



Scientific letters

What Should we do When a Pseudomyxoma Peritonei is Discovered During the Repair of an Abdominal Wall Hernia?☆



¿Qué hacer cuando se descubre un pseudomixoma peritoneal durante la reparación de una hernia de pared abdominal?

Pseudomyxoma peritonei (PMP) is a rare disease that is characterized by the production and accumulation of a large amount of mucinous ascites in the abdomen, usually caused by a perforated appendiceal neoplasm.¹ This intraperitoneal mucin can accumulate through the inguinal canal or other hernia orifice, resulting in symptoms that are indistinguishable from an abdominal wall hernia. Albeit a rare situation, the incidental finding of mucinous material during hernia repair surgery is possible. We present the case of a patient with a diagnosis of PMP discovered during umbilical hernia surgery, and we discuss the general management of this type of patient.

The patient is a 60-year-old woman, with no history of interest, who was referred to our center after the finding of gelatinous ascites with a greater omentum tumor and mucinous implants during umbilical hernia repair. During surgery, a mucinous implant was biopsied, and primary closure of the umbilical aponeurotic defect was carried out. At our hospital, tumor marker levels were determined: CEA 21 and Ca 19-9 650. Thoracic-abdominal-pelvic CT scan showed the presence of diffuse ascites. Gastroscopy and complete colonoscopy were normal. The pathology study of the biopsy reported acellular mucin.

The patient was operated upon, finding a ruptured appendiceal mucinous neoplasm with a peritoneal carcinomatosis index (PCI) of 30 out of 30 (Fig. 1). A pelvic peritonectomy was performed, as well as hysterectomy with double adnexectomy and recto-uterine pouch, right hemicolectomy, peritonectomy of both flanks and right diaphragm with partial resection of the Glisson capsule, major omentectomy with splenectomy, cholecystectomy and cytoreduction of the small intestine implants, as well as omphalectomy that included the scar from previous hernia repair to the

aponeurosis. Surgery was completed with hyperthermic intraperitoneal chemotherapy with mitomycin C for 90 min at a constant temperature of 42 °C. The patient was discharged without incident on postoperative day 10 and is currently disease-free 40 months after surgery. The pathology study confirmed the diagnosis of low grade appendiceal mucinous neoplasm (DPAM).

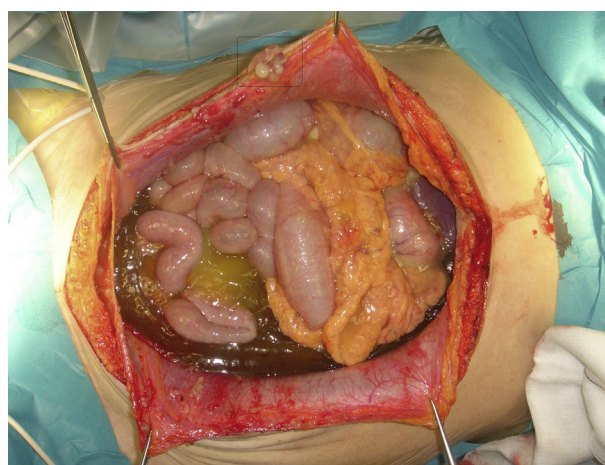


Fig. 1 – View of the peritoneal cavity after laparotomy in a patient with PMP secondary to rupture of a low-grade mucinous appendiceal neoplasm. Note the presence of mucinous ascites and mucinous implants also in the umbilical area.

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The most frequent clinical presentation in patients with PMP is progressive abdominal distension.¹ The slow increase in intra-abdominal pressure means that this disease can sometimes start as a hernia, most frequently inguinal, which occurs in 25% of men and 5% of women.¹

When this finding occurs during abdominal wall hernia repair surgery, the surgeon's approach should be as restrictive as possible, taking samples for histopathology analysis, performing simple closure of the hernia defect and referring the patient to a center specialized in peritoneal oncology surgery for definitive treatment by means of cytoreduction and administration of hyperthermic intraperitoneal chemotherapy (HIPEC).² The use of mesh, even in large defects, can be accompanied by problems related to the surgical wound, as well as an increase in the scar area facilitating the implantation and growth of tumor cells.² A recent publication by Sugarbaker found no hernia recurrence in the follow-up of patients undergoing cytoreduction and HIPEC due to PMP who had inguinal hernias. The peritonectomy of the hernia sac and fibrosis of the tract could explain this favorable evolution.³ As for the type of mesh to be used, there is no evidence or consensus in this regard.⁴

In conclusion, if the PMP is discovered at the time of hernia surgery, a sensible approach would be to take samples, close the aponeurotic defect with no added prosthetic material and refer the patient to a tertiary center experienced in peritoneal oncology for evaluation and specific treatment.

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Gastric Neumatosis: When Not to Operate[☆]



Neumatosis gástrica: cuándo no operar

Gastric pneumatosis is defined as a collection of gas within the stomach wall and can encompass 2 processes with very different etiologies, symptoms and prognoses: gastric emphysema and emphysematous gastritis.¹ Frequently, gastric pneumatosis appears in association with intestinal pneumatosis related to ischemia/intestinal infarction, but when located exclusively in the gastric wall it is a rare entity.² Gastric emphysema is usually asymptomatic and generally derives from a mechanical cause that causes acute gastric dilatation and increased intraluminal pressure. Emphysematous gastritis is a rare form of gastritis secondary to infection of the gastric wall by gas-forming organisms; in this case, early diagnosis and treatment are essential to avoid the high mortality rate. The treatments of the two conditions are opposing. Patients with gastric emphysema do not require surgical treatment and progress well with conservative treatment, typically *nil per os* and an NG tube to reduce

gastric distension. However, patients with emphysematous gastritis require more aggressive early treatment with broad-spectrum antibiotics, fluid therapy and urgent surgery in certain cases, which is usually indicated when conservative treatment fails or there is perforation.³ Depending on the degree of involvement, surgical treatment may entail partial gastrectomy or even total gastrectomy, depending on the degree of involvement.

We present the case of a 77-year-old man with a history of DM, HTN, cholelithiasis, and recent hospitalization for severe acute pancreatitis with pancreatic pseudocysts, who was readmitted due to abdominal pain. Abdominal-pelvic CT scan showed a reduction in pseudocysts, with no peripancreatic inflammatory changes. Incidental findings included important gastric distension with limited wall enhancement in the fundus, multiple gas bubbles and linear images in the gastric wall suggestive of gastric pneumatosis and free fluid, adjacent

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