



## Video of the month

## Surgical intervention of anterior transsphincteric fistula using lift technique



### Intervención quirúrgica de fístula transesfintérica anterior mediante técnica LIFT

Ester Ferrer-Inaebnit,<sup>a</sup> Natalia Pujol Cano,<sup>a</sup> Álvaro García-Granero García-Fuster,<sup>a,b,\*</sup> Xavier González Argenté<sup>a,b</sup>

<sup>a</sup>Departamento de Cirugía General, Hospital Universitario Son Espases, Palma de Mallorca, Spain

<sup>b</sup>Facultad de Medicina, Universidad de las Islas Baleares, Palma de Mallorca, Spain



Fig. 1

The patient is a 25-year-old woman with a history of anterior transsphincteric fistula treated with a seton. During follow-up, endoanal ultrasound revealed an anterolateral external fistula opening (EFO) with a curved tract towards an internal fistula opening (IFO) in the anterior pectinate line, covering 30% of the external anal sphincter (Fig. 1).

The surgical intervention involved the LIFT technique. This technique is based on identification, ligation and dissection of the fistula tract in the intersphincteric space.

After a 24-month follow-up, the patient has presented no recurrence of the fistula or anal incontinence (Wexner = 0).

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#### Appendix A. Supplementary data

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\* Corresponding author.

E-mail address: [alvarogggf@hotmail.com](mailto:alvarogggf@hotmail.com) (Á. García-Granero García-Fuster).

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