 2022;204:105363. <https://doi.org/10.1016/j.antiviral.2022.105363>.
- [39] Dogan UB, Akin MS, Yalaki S. A low serum  $\gamma$ -glutamyltransferase level predicts a sustained virological response in patients with chronic hepatitis C genotype 1. *Gut Liver* 2014;8:113–5. <https://doi.org/10.5009/gnl.2014.8.1.113>.
- [40] Giannini E, Botta F, Fasoli A, Romagnoli P, Mastracci L, Ceppa P, et al. Increased levels of gammaGT suggest the presence of bile duct lesions in patients with chronic hepatitis C: absence of influence of HCV genotype, HCV-RNA serum levels, and HGV infection on this histological damage. *Dig Dis Sci* 2001;46:524–9. <https://doi.org/10.1023/a:1005534929304>.
- [41] Berg T. Triple therapy with amantadine in treatment-naïve patients with chronic hepatitis C: a placebo-controlled trial. *Hepatology* 2003;37:1359–67. <https://doi.org/10.1053/jhep.2003.50219>.
- [42] Hwang S, Luo J, Chu C, Lai C, Lu C, Tsay S, et al. Hepatic steatosis in chronic hepatitis C virus infection: prevalence and clinical correlation. *J Gastroenterol Hepatol* 2001;16:190–5. <https://doi.org/10.1046/j.1440-1746.2001.02407.x>.
- [43] Sefa Sayar M, Bulut D, Acar A. Evaluation of hepatosteatosis in patients with chronic hepatitis B virus infection. *Arab J Gastroenterol* 2023;24:11–5. <https://doi.org/10.1016/j.ajg.2022.05.002>.
- [44] Wong D, Littlejohn M, Yuen L, Jackson K, Mason H, Bayliss J, et al. HBeAg levels at week 24 predict response to 8 years of tenofovir in HBeAg-positive chronic hepatitis B patients. *Aliment Pharm Ther* 2018;47:114–22. <https://doi.org/10.1111/apt.14362>.
- [45] Chi H, Li Z, Hansen BE, Yu T, Zhang X, Sun J, et al. Serum level of antibodies against hepatitis B core protein is associated with clinical relapse after discontinuation of nucleos(t)ide analogue therapy. *Clin Gastroenterol Hepatol* 2019;17:182–91 e1. <https://doi.org/10.1016/j.cgh.2018.05.047>.
- [46] Zhou J, Song L, Zhao H, Yan L, Ma A, Xie S, et al. Serum hepatitis B core antibody as a biomarker of hepatic inflammation in chronic hepatitis B patients with normal alanine aminotransferase. *Sci Rep* 2017;7:2747. <https://doi.org/10.1038/s41598-017-03102-3>.
- [47] Wang J, Yan X, Chen Y, Liu Y, Wang L, Jia B, et al. Characteristics of hepatitis B core antibody level in the natural history of chronic hepatitis B. *Discov Med* 2018;26:119–25.
- [48] Chan HL, Wong ML, Hui AY, Hung LC, Chan FK, Sung JJ. Hepatitis B virus genotype C takes a more aggressive disease course than hepatitis B virus genotype B in hepatitis B e antigen-positive patients. *J Clin Microbiol* 2003;41:1277–9. <https://doi.org/10.1128/JCM.41.3.1277-1279.2003>.