

8th to the end of protocol. Weight was recorded on weekly basis. Insulin tolerance test was performed at the end of treatment. Dual channel microarrays were hybridized to the *Mus musculus* genome version with 22,000 genes using hepatic mRNAs. Liver and fat histological analyses were carried out, and liver proteins were analyzed by western blot and Chromatin immunoprecipitation (ChIP). Molecular docking was used to validate binding of PFD to JMJD2BBBBB.

Results: Compared with HF group, mice treated with PFD reduced weight gain, hepatic fat accumulation, and epididymal fat. In addition, treatment drastically decreased cholesterol, triglycerides and VLDL, ALT and AST. Inflammatory nodules, fibrosis, and steatosis in liver tissue were also reduced. Besides, PFD modified expression of genes, such as, *Jmjd2b*, *Pparg*, *Fasn* and *Srebp1*. Likewise, PFD restored the repressive marks in H3k9, suggesting its capacity as an epigenetic regulator by decreasing *Jmjd2b* protein activity and interacting with its catalytic site (JmjC).

Conclusions: PFD played an important role as an epigenetic regulator modifying *Jmjd2b* activity and improving NASH features.

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P-3 PIRFENIDONE PREVENTS OBESITY-ASSOCIATED NONALCOHOLIC STEATOHEPATITIS AND CARDIAC FIBROSIS THROUGH HORMONAL REPROGRAMMING

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Introduction and Objectives: Obesity is now a worldwide epidemic, associated with insulin resistance, nonalcoholic steatohepatitis (NASH), and cardiovascular diseases (CVDs), being the latter main cause of global death. NASH is common among Hispanics, characterized by fatty infiltration, inflammation, with or without hepatic fibrosis, and shows hormonal dysregulation. Pirfenidone (PFD) is an anti-inflammatory, and anti-fibrotic drug. Previously, we reported that PFD has anti-steatosis effects on hepatic and cardiac tissues in mice with NASH, but its mechanisms involved are not completely known. The aim of this study was to investigate the effects of PFD on hormonal regulation in high-fat/high-carbohydrate (HFHC)- diet-induced obese male C57BL/6J mice.

Materials and Methods: At the age of 19-20 weeks, mice were fed with normal diet (ND, 6.2% lipids, 44.2 carbohydrates, 18.6% proteins, n=7) and normal water. Other mice were fed with HFHC (60.3% lipids, 21.4% carbohydrates, 18.3% proteins, n=14) and water with carbohydrates (2.31% fructose and 1.89% sucrose) diet for 16 weeks; at 8 weeks of feeding, seven mice with HFHC diet were administered PFD (300 mg/kg/day) by gavage. Experiments were performed according to the ARRIVE guidelines. Insulin tolerance test (4 h of fasting), ELISA, Hematoxylin-Eosin and Masson staining, and morphometric analysis were performed. Data analysis were evaluated using one-way ANOVA with Tukey post hoc test.

Results: HFHC mice showed NASH with an increase in resistin and aspartate aminotransferase (P0.05). Parameters significantly elevated in HFHC were prevented by PFD such as weight (body, liver, and heart), tibia length, epididymal fat, hepatic steatosis, insulin resistance, hormones (insulin, glucagon, leptin, plasminogen activator inhibitor 1) (Table), triglycerides, total cholesterol, LDL, and VLDL, including inflammatory foci and fibrosis in hepatic

and cardiac tissue (P0.05). PFD decreased alanine aminotransferase (P0.05).

Conclusions: PFD decreases metabolic hormones and could be a promising drug for the prevention of obesity-induced NASH and CVDs.

Male C57BL/6J			
Hormones (pg/mL)	ND	HFHC	HFHC+PFD
Adiponectin	11,094.2 ± 718.8	9,308.3 ± 1603.7*	12,752.6 ± 335.5
Glucagon	2,368.1 ± 592.7	5,184.4 ± 584.8*	1,601.3 ± 624.8 ^{##}
GIP	135.5 ± 14.3	193.2 ± 54.6	135.3 ± 15.5 ^{##}
GLP-1	136.9 ± 13.1	207.4 ± 18.8	179.2 ± 48.6
Insulin	5,753.9 ± 449.1	18,029.7 ± 2,749.3***	9,191.9 ± 968.7 ^{##}
Leptin	1,470 ± 192.5	14,678.8 ± 2,094.3***	4,475.7 ± 846.4 ^{###}
Resistin	55,051.6 ± 4,168.4	89,032.2 ± 10,975.5*	85,795.1 ± 5,184.5
PAI-1	715.3 ± 111.3	2,424 ± 301.8***	1,058.4 ± 152.9 ^{##}
Ghrelin	18,293.9 ± 2,347.1	20,636.8 ± 3120.7	16,557.8 ± 2,428.6

Table. Serum hormones levels. Data are expressed as mean ± SEM. *P < 0.05, ***P < 0.001 vs. ND; ##P < 0.01, ###P < 0.001 vs. HFHC. Abbreviations: GIP, Glucose-dependent insulinotropic peptide; GLP-1, Glucagon-like peptide-1; PAI-1, Plasminogen activator inhibitor-1.

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P-4 HETEROGENEITY OF PRE-LIVER TRANSPLANT EVALUATION PRACTICES IN LATIN AMERICA COUNTRIES: THE LIVER TRANSPLANT ALEH SPECIAL INTEREST GROUP, INTERNATIONAL SURVEY 2023

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Introduction and Objectives: Latin America (LA) includes 20 countries, with significant cultural and economic diversity. In order to develop regional liver transplant (LT) guidelines, the LT ALEH special interest group (SIG) made a survey aimed at investigating the current status of pre-LT evaluation in LA.

Materials and Methods: A 150 questions-survey was distributed to LT-SIG members in 01-05/2023. A descriptive analysis was performed.

Results: 20 answers from 14 countries were obtained. All countries performed LT except one. Financing was private in 5%, public in 32% and mixed in 63%. Allocation system was MELD-Na/MELD in 70 and 30%, respectively. Hepatocellular carcinoma granted supplementary points except in one country. Expansion of Milan criteria was acceptable in 9 centers (UCSF, Up to 7, AFP model, Milan/Brazil). Effective downstaging applied to LT except in 2 centers and AFP>1.000 was a contraindication in 10 centers. Three centers performed LT for cholangiocarcinoma and 4 for colorectal liver metastasis. Acute Liver failure had emergency prioritization in all but 2 countries. Age>65 was a contraindication in 1, >70 in 2 and >75 in 4 centers. Body Mass Index>40 was a contraindication in 8, and <18 in 2 centers. Fragility score7 was a contraindication in 1 center. A period of alcohol abstinence was required by 14 centers (3-6 months), as well as for tobacco in 4, cannabis in 7 and cocaine in 14. VIH was a contraindication in 7 centers and portal thrombosis in 3. Other contraindications were: coronary artery disease requiring surgery (8 centers), dynamic intraventricular gradient>80 mmHg (8 centers), hepatopulmonary syndrome with severe hypoxemia (14 centers), severe or moderate portopulmonary hypertension (7 and 10 centers, respectively).

Conclusions: Pre-LT evaluation in LA is very heterogeneous. The collaborative sharing of experiences between countries and the development of regional guidelines will be relevant in order to unify criteria and improve LT access.

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P-5 APACHE STUDY DESIGN TO EVALUATE THE EFFICACY AND SAFETY OF PLASMA EXCHANGE WITH HUMAN SERUM ALBUMIN 5% ON SHORT-TERM SURVIVAL IN PATIENTS WITH ACUTE-ON-CHRONIC LIVER FAILURE AT HIGH RISK OF HOSPITAL MORTALITY.

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Introduction and Objectives: Acute-on-chronic liver failure (ACLF) in cirrhotic patients is characterized by acute deterioration of liver function and severe organ injury with high short-term mortality. Liver transplantation is the only treatment to improve survival. A pilot study suggested that plasma exchange with human serum albumin 5% (PEA5%) as a replacement fluid is feasible and safe in ACLF patients and may improve organ function and survival. This study aimed to assess PE-A5% as a treatment for patients with ACLF in a pivotal study.

Materials and Methods: A phase 3, multicenter, randomized (1:1), controlled, parallel-group, open-label study (APACHE) compares standard medical treatment (SMT) + PE-A5% (treatment arm) to SMT alone (control arm). PE-A5% is performed using Albutein 5% (Grifols). Treatment schedule consists of two initial PE-A5% sessions on consecutive days followed by every other day PE-A5% (min-max 4-9 PE-A5%). Patients receive IVIG (200mg/kg) after every 2 PE-A5% to prevent hypogammaglobulinemia-associated infections, and FFP after each PE-A5% to prevent coagulopathy. Eligible patients are adult (18-79 years old), with ACLF-1b, ACLF-2, or ACLF-3a at admission or during hospitalization. Main exclusion criteria are patients with ACLF-1a or ACLF-3b, ACLF >10 days