

IMAGE OF THE MONTH

Gastrointestinal endoscopic posterior rhinoscopy

Rinoscopia posterior endoscópica gastrointestinal

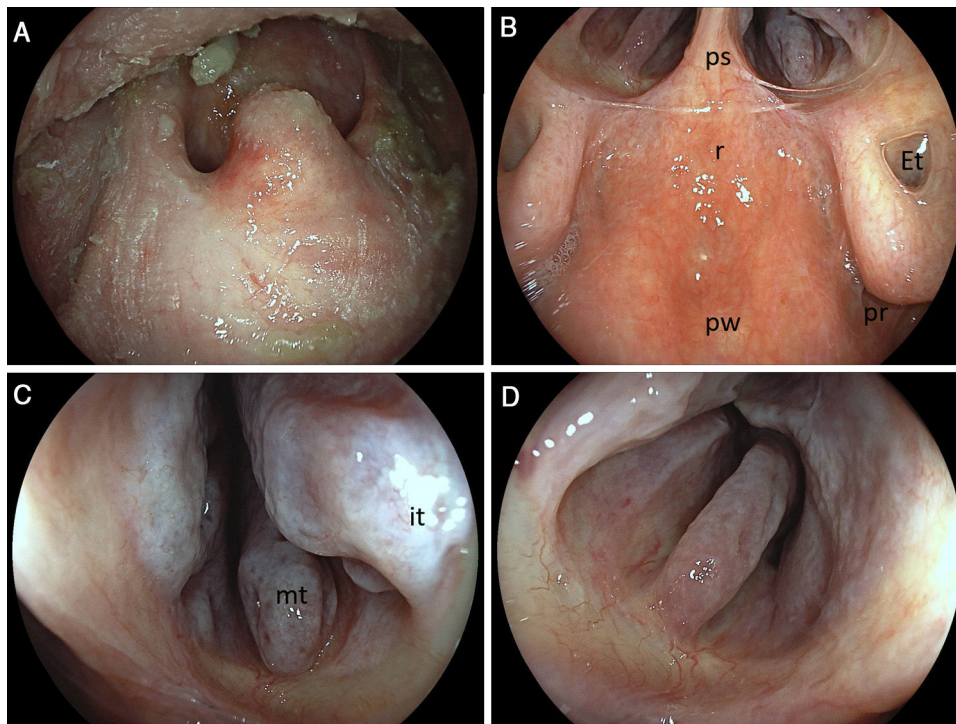
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Figure 1 (A) Post-biopsy scar formation in the hard palate close to the uvula. (B) A panorama view of the backside of the nasal cavity (posterior rhinoscopy: pw, posterior nasopharyngeal wall; r, nasopharyngeal roof; ps, posterior septum; Et, *Eustachian* tube opening; pr, pharyngeal recess/fossa of *Rosenmüller*). (C) Close-up view of the right and (D) left nasal passage: it, inferior; mt, middle turbinate – note marked turbinate/conchae hypertrophy.

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Clinical and endoscopic interest in diagnostics and therapeutics along the “ENT transit route” during upper endoscopy by dedicated colleagues is constantly rising.¹ Along such reasoning, incidental and/or dedicatedly targeted findings in the oral cavity and/or hypopharyngeal structures are increasingly reported in the GI literature. While formerly an exclusive realm of the ENT specialist and *terra incognita* for gastrointestinal endoscopists, the backside of the nasal cavity, albeit its anterior view may be familiar to those practising nasal-access ultrathin endoscopy, in the form of high-definition posterior rhinoscopy, achievable during standard scope intubation during esophago-gastro-duodenoscopy and of potential clinical value in work-up of presumed, endoscopy negative upper GI bleeding, may be visualized adequately by GI endoscopy. This is illustrated in an elderly patient post head and neck cancer with marked xerostomia and post-biopsy scar formation in the hard palate close to the uvula. (Fig. 1A) After passing the soft palate and downward movements

with the large handle, a panorama posterior rhinoscopy was achieved (Fig. 1B: pw, posterior nasopharyngeal wall; r, nasopharyngeal roof; ps, posterior septum; Et, Eustachian tube opening; pr, pharyngeal recess/fossa of Rosenmüller) as well as close-up visualization of the right (Fig. 1C: it, inferior; mt, middle turbinate -note marked turbinate/conchae hypertrophy potentially related to allergic rhinitis) and left (Fig. 1D) nasal passage.

Conflict of interest

Nothing to declare.

Reference

1. Fatima H. Oropharyngeal findings at upper endoscopy. *Clin Gastroenterol Hepatol.* 2019;17:2423–8.